

2023 届高三年级 2 月份大联考

英语试题

本试题卷共 8 页。全卷满分 120 分。考试用时 120 分钟。

注意事项:

1. 答题前,先将自己的姓名、考号等填写在试题卷和答题卡上,并将准考证号条形码粘贴在答题卡上的指定位置。

2. 选择题的作答:选出每小题答案后,用 2B 铅笔把答题卡上对应题目的答案标号涂黑,写在试题卷、草稿纸和答题卡上的非答题区域均无效。

3. 非选择题的作答:用签字笔直接写在答题卡上对应的答题区域内。写在试题卷、草稿纸和答题卡上的非答题区域均无效。

4. 考试结束后,请将本试题卷和答题卡一并上交。

第一部分 阅读(共两节,满分 50 分)

第一节 (共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Brilliant bookshops worth visiting

TOPPING AND COMPANY

Topping and Company in Bath which opened in 2007 at a shop moved into a large Georgian building last year. This means it can house more than 75,000 books and host many author events. It fitted out with handcrafted (手工制作的) bookcases and rolling library ladders. It's easy to spend hours here, settled on a comfortable seat and enjoying a pot of tea or coffee while looking through inspiring book titles.

BOOKSHOP BY THE BLACKDOWNS

Bookshop by the Blackdowns opened last December in Wellington and is a family-run affair. Very much a community bookshop and space for people to share a love of reading, they sell new publications, classics and old favorites. As well as pre-schoolers' picture books and children's books, the shop also has a good line in young adult fiction. Ever-changing Reading Lists highlight their hand-picked books. They also host author events, with visits by Emma Carroll and Hazel Prior in recent months.

BAILEY HILL BOOKSHOP

Located in Castle Cary, Bailey Hill Bookshop has been running for more than 50 years, with its current owners taking over in 2003, and its success lies in providing expert knowledge, selling books from national and international, but also independent publishers, and having an impressively fast delivery service for any books that need to be ordered. It has special events too, including a talk at the town's Market House on October 21 by Rebecca Lowe.

ROTHWELL DUNWORTH

If you enjoy searching through old books and uncovering hard-to-get or long-forgotten treasures, then pay a visit to Rothwell Dunworth in Dulverton. Founded in 1975, it specializes in antiquarian (收集古物者) and second-hand books. It has sections covering all areas of interest including art, history, travel and literature. Regularly visiting all parts of the UK and searching overseas for books, it has some rare finds including first editions.

1. What can people do in the family-run bookshop?

- A. Have a coffee.
- B. Get trained on writing.
- C. Share reading affection.
- D. Pick up second-hand books.

2. Which bookshop has the longest history?

- A. ROTHWELL DUNWORTH.
- B. TOPPING AND COMPANY.
- C. BAILEY HILL BOOKSHOP.
- D. BOOKSHOP BY THE BLACKDOWNS.

3. Where does a first-edition seeker prefer to go?

- A. Bath.
- B. Wellington.
- C. Castle Cary.
- D. Dulverton.

B

Struggling for breath, I felt another wave crash against my body. Desperately attempting to hold onto the sand for my life, at seven years old, I felt completely helpless. Waking up on the shore, I got up and began to clean the sand off me. My parents had been always drilling water safety into me and so I felt I should have known much better. But nearly drowning made me even more of a water baby.

Growing up in South Africa, I have many fond summer memories associated with the water. However, when I moved to the UK in 2013, I realized how much I missed it. As life went on, working full-time in media and advertising, I realized I wanted to do something else.

So much so, in 2016, I decided to train as a swimming teacher. I would work evenings and weekends, but eventually realized it was something I wanted to devote all my time to. I have been trained to teach a whole range of ages from three years old up to 77!

This desire to help others went even further when, in October last year, I decided to swim the English Channel with the charity Swim Tayka. I first knew about the charity back in 2019 after searching Google for volunteering projects, and I was really inspired by the work they did in providing disadvantaged children with swimming lessons and drowning prevention education.

"Why did you sign up for the challenge?" one of the charity workers asked me.

Sitting down one evening, I really thought about why I wanted to do this and I remembered the incident that happened when I was a child.

I just want to help people love and respect the water in the same way I do. Watching by the pool side as my students splash (溅) about care-free, I smile proudly. It really does make all the difference knowing you're helping others and I encourage people to take up the challenge.

4. How does the author feel about his drowning experience?

- A. Amazing.
- B. Beneficial.
- C. Destructive.
- D. Embarrassing.

5. Why did the author move to the UK in 2013?

- A. To teach all-age people to swim.
- B. To further study swimming skills.
- C. To escape from childhood memories.
- D. To be engaged in media and advertising.

6. How was the author informed of Swim Tayka?

- A. By inquiring volunteers.
- B. By overhearing a project.
- C. By googling for information.
- D. By crossing the English Channel.

7. What is the root motivation for the author to take up the challenge?

- A. His deep love for swimming.
- B. The drowning incident in childhood.
- C. The education he received in the training.
- D. His determination to improve people's well-being.

The pandemic has given a big push to all forms of digital communication. A workplace dominated by time on screens may seem bound to favor newer, faster and more visual ways of transmitting information. But an old form of communication — writing — is also flourishing (蓬勃).

The value of writing is highly valued in management thinking. "The discipline of writing something down is the first step towards making it happen," said Lee Iacocca, a giant of the American car industry. Jeff Bezos banned slides from meetings of senior Amazon executives (主管) back in 2004, in favor of well-structured memos (备忘录).

The move to remote working has strengthened the value of writing. When tasks are being handed off to colleagues in other locations, comprehensive documentation is crucial. When new employees start work on something, they want the back story. When old hands depart an organization, they should leave knowledge behind.

Software developers have already worked out the value of the written words. A research programme from Google into the ingredients of successful technology projects found that teams with high quality documentation deliver software faster and more reliably. Gitlab, a code hosting platform whose workforce is wholly remote, describes its secret of success as "textual communication".

The deep thought and the discipline required by writing are helpful in other contexts, too. "Brain writing" is a brain storming technique, used by Slack among others, in which participants are given time to put down their ideas before discussion begins.

Writing is not always the best way to communicate in the workplace. Video is more memorable; a phone call is quicker; even PowerPoint has its place. But for the structured thought it demands, and the ease with which it can be shared and edited, the written words are made for remote work and will flourish in the post-pandemic workplace.

8. Why are Lee Iacocca and Jeff Bezos mentioned in paragraph 2?

- A. To support an idea.
- B. To introduce a topic.
- C. To draw a conclusion.
- D. To make a comment.

9. Which of the following demonstrates the power of writing?

- A. The tasks are handed over quickly by telephone.
- B. An expert colleague gives an experience-sharing lecture.
- C. The new comer broadens his company knowledge through the Internet.
- D. A code hosting platform succeeds mainly by textual communication.

10. What is the author's tone in the last paragraph?

- A. Doubtful.
- B. Objective.
- C. Grateful.
- D. Humorous.

11. What is the most suitable title for the text?

- A. A phone call or a letter? Think twice
- B. Video conference will fade away in new situations
- C. Writing will flourish in the post-pandemic workplace
- D. Digital information or written messages? It depends

According to a recent study, consuming three largely comparable meals each day to meet our energy demands may be the most effective method to prevent cognitive (认知的) deterioration. The study finds a link between skipping breakfast and a gradual failure in cognitive health. The study also reveals that eating more calories at one meal than another is not linked to a quick failure in cognitive function, but it does not improve cognition as much as eating balanced three meals daily.

With previous study focusing on how the quality of the food we consume can affect our health, there hasn't been much research on how our daily energy intake is distributed and how it can affect our cognitive health over the long term, as well as if it might affect our risk of dementia (痴呆).

A recent study, in which the data from the 1997 - 2006 China Health and Nutrition Survey were analyzed, examines the possible impact of various meal schedules on cognitive decline in order to better understand this.

The poll (民意调查) collected submissions from 3,342 persons in China during a ten-year period, and their responses were included in the statistics. The average age was 62.2, and people were at least 55 years old. The study did not include those who had severe cognitive deterioration.

Each participant underwent a dietary evaluation as well as a phone-based cognitive exam at the beginning of the study period. This test evaluated each person's ability to recall words quickly and slowly, count backward, and subtract (减) 7 quickly from given numbers.

The findings demonstrate that, in comparison to either less balanced ways of absorbing one's total caloric intake or less equally distributed ways of ingesting one's total energy intake, eating three balanced meals each day is related with superior cognitive function.

12. What does the underlined word "deterioration" mean in paragraph 1?

- A. Increase. B. Decline. C. Exchange. D. Spread.

13. What is the main difference between the recent study and the previous one?

- A. The contents. B. The method.
C. The participants. D. The process.

14. How did the researchers do the recent study?

- A. By doing experiments.
B. By analyzing previous data.
C. By interviewing senior people.
D. By examining people with cognitive disease.

15. Which of the following may contribute to best cognition?

- A. Skipping breakfast every day.
B. Three balanced meals per day.
C. Hunger-determined food time and amount.
D. A big lunch with a small breakfast and dinner.

第二节 (共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Don't get it wrong; there's nothing wrong with therapy (治疗), except that it costs an arm and a leg. Considering that there are factors causing anxiety everywhere, the following tips come in quite handy. 1, but they can make living with disorders less burdensome. These tips would help you improve your mental health, until you can get therapy.

2 - Locking yourself alone in will only let negative emotions worse. According to research, the sun can actually make you release dopamine, the happiness hormone. Plus, the change in scenery

is good for your mind. You can enjoy the sun even if you're stuck inside. Just let it in by opening the blinds and airing out your space. Don't forget to wear sunscreen.

Exercise at your own pace. Some people say gyming helps them feel better about their bodies, trains their minds and gives them something rewarding to do with their time. You can choose yoga, fencing, kendo, skating, jujutsu, skipping, and dancing. The list is endless.

Try for restful sleep. Many mental health disorders ruin your sleep pattern, which could be why you're tired all day. Good sleep isn't just about how long you've stayed asleep. For example, irregular sleep may leave you tired in the morning. You can get better sleep results by avoiding caffeine three hours before bedtime, creating a peaceful bedtime routine, and training your rhythm by sleeping and waking at the same time every day.

Take meditation (冥想) sessions. Taking some time out to meditate can sort out the noise and calm you down and help you become aware of your present mental state.

- A. The quality of the sleep counts.
- B. One hour a day is suitable for the elderly.
- C. Take a walk in the sun, or at least enjoy the sun.
- D. None of these could cure a serious mental health condition.
- E. But you don't have to start weightlifting if you don't feel like it.
- F. Take it seriously how to improve your mental health without therapy.
- G. Meditation can make you aware of the conflicting emotions within.

第二部分 语言运用(共两节,满分30分)

第一节 (共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

Kerry Strum was badly defeated during the COVID-19 epidemic in 2021. She 21 Waves 4 Women, a beach-based nonprofit that offers therapeutic (治疗的) surf lessons to women dealing with depressions. " 22 was much like life," she says. "You fall off the 23, but the most important thing is getting back and trying again. It was a 24 experience."

Before 25 Waves 4 Women, Erin Jones, a co-founder, recognized that women who had experienced pressure needed their own safe place to go through the 26 process. "If the learner has experienced physical abuse, or even just a(n) 27 in trust in a relationship, she will feel more 28 in an environment with other women."

About 150 women have 29. Participants don't need to have surfing experience. The nonprofit has one instructor for every two students. It is all about teaching people to manage 30. What's nice about surfing is that we identify skills that are 31 for women to learn mindfulness, self-talk, and 32 what's around you.

Through Waves 4 Women, Jones hopes to build a 33 support community, a little expansion at a time. "For some people, just lying on the board on their stomach may be a 34 thing. For others, it's getting on their knees or jumping up," explains Jones. "We 35 whatever their success is. We let them give themselves permission to have this time for themselves."

- | | | | |
|--------------------------|-----------------|------------------|-----------------|
| 21. A. looked for | B. broke up | C. commented on | D. turned to |
| 22. A. Working | B. Surfing | C. Volunteering | D. Struggling |
| 23. A. board | B. beach | C. road | D. chair |
| 24. A. medicine-learning | B. sight-seeing | C. life-changing | D. time-killing |
| 25. A. leaving | B. visiting | C. starting | D. closing |
| 26. A. recovery | B. thinking | C. aging | D. cooperation |
| 27. A. pride | B. increase | C. interest | D. break |

- | | | | |
|--------------------|---------------|----------------|----------------|
| 28. A. comfortable | B. excited | C. embarrassed | D. responsible |
| 29. A. failed | B. donated | C. benefited | D. suffered |
| 30. A. time | B. balance | C. housework | D. stress |
| 31. A. hard | B. ridiculous | C. helpful | D. shocking |
| 32. A. correcting | B. noticing | C. blaming | D. attacking |
| 33. A. broader | B. cleaner | C. happier | D. smarter |
| 34. A. simple | B. funny | C. dull | D. big |
| 35. A. offer | B. regret | C. celebrate | D. hide |

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

It was 113 years ago that the Great Wall in the rough mountains northwest of Beijing was first pierced (穿透) by a railway that (link) Beijing and Zhangjiakou in Hebei Province.

Just under that "cut" lies Qinglongqiao railway station, which has witnessed the (develop) of rail in China. Yang Cunxin, who was born and raised next to the station and later worked there, feels 38 a duty to tell the story of its connection to China's history. "This was the start of railways and modern technology in China," he said, adding that railway workers should make a pilgrimage (朝圣) to Qinglongqiao to (know) the first chapter of that story.

Yang was born in 43 (apartment next to the station in 1962. The apartment was built for the station workers and their (live) (family), and Yang's father, Yang Baohua, 44 (be) a switch operator there since 1951. When his father retired in 1981, Yang Cunxin took over.

Qinglongqiao station was, just one of the stations built along the 200-kilometer Beijing-Zhangjiakou line, 45 (open) in 1909. It was the first line designed and built 44 (independent) by Chinese. Its chief designer, Zhan Tianyou, who was then known as Jeme Tien-Yow, was also responsible for its construction. Zhan is known as the "Father of China's Railways" for his contributions, and he and his wife 46 (bury) at the station.

第三部分 写作(共两节, 满分 40 分)

第一节 (满分 15 分)

假定你是李华, 为庆祝世界粮食日的到来, 你校将举办主题为 "Cherish food; start from me" 的演讲比赛, 请写封邮件邀请交换生 George 参加。内容包括:

1. 演讲话题;
2. 比赛时间;
3. 报名方式。

注意:

1. 写作词数应为 80 左右;
2. 请在答题卡的相应位置作答。

第二节 (满分25分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

I picked out Misty at a pound. "He's going to be put to sleep in two days," the assistant told me, sighing. "Nobody wants him — everyone says he's ugly." I looked into Misty's eyes. "I'll take him," I said, and Misty came to live with me.

Misty was a very adorable cat — my lap was his favorite spot in the world. "How's my boy this morning?" I asked him every day, and he'd meow back.

When I noticed he was having problems chewing, I took him to the vet (兽医). He had to have two teeth out. The bill rocked me — my income was pitiful. "Please don't get sick anymore, Misty," I begged.

But just six months later, Misty began meowing in pain. My heart sank. "Misty's got bladder (膀胱) stones", the vet said. "The surgery for that is \$1000." "Is there any alternative?" I asked desperately. "You could have him put down", she said. I took Misty home. I couldn't put him to sleep. But the vet bills had ruined my savings.

That afternoon, I let Misty out for a few minutes as always. Hearing him meow in pain, I felt terribly. "I have to do something," I scolded myself. But when I called him, he never came. "Oh no!" I searched the streets, but couldn't find him. I printed out Missing Cat posters and I cried each time I taped one to a tree. But nobody called. Misty had disappeared.

Three months witnessed my countless tears. I just had to assume Misty was dead. If he hadn't been run over or died of starvation, those bladder stones would have taken their toll. The few extra dollars in my bank account didn't compensate for the losses. I then

Then one day, I received a call from an elderly woman saying she had one cat seeming to match my poster. I rushed to her place.

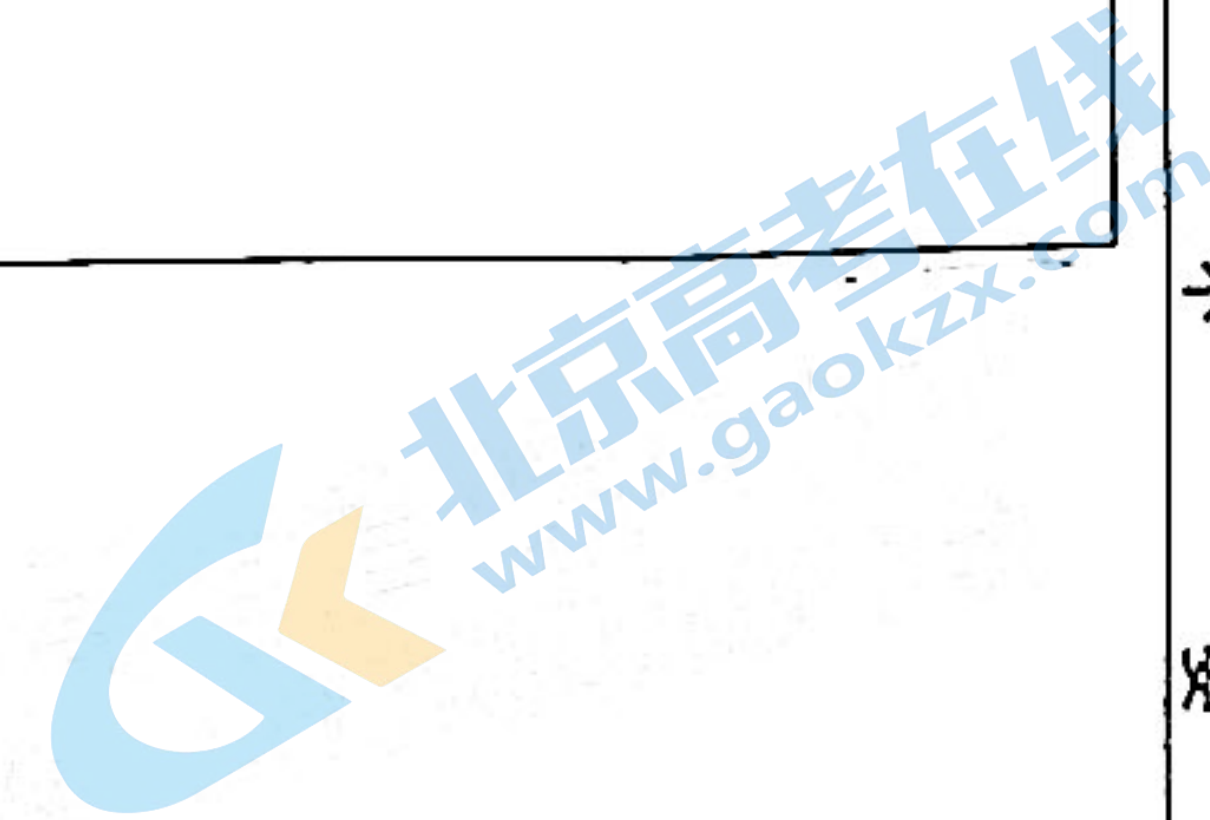
注意:

1. 续写词数应为150左右;
2. 请按如下格式在答题卡的相应位置作答。

From his glossy (有光泽的) coat, I was sure Misty had had far better medical care.

"Is that really Misty?" she asked again, a slim of sadness flashing over her face.

弥
封
线
内
不
要
答
题



关于我们

北京高考在线创办于 2014 年，隶属于北京太星网络科技有限公司，是北京地区极具影响力的中学升学服务平台。主营业务涵盖：北京新高考、高中生涯规划、志愿填报、强基计划、综合评价招生和学科竞赛等。

北京高考在线旗下拥有网站门户、微信公众平台等全媒体矩阵生态平台。平台活跃用户 40W+，网站年度流量数千万量级。用户群体立足于北京，辐射全国 31 省市。

北京高考在线平台一直秉承 “精益求精、专业严谨” 的建设理念，不断探索 “K12 教育+互联网+大数据” 的运营模式，尝试基于大数据理论为广大中学和家长提供新鲜的高考资讯、专业的高考政策解读、科学的升学规划等，为广大高校、中学和教科研单位提供 “衔接和桥梁纽带” 作用。

平台自创办以来，为众多重点大学发现和推荐优秀生源，和北京近百所中学达成合作关系，累计举办线上线下升学公益讲座数百场，帮助数十万考生顺利通过考入理想大学，在家长、考生、中学和社会各界具有广泛的口碑影响力

未来，北京高考在线平台将立足于北京新高考改革，基于对北京高考政策研究及北京高校资源优势，更好的服务全国高中家长和学生。



微信搜一搜

北京高考资讯