

2023 北京日坛中学高一 10 月月考

英 语

第一部分 完形填空(共 10 小题;每小题 1 分, 共 10 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中, 选出最佳选项, 并在答题卡上将该项涂黑。

I had driven home to celebrate my 38th birthday with my mother. When I arrived, I found her 1 proudly at the kitchen table, a chocolate cake and two boxes wrapped orange ribbon (丝带) in front of her. "Happy birthday!" she said, 2 at the boxes. "Open them."

As she knows me better than anyone, she'd gotten me exactly what I wanted—running clothes. I 3 her and thanked her and proceeded (接着) to eat the cake.

For me that day came two weeks later, when I drove back for another short visit. I came upon exactly the same 4: my mom sitting at the kitchen table; a chocolate cake resting next to two boxes wrapped in curly ribbon. The ribbon was green this time. That was the only 5. "Happy birthday!" my mom said.

I was totally 6. "What's going on?" I asked.

Mom smiled. "Can't I celebrate my daughter's birthday?"

This was no trick. This was real life, and since my mother clearly only wanted to make me happy, I pushed aside my fear and fulfilled my role as the 7 daughter. I hugged her, thanked her and 8 the clothes... I did not mention to her that we'd done all this two weeks ago.

My house is her world now. My mother and I have the 9 conversation almost 10 times a day. 10, I consider it a pleasure, because every minute is new to her.

- | | | | |
|------------------|---------------|----------------|----------------|
| 1. A. cooking | B. sitting | C. singing | D. dancing |
| 2. A. shouting | B. running | C. buying | D. pointing |
| 3. A. paid | B. hugged | C. comforted | D. ignored |
| 4. A. day | B. idea | C. scene | D. celebration |
| 5. A. color | B. choice | C. attraction | D. difference |
| 6. A. moved | B. confused | C. embarrassed | D. excited |
| 7. A. friendly | B. successful | C. forgetful | D. grateful |
| 8. A. admired | B. washed | C. declined | D. wrapped |
| 9. A. previous | B. annoying | C. only | D. same |
| 10. A. Therefore | B. Instead | C. However | D. Moreover |

第二部分 阅读理解(每小题 2 分, 共 30 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中, 选出最佳选项, 并在答题卡上将该项涂黑。

A

Dear Sis,

How have you been? I'm having a good time on my holiday in Shangri-La. It is the name of a city in Yunnan, China. I decided to come here because I wanted to experience the real Shangri-La for myself, even if it's different from the paradise we read about in the book. So far, I really like it here.

On Monday, I left Lhasa at noon, and after changing flights once, I reached Shangri-La at eight in the evening. That night, I was so tired that I had a quick bite to eat and then **crashed** at the hotel.

Yesterday, I went to the Potatso National Park. The park covers such a wide area that the ticket for the park includes a bus tour, as it is the only way to see all the major sites in one day. Just to give you an idea of how large the place is, imagine a park that spans across vast forests, wetlands, lakes, meadows, and several villages! On the bus, I made friends with the passengers around me, and they said that I had definitely picked the right season to visit the park. The autumn scenery, they said, would be absolutely picture-perfect.

On top of its beautiful scenery, the park is also famous for its rich biological diversity. Did you know that Potatso makes up less than one percent of China's total land area, but it contains more than 20 percent of the country's plant and animal species? I even saw two black-necked cranes (鹤) at the picturesque Bita Lake! Bita Lake is absolutely my favorite place in Potatso. Just imagine, a beautiful lake, blue skies, majestic mountains, and golden trees all around me. Spending time there can be an amazing experience, which gives me a good rest.

Tomorrow, I am going hiking at the Tiger Leaping Gorge. Fingers crossed that there will be good weather! Anyway, I need to get some sleep now since tomorrow's going to be a long day, but I'll tell you all about it when I get back!

Love,
Chris

11. When Chris said that he "crashed" in Paragraph 2, it means that he _____.

- A. had a stomachache
- B. got into an accident
- C. fell asleep very quickly
- D. hit something while moving

12. Chris visited the Potatso National Park by bus because _____.

- A. the park is too large
- B. the bus ticket is free
- C. the weather wasn't good
- D. he wanted to make friends

13. Bita Lake is Chris' favorite place because _____.

- A. living there can make him relaxed
- B. various plants can be found there
- C. it's a great place to take pictures
- D. it's good for the cranes to live

14. Why did Chris write the letter?

- A. To teach Sis to make a travel plan.
- B. To invite Sis to join in his journey.
- C. To share his great time in Shangri-La.
- D. To introduce a famous park in Yunnan.

B

Around the World by Wheelchair

Rick Hansen was always an active kid and loved to fish. When returning in a truck one day from a fishing trip,

he had an accident and suffered injuries to his spine (脊柱). This 15-year-old young man awoke to find that he had lost the use of his legs. However, he didn't give up. Many months later he began to compete in wheelchair sports. At the age of 27, he decided to wheel around the world to raise awareness and money for spinal cord research. His tour took him through 34 countries around the world between 1985 and 1987. In this Man of Motion World Tour, he wheeled 24,901.55 miles, which is equal to the distance around the earth.

Bad weather and difficult, rocky roads often provided challenges for Rick, but he continued to push himself to complete the trip. He was determined to succeed. Even mountains did not stop Rick Hansen. He wheeled himself up the Rocky Mountains and several other major mountains in the world. He even wheeled himself along the Great Wall of China!

"Never Give Up On Your Dreams" was his motto and he hasn't given up yet. He completed his world tour raising \$24 million. He continues to work to increase knowledge of spinal cord injury. He is a true Canadian hero who shows what determination can achieve.

15. What happened to Rick after the accident?

- A. He lost the ability of living.
- B. He had to spend his life in hospital.
- C. He couldn't walk any more.
- D. He couldn't do sports any more.

16. Why did Rick take his tour around the world in his wheelchair?

- A. To collect money for the spinal cord research.
- B. To learn about the people of other countries.
- C. To travel to different countries for fun.
- D. To take photos of beautiful mountains.

17. From the passage we can see Rick is a(n) _____ person.

- A. unhappy
- B. determined
- C. careful
- D. quiet

C

Meeting people from another culture can be difficult. From the beginning, people may send the wrong signal (信号). Or they may pay no attention to signals from another person who is trying to develop a relationship.

Different cultures emphasize (强调) the importance of relationship building to a greater or lesser degree. For example, business in some countries is not possible until there is a relationship of trust. Even with people at work, it is necessary to spend a lot of time in "small talk", usually over a glass of tea, before they do any job. In many European countries—like the UK or France—people find it easier to build up a lasting working relationship at restaurants or cafés rather than at the office.

Talk and silence may also be different in some cultures. I once made a speech in Thailand. I had expected my speech to be a success and start a lively discussion; instead there was an uncomfortable silence. The people present just stared at me and smiled. After getting to know their ways better, I realized that they thought I was talking too much. In my own culture, we express meaning mainly through words, but people there sometimes feel too many words are unnecessary.

Even within Northern Europe, cultural differences can cause serious problems. Certainly, English and German cultures share similar values; however, Germans prefer to get down to business more quickly. We think that they are rude. In fact, this is just because one culture starts discussions and makes decisions more quickly.

People from different parts of the world have different values, and sometimes these values are quite against each other. However, if we can understand them better, a multicultural environment (多元文化环境) will offer a wonderful chance for us to learn from each other.

18. In some countries, eating together at restaurants may make it easier for people to .

- A. develop closer relations
- B. share the same culture
- C. get to know each other
- D. keep each other company

19. The author mentions his experience in Thailand to show that .

- A. the English prefer to make long speeches
- B. too many words are of no use
- C. people from Thailand are quiet and shy by nature
- D. even talk and silence can be culturally different

20. According to the text, how can people from different cultures understand each other better?

- A. By sharing different ways of life.
- B. By accepting different habits.
- C. By recognizing different values.
- D. By speaking each other's languages.

21. What would be the best title for the text?

- A. Multicultural Environment
- B. Cross-Cultural Differences
- C. How to Understand Each Other
- D. How to Build Up a Relationship

D

Strangers Under the Same Roof

Does every dinner with your parents seem to turn into an argument? Have your once warm and open conversations become cold and guarded? Do you feel that you just cannot see eye to eye with them on anything? You are not alone. Heated arguments and cold silences are common between teenagers and their parents.

Teenagers' physical changes may result in such family tensions. You may feel anxious that you are developing at a different rate to your friends, shooting up in height or getting left far behind. You might worry about your changing voice, weight problems or spots (粉刺). When it all gets too much, your parents are often the first targets of your anger.

It can be a big headache to balance your developing mental needs too. You enter a strange middle ground --- no longer a small child but not quite an adult. You have both a new desire for independence and a continued need for your parents' love and support. You feel ready to be more responsible and make decisions on your own. Unfortunately, your parents do not always agree and that makes you feel unhappy. "Why can't they just let me go?" you may wonder. On the other hand, when you are struggling to control your feelings, you wish they could be more caring and patient---sometimes they forget that growing up is a rough ride. It can be difficult when your parents treat you like a child but expect you to act like an adult. All of this can lead to a breakdown in your relationship.

Although sometimes it may seem impossible to get along as a family, you can take action to improve the situation. The key to keeping the peace is regular and honest communication. When you disagree with your parents, take a minute to calm down and try to understand the situation from their point of view. Perhaps they have

experienced something similar and do not want you to go through the same pain. After you have thought it through, explain your actions and feelings calmly, listen carefully, and address their concerns. Through this kind of healthy discussion, you will learn when to back down and when to ask your parents to relax their control.

Just remember that it is completely a common thing to struggle with the stress that parent-child tensions create, and that you and your parents can work together to improve your relationship. The good news is that this stormy period will not last. Everything will turn out all right in the end, and the changes and challenges of your teenage years will prepare you for adulthood.

22. The first paragraph is mainly introducing _____.
- A. the importance of close family relationships
 - B. the quarrels between teenagers and their parents
 - C. the wall of trust between parents and their teenagers
 - D. the common conversations between parents and children
23. What mainly causes the teenagers' family tensions according to the author?
- A. Their parents' attitude towards them.
 - B. Parents' strict control over their teenagers.
 - C. Parents' expectation on their children's development.
 - D. Teenagers' physical changes and their mental needs.
24. What would the author agree according to the passage?
- A. Parents should let go of the control over their teenagers.
 - B. Teenagers should always follow their parents' points of view.
 - C. Parents and teenagers should always keep open conversations.
 - D. Teenagers should not depend on their parents' love and support.
25. The author thinks the stress that family tensions cause is _____.
- A. normal
 - B. terrible
 - C. avoidable
 - D. natural

第三部分 语言知识(共三节, 30分)

第一节 根据首字母或中文提示用正确的单词形式填空(每小题1分, 共10分)。

26. Biology is my favourite subject, and my task is to prepare myself for my degree in biology at university. (根据首字母单词拼写)
27. Last week our school organized an activity to help us learn more about Chinese culture. (根据首字母单词拼写)
28. It is really convenient to travel around by subway, which saves much time. (根据首字母单词拼写)
29. I try to review what I have learned before the exams. (根据首字母单词拼写)
30. Nowadays, many kids spend hours chatting online to their friends. But in fact, they should often meet friends and talk to them face to face. (根据首字母单词拼写)
31. You should ask for some professional help if you can't deal with the problem by yourself. (根据首字母单词拼写)
32. He took an active part in voluntary service every summer holiday. (根据汉语提示单词拼写)

33. _____ (实际上), WeChat is the most popular means of communication. (根据汉语提示单词拼写)
34. In order to reduce your _____ (焦虑) about the exam, you should go over your lessons carefully before that. (根据汉语提示单词拼写)
35. I tend to compare the prices and _____ (质量) of products from different online shops. (根据汉语提示单词拼写)

第二节 从方框中选择恰当的短语填入句子中, 注意使用其正确形式(每小题 1 分, 共 10 分)。

从方框中选择恰当的短语填入句子中, 注意使用其正确形式

suffer from a variety of full of challenges from time to time to be frank
 have confidence in adapt to a wide range of due to develop competence in

36. Our school provides us with _____ courses to enrich our knowledge.
37. There is _____ school clubs at our school and you can choose what you like best.
38. My senior secondary school life is _____, for we have more subjects than before.
39. I was late for the lecture given by Professor Li _____ the heavy rain.
40. Nowadays, many students _____ the pressure of so many exams.
41. The world will be different, and we will have to be prepared to _____ the change.
42. He can speak excellent English, so he _____ winning the English speech contest.
43. Stand up and do some exercise _____. Don't play computer games too much.
44. In my new school I hope to _____ many new skills, such as speaking English fluently and coping with problems on my own.
45. _____, we cannot remove stress from our life entirely.

第三节 根据句意用所给词的正确形式填空(每小题 1 分, 共 10 分)。

46. It is normal to feel _____ (stress) in senior high school because the knowledge we learn is much more difficult. (所给词的适当形式填空)
47. We are looking forward to _____ (hear) about your school life as soon as possible. (所给词的适当形式填空)
48. There are six people in my family and we all have our different _____ (lifestyle). (所给词的适当形式填空)
49. _____ (unfortunate), the job can also be stressful, especially when challenges arise. (所给词的适当形式填空)
50. Doctors often tell us _____ (drink) more water every day.
51. My goal is _____ (enter) the best university for further study after middle school. (所给词的适当形式填空)
52. Eric _____ (learn) many things since he became interested in science. (所给词的适当形式填空)
53. All the students jumped with joy when they heard about the _____ (excite) news. (所给词的适当形式填空)
54. For new senior secondary students, doing group projects and discussions seems like a _____ (challenge)

way of learning(所给词的适当形式填空)

55. Our teacher was _____ (satisfy) with what we had done for the class. (所给词的适当形式填空)

第四部分 书面表达(共两节, 30 分)

第一节 阅读表达(共 4 小题;第 1、2、3 题各 2 分, 第 4 题 4 分, 共 10 分)

阅读表达

Alice Moore is a teenager entrepreneur (创业者), who in May 2015 set up her business AilieCandy. By the time she was 13, her company was worth millions of dollars with the invention of a super-sweet treat that could save kids' teeth, instead of destroying them.

It all began when Moore was offered a candy bar. However, her dad reminded her that sugary treats were bad for her teeth. But Moore was sick of missing out on candies. So she desired to get round the warning, "Why can't I make a healthy candy that's good for my teeth so that my parents can't say no to it?" With that in mind, Moore asked her dad if she could start her own candy company. He suggested that she do some research and talk to dentists about what a healthier candy would contain.

With her dad's agreement, she spent the next two years researching online to get a candy that was both tasty and tooth-friendly. She also went to dentists to learn more about teeth cleaning. In the end, she succeeded in making a kind of candy product — Cancandy.

Quickly, Cancandy sells very good in the supermarket. As CanCandy's success grows, so does Moore's popularity as a young entrepreneur. Moore is excited about the candy she created, and she's also positive about what the future might bring. She hopes that every kid can have a clean mouth and a broad smile. Although she founded her company early on in life, she wasn't driven by profit (利润).

Moore wants to use her special talent to help others find their smiles. She donates 10% of AilieCandy's profits to Big Smiles. With her talent and determination, it appears that the sky could be the limit for Alice Moore.

56. Who is Alice Moore?

57. When Moore wanted to start her own company, what did her father advise?

58. What is special for Moore's candy product — Cancandy?

59. In your opinion, what is the most important for Moore's success? Why? (In about 40 words)

第二节(20 分)

60. 假如你是红星中学高一学生李华, 你的英国朋友 Jim 在给你的邮件中提到很想了解你的高中生活, 请你给 Jim 回复邮件, 内容包括:

1. 介绍你的学校生活;
2. 你对未来的期待。

注意：1. 词数 100 左右

2. 开头和结尾已给出，不计入词数。

Dear Jim,

Yours,
Li. Hua



参考答案

第一部分 完形填空(共 10 小题;每小题 1 分, 共 10 分)

【答案】1. B 2. D 3. B 4. C 5. D 6. B 7. D 8. A 9. D 10. C

【导语】本文是一篇记叙文, 主要讲的是作者的妈妈患有记忆障碍, 在给作者庆祝过生日后的两周后又再次为她庆祝生日, 虽然作者和妈妈几乎每天都要进行十次同样的对话, 但是作者觉得这也是一种乐趣。

【1 题详解】

考查动词词义辨析。句意: 当我到达时, 我发现她骄傲地坐在餐桌旁, 面前放着一块巧克力蛋糕和两个用橘色丝带包裹的盒子。A. cooking 烹饪; B. sitting 坐; C. singing 唱歌; D. dancing 跳舞。根据下文 “at the kitchen table” 可知, 作者的妈妈是坐在餐桌旁。故选 B。

【2 题详解】

考查动词词义辨析。句意: “生日快乐!” 她指着那些盒子说。“打开。” A. shouting 大声喊; B. running 跑步; C. buying 买; D. pointing 指。根据下文 “at the boxes. “Open them.”” 可知, 作者妈妈是指着那些盒子叫作者打开它们。故选 D。

【3 题详解】

考查动词词义辨析。句意: 我拥抱了她, 向她道谢, 然后开始吃蛋糕。A. paid 支付; B. hugged 拥抱; C. comforted 安慰; D. ignored 忽视。根据上文 “she'd gotten me exactly what I wanted” 及第 7 空后的 “I hugged her, thanked her” 可知, 作者妈妈买了作者想要的东西, 所以作者拥抱了妈妈。故选 B。

【4 题详解】

考查名词词义辨析。句意: 我又看到了一模一样的场景: 妈妈坐在餐桌旁。A. day 天; B. idea 主意; C. scene 场景; D. celebration 庆祝。根据下文 “my mom sitting at the kitchen table” 和第一段的 “I found her ___1___ proudly at the kitchen table” 可知, 作者看到了一模一样的场景。故选 C。

【5 题详解】

考查名词词义辨析。句意: 这是唯一的区别。A. color 颜色; B. choice 选择; C. attraction 吸引力; D. difference 区别。根据上文 “The ribbon was green this time” 和第一段的 “two boxes wrapped orange ribbon” 可知, 丝带和上次的不一样, 这是唯一的区别。故选 D。

【6 题详解】

考查形容词词义辨析。句意: 我完全困惑了。A. moved 感动的; B. confused 困惑的; C. embarrassed 尴尬的; D. excited 激动的。根据下文 “What's going on” 可知, 作者完全困惑了, 所以问发生了什么事。故选 B。

【7 题详解】

考查形容词词义辨析。句意: 这就是真实的生活, 因为我的母亲显然只想让我快乐, 我把恐惧放在一边, 履行了我作为一个感恩女儿的角色。A. friendly 友好的; B. successful 成功的; C. forgetful 健忘的; D. grateful 感激的。根据下文 “thanked her” 可知, 此处是说作者履行了自己作为一个感恩女儿的角色。故选 D。

【8 题详解】

考查动词词义辨析。句意：我拥抱她，感谢她，欣赏衣服……。A. admired 欣赏；B. washed 洗；C. declined 下降；D. wrapped 包，裹。根据下文“the clothes”可知，作者欣赏妈妈给自己买的衣服。故选 A。

【9 题详解】

考查形容词词义辨析。句意：我和妈妈几乎每天都要进行十次同样的对话。A. previous 先前的；B. annoying 令人生气的；C. only 仅有的；D. same 同样的。根据下文“almost 10 times a day”可知，作者和妈妈几乎每天都要进行十次同样的对话。故选 D。

【10 题详解】

考查副词词义辨析。句意：然而，我认为这是一种乐趣，因为每一分钟对她来说都是新的。A. Therefore 因此；B. Instead 代替；C. However 然而；D. Moreover 此外。根据下文“I consider it a pleasure”和上文“My mother and I have the ___9___ conversation almost 10 times a day”可知，前后是转折关系，因此空格处是“然而”。故选 C。

第二部分 阅读理解(每小题 2 分，共 30 分)

【答案】11. C 12. A 13. A 14. C

【分析】本文是一篇应用文。作者在给姐姐的信中讲述了在香格里拉度过的美好时光。

【11 题详解】

词句猜测题。根据文章“That night, I was so tired that I had a quick bite to eat and then crashed at the hotel. (那天晚上，我太累了，很快就吃了一口饭，然后就在旅馆 crashed)”可知，作者很累，在旅馆里应该是很快就睡着了。由此推知，划线词意为“很快睡着了”。故选 C 项。

【12 题详解】

细节理解题。根据文章“The park covers such a wide area that the ticket for the park includes a bus tour(公园占地如此之广，以至于公园门票中包括巴士游览)”可知，作者乘公共汽车参观 Potatso National Park 是因为公园太大。故选 A 项。

【13 题详解】

细节理解题。根据文章“Spending time there can be an amazing experience, which gives me a good rest.(在那里消磨时光可以是一种奇妙的体验，这让我得到了很好的休息)”可知，在碧塔湖作者感到放松，所以碧塔湖是他最喜欢的地方。故选 A 项。

【14 题详解】

推理判断题。根据文章“I’m having a good time on my holiday in Shangri-La.(我在香格里拉度假过得很愉快)”以及文章结尾“Anyway, I need to get some sleep now since tomorrow’s going to be a long day, but I’ll tell you all about it when I get back!(不管怎样，我现在需要睡一觉，因为明天是漫长的一天，但我回来后会告诉你一切的)”可推知，作者写信的目的是把在香格里拉的美好时光分享给姐姐。故选 C 项。

【答案】15. C 16. A 17. B

【分析】这是一篇记叙文。文章主要讲述了 Rick 在 15 岁时，由于车祸致使脊柱受伤，不能行走。但是，他很坚强从不放弃，并参加轮椅运动。27 岁时，为了提高对脊髓伤的认识以及为研究筹款，他决定坐在轮

椅上进行环球旅行。尽管途中困难重重，但他依然不放弃。“永远不要放弃自己的梦想”是他的座右铭。

【15 题详解】

细节理解题。根据第一段的 “This 15-year-old young man awoke to find that he had lost the use of his legs.”

（这个 15 岁的年轻人醒来后发现自己的腿不能使用了）和 “Many months later he began to compete in wheelchair sports.”（几个月后，他开始参加轮椅运动）可知，事故之后 Rick 不能行走了，只能坐在轮椅里。故选 C。

【16 题详解】

细节理解题。根据第一段的 “At the age of 27, he decided to wheel around the world to raise awareness and money for spinal cord research.”（27 岁时，他决定坐着轮椅环游世界，为脊髓研究和提高人们的意识筹集资金）可知，Rick 进行环球旅行的目的之一是为脊髓研究筹集资金。故选 A。

【17 题详解】

推理判断题。根据倒数第二段的 “He was determined to succeed. Even mountains did not stop Rick Hansen.”

（他决心成功。即使是大山也不能阻止 Rick。）和最后一段的 ““Never Give Up On Your Dreams” was his motto and he hasn't given up yet.”（‘永远不要放弃你的梦想’是他的座右铭，他现在依然没有放弃）可推知，Rick 是一个有决心的人。故选 B。

【答案】 18. A 19. D 20. C 21. B

【分析】 本文是一篇说明文。文章主要介绍了不同文化之间的差异，并说明了要加强互相了解和认识。

【18 题详解】

细节理解题。根据第二段 “people find it easier to build up a lasting working relationship at restaurants or cafés rather than at the office.” 可知在一些地方吃饭和喝咖啡比在办公室更容易建立工作关系。故选 A。

【19 题详解】

推理判断题。根据第三段 “Talk and silence may also be different in some cultures.” 可知谈话和沉默也有文化上的差异。作者在后面举在泰国演讲的例子也是为了说明这一点。故选 D。

【20 题详解】

细节理解题。根据最后一句 “However, if we can understand them better, a multicultural environment will offer a wonderful chance for us to learn from each other.” 可知虽然文化之间差异很大，但是加强了解和认识才能互相理解。故选 C。

【21 题详解】

主旨大意题。本文主要介绍了不同文化之间的差异，并说明了要加强互相了解和认识。所以 “Cross-Cultural Differences” 作为题目比较恰当。故选 B。

【答案】 22. B 23. D 24. C 25. A

【分析】 这是一篇议论文。激烈的争论和冷冷的沉默在青少年和他们的父母之间很常见。文章论述了如何看待青少年和父母之间的紧张关系以及解决的方法。

【22 题详解】

主旨大意题。根据第一段中 Heated arguments and cold silences are common between teenagers and their

parents.“激烈的争论和冷冷的沉默在青少年和他们的父母之间很常见。”可知，第一段主要介绍了青少年和父母之间的争吵第一段主要介绍了青少年和父母之间的争吵。故选 B。

【23 题详解】

细节理解题。根据第二段第一句 Teenagers' physical changes may result in such family tensions.“青少年的身体变化可能会导致这样的家庭紧张。”和第三段第一句 It can be a big headache to balance your developing mental needs too.“平衡你不断发展的心理需求也是一件令人头疼的事情。”由此可知，青少年的身体变化和心理需求是造成青少年家庭关系紧张的主要原因。故选 D。

【24 题详解】

推理判断题。根据第四段中 The key to keeping the peace is regular and honest communication.“保持和平的关键是定期和诚实的沟通。”和 After you have thought it through, explain your actions and feelings calmly, listen carefully, and address their concerns. Through this kind of healthy discussion, you will learn when to back down and when to ask your parents to relax their control.“在你想清楚之后，冷静地解释你的行为和感受，仔细倾听，并解决他们的担忧。通过这种健康的讨论，你将学会什么时候让步，什么时候要求父母放松控制。”由此可知，父母和青少年应该保持开放的对话。故选 C。

【25 题详解】

细节理解题。根据最后一段中 Just remember that it is completely a common thing to struggle with the stress that parent child tensions create, and that you and your parents can work together to improve your relationship.“只要记住，与父母和孩子之间的紧张关系所产生的压力作斗争是完全正常的，你和你的父母可以共同努力来改善你们的关系。”由此可知，作者认为家庭紧张引起的压力是正常的。故选 A。

第三部分 语言知识(共三节，30 分)

第一节 根据首字母或中文提示用正确的单词形式填空(每小题 1 分，共 10 分)。

26. 【答案】target

【详解】考查名词。句意：生物是我最喜欢的科目，我的目标是为我上大学获得生物学位做准备。根据句意和首字母提示，应使用名词 target 作主语，意为“目标”；结合空格后系动词 is 可知，主语为单数名词。故填 target。

27. 【答案】organized

【详解】考查动词时态。句意：上周我们学校组织了一次活动来帮助我们更多地了解中国文化。根据首字母和句意可知，空处可使用动词 organize/organise（组织）在句中作谓语，主语 our school 与 organize/organise 之间是逻辑上的主动关系，且根据句中时间状语 last week 可知，谓语应使用一般过去时。故填 organized/organised。

28. 【答案】convenient

【详解】考查形容词。句意：乘地铁出行真的很方便，节省了很多时间。分析句子结构并根据首字母可知，后文提到“which saves much time”（节省了很多时间），由此判断空处可使用形容词 convenient（方便的）在句中作表语。故填 convenient。

29. 【答案】review##view

【详解】考查动词。句意：我试着在考试前复习我学过的东西。根据单词首字母以及 what I have learned before the exams 可知应用动词 review，且上文为短语 try to do sth.，不定式作宾语。故填 review。

30. 【答案】chatting#hatting

【详解】考查动名词。句意：如今，许多孩子花几个小时在网上和他们的朋友聊天。但事实上，他们应该经常和朋友见面，面对面地交谈。根据单词首字母及句意及空前的 spend hours 及空后的 online to their friends 可知应填动名词形式 chatting，作宾语，spend time (in) doing sth “花费时间做某事”，固定搭配。故填 chatting。

31. 【答案】professional##rofessional

【详解】考查形容词。句意：如果你不能自己处理这个问题，你应该寻求专业人士的帮助。分析句子结构并根据首字母可知，空处可使用形容词 professional（专业的）在句中作定语修饰名词 help。故填 professional。

32. 【答案】voluntary

【详解】考查形容词。句意：他每年暑假都积极参加志愿服务。分析句子结构可知，此处应为形容词作定语，根据提示的汉语，表示“志愿的”应为 voluntary。故填 voluntary。

33. 【答案】Actually

【详解】考查副词。句意：实际上微信是最流行的通讯方式。根据单词汉语提示“实际上”可知应填副词形式 actually，位于句首，作状语，修饰整个句子，首字母需大写。故填 Actually。

34. 【答案】anxiety

【详解】考查名词。句意：为了减少你对考试的焦虑，你应该在考试前仔细复习功课。根据汉语提示和句意可知，空处可使用名词 anxiety（焦虑）在句中作宾语。故填 anxiety。

35. 【答案】quality

【详解】考查名词。句意：我倾向于比较不同网店产品的价格和质量。根据汉语提示可知应用名词 quality，作宾语，不可数。故填 quality。

第二节 从方框中选择恰当的短语填入句子中，注意使用其正确形式(每小题 1 分，共 10 分)。

【答案】36. a variety of

37. a wide range of

38. full of challenges

39. due to 40. suffer from

41. adapt to

42. has confidence in

43. from time to time

44. develop competence in

45. To be frank

【36 题详解】

考查固定短语。句意：我们学校为我们提供各种各样的课程来丰富我们的知识。后文提到“enrich our knowledge”（丰富我们的知识），由此判断，学校提供了“各种各样的”课程。根据句意可知，空处可使用固定短语 a variety of（大量的）。故填 a variety of。

【37题详解】

考查固定短语。句意：我们学校有各种各样的社团，你可以选择你最喜欢的。根据句意可知，空处可使用固定短语 a wide range of（各种各样的）。故填 a wide range of。

【38题详解】

考查固定短语。句意：我的高中生活充满了挑战，因为我们比以前有更多的科目。后文提到“for we have more subjects than before.”（因为我们比以前有更多的科目）由此判断，“高中生活充满了挑战”，根据句意可知，空处可使用固定短语 full of challenge（充满挑战）。故填 full of challenge。

【39题详解】

考查固定短语。句意：由于下大雨，我参加李教授的讲座迟到了。“参加讲座迟到”和“下大雨”之间是逻辑上的因果关系，空处可使用固定短语 due to（由于）。故填 due to。

【40题详解】

考查固定短语。句意：如今，许多学生承受着很多考试的压力。“遭受压力”可使用固定短语 suffer from，意为“遭受”。根据语境可知，该句陈述一般事实，因此可使用一般现在时。故填 suffer from。

【41题详解】

考查固定短语。句意：世界将会不同，我们必须准备好适应这种变化。前文提到“The world will be different”（世界将会不同），因此要“适应”变化，空处可使用固定短语 adapt to，意为“适应”。不定式 to 后接动词原形。故填 adapt to。

【42题详解】

考查固定短语。句意：他的英语说得很好，所以他有信心赢得英语演讲比赛。前文提到“He can speak excellent English”（他的英语说得很好），由此判断，他“有信心”赢得比赛。空处可使用固定短语 have confidence in（有信心做……），主语 he 为第三人称单数形式，且根据语境可知，空处可使用一般现在时陈述一般事实。故填 has confidence in。

【43题详解】

考查固定短语。句意：时不时地站起来做些运动。不要玩太多电脑游戏。后文提到“Don't play computer games too much”（不要玩太多电脑游戏），由此判断，要“时不时”起来运动一下。空处可使用固定短语 from time to time，意为“时不时”。故填 from time to time。

【44题详解】

考查固定短语。句意：在我的新学校，我希望能够发展许多新的技能，比如流利地说英语和独立处理问题。后文提到“such as speaking English fluently and coping with problems on my own”（比如流利地说英语和处理问题），这些都是“开发新的能力”。空处可使用固定短语 develop competence in，意为“在某个领域中发展能力”。不定式 to 后接动词原形。故填 develop competence in。

【45题详解】

考查固定短语。句意：坦率地说，我们不可能完全消除生活中的压力。“生活中的压力”是“坦白来说”无法避免的事情。空处可使用固定短语 to be frank，意为“坦率来说”。故填 To be frank。

第三节 根据句意用所给词的正确形式填空(每小题 1 分，共 10 分)。

46. 【答案】stressed

【详解】考查形容词。句意：在高中感到压力是正常的，因为我们学习的知识要困难得多。由句意及空前的系动词 feel 可知应填形容词修饰 stressed，意为“感到有压力的”，作表语。故填 stressed。

47. 【答案】hearing

【详解】考查动名词。句意：我们期待着尽快听到你的学校生活。由句意及空前的 We are looking forward to 可知应填动名词形式 hearing，作宾语，look forward to 意为“期盼；盼望”，to 为介词，后接动名词作宾语。故填 hearing。

48. 【答案】lifestyles

【详解】考查名词复数。句意：我家有六口人，我们都有不同的生活方式。分析句子结构可知，形容词 different（不同的）后接可数名词复数形式，此处表示复数概念，应使用其复数形式。故填 lifestyles。

49. 【答案】Unfortunately

【详解】考查副词。句意：不幸地是，这份工作也可能充满压力，尤其是当挑战出现的时候。由句意可知此处应填副词形式 unfortunately，作状语，修饰整个句子，位于句首，首字母需大写。故填 Unfortunately。

50. 【答案】to drink

【详解】考查不定式。句意：医生经常告诉我们每天多喝水。根据句意分析句子可知，此处是考查固定搭配 tell sb to do sth “告诉某人做某事”；其中的不定式短语 to do sth 作宾语补足语，对动词 tell 的宾语进行补充说明。故填 to drink。

51. 【答案】to enter

【详解】考查不定式。句意：我的目标是进入进一步研究的最佳的大学在中学以后。goal 作主语，表语用不定式形式，故填 to enter。

52. 【答案】has learned

【详解】考查动词时态。句意：自从埃里克对科学感兴趣以来，他已经学到了很多。空处应填谓语动词，由 since 可知此处应用现在完成时，主语为 He，所以应填 has learned。故填 has learned。

53. 【答案】exciting

【详解】考查形容词。句意：听到这个激动人心的消息，所有的学生都高兴得跳了起来。分析句子结构可知，空处需使用形容词 exciting（令人兴奋的）在句中作定语修饰名词 news（消息；新闻），修饰物时，形容词应使用现在分词形式。故填 exciting。

54. 【答案】challenging

【详解】考查形容词。句意：对于新高中生来说，做小组项目和讨论似乎是一种具有挑战性的学习方式。由句意及空后的名词 way 可知应填形容词形式 challenging “具有挑战性的”，作定语，修饰名词 way。故填 challenging。

55. 【答案】satisfied

【详解】考查形容词。句意：老师对我们为班级所做的一切感到满意。作表语，且主语为 teacher，故用修饰人的-ed 形容词 satisfied，be satisfied with (满足于)。故填 satisfied。

第四部分 书面表达(共两节，30分)

第一节 阅读表达(共4小题;第1、2、3题各2分，第4题4分，共10分)

阅读表达

【答案】56. Alice Moore is a teenager entrepreneur, who set up her business Ailie Candy and invented a super-sweet treat that could save kids' teeth.

57. His father suggested she do some research and talk to dentists about what a healthier candy would contain.

58. It is tasty and tooth-friendly.

59. In my opinion, what is the most important for Moore's success is that positive thinking and action result in success. Because only by facing difficulties positively and taking action optimistically can you find solutions and achieve success.

【导语】这是一篇记叙文。文章主要介绍了 Alice Moore，一个年轻有为的创业者的故事。Alice Moore 的故事告诉我们：积极的思考和行动会带来成功。

【56题详解】

考查细节理解。根据文章第一段的“Alice Moore is a teenager entrepreneur (创业者), who in May 2015 set up her business Ailie Candy. By the time she was 13, her company was worth millions of dollars with the invention of a super-sweet treat that could save kids' teeth, instead of destroying them.(爱丽丝·摩尔是一名青少年企业家，她于2015年5月创立了自己的公司 Ailie Candy。到她13岁的时候，她的公司已经价值数百万美元，因为她发明了一种超级甜食，可以保护孩子的牙齿，而不是破坏它们。)”可知爱丽丝·摩尔是一名少年企业家，创立了自己的公司 Ailie Candy，并发明了一种保护孩子牙齿的超级甜食。故答案为 Alice Moore is a teenager entrepreneur, who set up her business Ailie Candy and invented a super-sweet treat that could save kids' teeth。

【57题详解】

考查细节理解。根据文章第二段中的“With that in mind, Moore asked her dad if she could start her own candy company. He suggested that she do some research and talk to dentists about what a healthier candy would contain.(带着这样的想法，摩尔问她爸爸她是否可以开一家自己的糖果公司。他建议她做一些研究，并咨询牙医，看看健康的糖果应该包含哪些成分。)”可知当摩尔想要开创自己的公司时，她父亲的建议是让她做一些研究，并咨询牙医，弄清楚健康的糖果的成分。故答案为 His father suggested she do some research and talk to dentists about what a healthier candy would contain。

【58题详解】

考查细节理解。根据文章第三段“With her dad's agreement, she spent the next two years researching online to get a candy that was both tasty and tooth-friendly. She also went to dentists to learn more about teeth cleaning. In the end, she succeeded in making a kind of candy product—Cancandy.(在父亲的同意下，她花了两年时间在网上寻找一种既好吃又对牙齿有益的糖果。她还去看牙医，了解更多关于清洁牙齿的知识。最后，她成功地制作了一种糖果产品——Cancandy。)”可知摩尔的糖果产品 Cancandy 的特

殊之处在于它是一种既好吃又对牙齿有益的糖果。故答案为 It is tasty and tooth-friendly.。

【59 题详解】

考查开放答题。结合文章，言之有理即可，例如：在我看来，摩尔成功最重要的是积极的思考和行动会带来成功。因为只有积极面对困难，乐观地采取行动，你才能找到解决方案并取得成功。故答案为 In my opinion, what is the most important for Moore's success is that positive thinking and action result in success. Because only by facing difficulties positively and taking action optimistically can you find solutions and achieve success.。

第二节(20 分)

60. 【答案】

Dear Jim,

How time flies! It has been more than one month since my senior school life began.

Now I have made many new friends, and we help each other greatly. The new teachers are friendly and enthusiastic. However, I also have some worries about my study. In the new school, I am no longer one of the top students just as I was in junior high school, which worries and upsets me. The subjects in senior high school are much harder. Sometimes I can't follow my teachers. But I'm sure I'll get through all the difficulties and make progress in the future.

What about you? I am looking forward to hearing from you.

Yours,

Li. Hua

【导语】本篇书面表达属于应用文。假设你是红星中学高一学生李华。你的英国好友 Jim 得知你上了高中，发来邮件询问相关信息。请你给他回复邮件介绍你的学校生活，和你对未来的期待。

【详解】1. 词汇积累

担心: worry→concern

想要做某事: want to do sth.→ would like to do sth.

帮助某人: help sb.→ give sb. a hand

确信的: sure→ convinced

2. 句式拓展

合并简单句变复合句

原句: The subjects in senior high school are much harder. Sometimes I can't follow my teachers.

拓展句: Because the subjects in senior high school are much harder, sometimes I can't follow my teachers.

【点睛】【高分句型 1】I am no longer one of the top students just as I was in junior high school, which worries and upsets me. (运用了 which 引导的非限制性定语从句)

【高分句型 2】But I'm sure I'll get through all the difficulties and make progress in the future. (运用了省略 that 引导的宾语从句)

关于我们

北京高考在线创办于 2014 年，隶属于北京太星网络科技有限公司，是北京地区极具影响力的中学升学服务平台。主营业务涵盖：北京新高考、高中生涯规划、志愿填报、强基计划、综合评价招生和学科竞赛等。

北京高考在线旗下拥有网站门户、微信公众平台等全媒体矩阵生态平台。平台活跃用户 50W+，网站年度流量数千万量级。用户群体立足于北京，辐射全国 31 省市。

北京高考在线平台一直秉承“精益求精、专业严谨”的建设理念，不断探索“K12 教育+互联网+大数据”的运营模式，尝试基于大数据理论为广大中学和家长提供新鲜的高考资讯、专业的高考政策解读、科学的升学规划等，为广大高校、中学和教科研单位提供“衔接和桥梁纽带”作用。

平台自创办以来，为众多重点大学发现和推荐优秀生源，和北京近百所中学达成合作关系，累计举办线上线下升学公益讲座数千场，帮助数十万考生顺利通过考入理想大学，在家长、考生、中学和社会各界具有广泛的口碑影响力

未来，北京高考在线平台将立足于北京新高考改革，基于对北京高考政策研究及北京高校资源优势，更好的服务全国高中家长和学生。

推荐大家关注北京高考在线网站官方微信公众号：**京考一点通**，我们会持续为大家整理分享最新的高中升学资讯、政策解读、热门试题答案、招生通知等内容！

