

首都师大附中 2021—2022 第一学期期中高一英语

质量检测试卷

(90 分钟, 100 分)

班级 _____

姓名 _____

第一部分：知识运用（共四节，共 42 分）

第一节 完形填空（共 10 小题；每小题 1.5 分，共 15 分）

阅读下面短文，掌握其大意，从每题所给的 A、B、C、D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A Football Match

My father is a great football fan. In his young days he was the captain of his college Football Eleven. Now he often goes to see a football match. Sometimes he 1 ___ a football match on TV. He never loses a ___ 2 ___ to see a good football match as far as possible.

Last Sunday my father ___ 3 ___ me to see a football match. It was played at King's Stadium at Lords Avenue. We ___ 4 ___ the Stadium on our bike. We parked the scooter and ___ 5 ___ two tickets and then entered the Stadium.

The match was between a Local team and a visiting Russian team. The Stadium was full to capacity. It was a cool and bright afternoon of October. The tall and strong players looked very smart in their team uniforms. The match soon ___ 6 ___. It proved to be an exciting match.

The Russians played fast and scored the first goal in the 15th minute. The Local team kicked hard. Before interval(中场休息) they scored an equalizer(扳平比分). The match continued after the interval. In the fifth ___ 7 ___ the Russians scored another goal. Their shooting and team-work were ___ 8 ___.

In the second half the Russians showed their best. The Local team tried hard but could not match the ___ 9 ___. It became a one-sided game. They proved far superior. The Russians ___ 10 ___ the match by 4 goals to 1.

It was an enjoyable experience. I shall never forget this experience.

- | | | | |
|----------------|--------------|--------------|-----------------|
| 1. A. gets | B. organizes | C. views | D. takes |
| 2. A. dream | B. lesson | C. subject | D. chance |
| 3. A. allowed | B. took | C. followed | D. guided |
| 4. A. reached | B. noticed | C. imagined | D. remembered |
| 5. A. bought | B. sold | C. borrowed | D. lost |
| 6. A. stopped | B. started | C. continued | D. delayed |
| 7. A. hour | B. week | C. minute | D. day |
| 8. A. calm | B. nervous | C. honest | D. excellent |
| 9. A. visitors | B. coaches | C. audiences | D. performers |
| 10. A. gave up | B. won | C. cancelled | D. prepared for |

第二节 语法填空（共 10 小题；每小题 1 分，共 10 分）

阅读下列短文，根据短文内容填空。在未给提示词的空白处仅填写 1 个适当的单词，在给出提示词的空白处用括号内所给词的正确形式填空。

How time flies! I will be a senior high school student this term. I am very excited and nervous. I feel excited because I 11 (learn) more knowledge from my new teachers. Especially, I can learn more about English, math, physics, chemistry, and biology. I think they are 12 (interest). I can meet many new 13 (friend) in senior high school as well. I think they, 14 (I) new friends, will be friendly and kind-hearted. I believe I will get along well 15 all of my new classmates. As 16 saying goes, "A friend is 17 (easy) to be lost than found." If you want to make friends with others, you should 18 (treat) them true-heartedly. It is really hard, 19 I will try.

I feel nervous because I heard that it is difficult 20 (study) in senior high school. I think I will meet many problems. But it's nothing serious, because I know if I work hard, I will be successful at last.

第三节 根据提示进行词汇填空（共 7 小题；每小题 1 分，共 7 分）

21. It is so _____ (方便的) to be able to compare the quality and prices from different online shops before I buy.
22. Many students are _____ (自愿的) to live in the campus apartments.
23. The boy was _____ (渴望的) to make a big success.
24. I can't go out with you, because I have to _____ (准备) for my final exam.
25. I often feel _____ (感到压力的) when I speak in front of people.
26. We all think of her as a _____ (负责的) teacher.
27. The classroom is full of _____ (笑声).

第四节 根据提示用短语的正确形式填空（共 5 小题；每小题 2 分，共 10 分）

28. Zhang Tian _____ (从...毕业) university and got a teacher's certificate last year.
29. He _____ (申请) being a volunteer teacher in a small village several years ago.
30. I find we can _____ (实现我们的目标) through hard work.
31. The first senior high school _____ (与...不同) the second one.
32. He has _____ (给...做贡献) the company's success.

第二部分：阅读理解（共两节，共 38 分）

第一节（共 14 小题；每小题 2 分，共 28 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A

The beauty of single travel is that you can choose what you want to see and when. Here are some of the safest cities in the world guaranteed to meet the single travelers' needs.

Singapore

As Singapore is one of the safest cities in the world, it is ideal for a single traveller. There's no shortage of good hotels and the locals and hotel staff are known for their friendly nature. Take a walk through Chinatown, spend a day at Jurong Bird Park, hit the shops on Orchard Road or simply watch the world go by at Clarke Quay.

Auckland, New Zealand

Auckland is known for being one of the friendliest cities in the world, according to surveys by *Condé Nast Traveler*, so the single travellers will feel right at home. An affordable city with lots to see, such as the Civic Theatre, the Sky Tower and the harbour foreshore, Auckland is a wonderful place to visit on your own.

Vienna, Austria

One of Europe's finest and most beautiful cities, Vienna has so much to offer and you can't possibly get bored. You can go for a museum tour, a cruise of the Danube, spend a morning exploring historic St. Stephen's Cathedral, or visit St. Anton, known for being the best ski party city in Europe.

Napa, California

While Napa is a romantic destination for two, it's also an attractive spot for the single travellers. Famous for its fine wines, Napa is the perfect place if you have a taste for good wines. Many hotels are equipped with private pools and lounging areas, so you can enjoy a relaxing environment.

33. What will you probably do if you visit Auckland?
- A. Spend a day at Jurong Bird Park.
 - B. Hit the shops on Orchard Road.
 - C. Explore historic St. Stephen's Cathedral.
 - D. Enjoy a play in Civic Theatre.
34. If you are a fan of ski party, where would you go?
- A. Singapore.
 - B. Auckland, New Zealand.
 - C. Vienna, Austria.
 - D. Napa, California.
35. What is Napa, California well known for?
- A. Quality wines.
 - B. Museum tours.
 - C. Private pools.
 - D. Lounging areas.

B

When I was in my first year of high school, I had a terrible time when every area of my life was a disaster. I felt so hopeless and alone that I thought everything was impossible.

On one such day, I was walking from class across the school to catch the school bus home, with my head down, fighting tears of total hopelessness, when a young man came down the sidewalk toward me. Though I had never seen him before, I did not want him to see that I was in such low spirits, so I turned my head away and hoped to hurry past. I thought he'd walk on by, but he moved until he was directly in front of me, waited until I looked up, and then smiled.

Looking into my eyes, this stranger spoke in a quiet voice: "Whatever is wrong will pass. You're going to be OK, just hang on." He then smiled again and walked away.

I can't explain the effect of that man's unexpected kindness and caring! He gave me the one thing that I'd lost completely—hope. I looked for him in our school to thank him, but never saw him again.

That was thirty years ago. And I've never forgotten that moment. Over the years, whenever I see someone who is in trouble, I will always think of that young man and try to give a flash of hope in the dark wherever I can. I carry things for people when they are too heavy for them, sit with naughty babies in the waiting room while their mothers are busy, or talk to tired couples at the checkout line or it could be anything. If you keep your head up, your heart will show you the place that needs hope.

36. Where did the writer meet with the young man?
- A. In the school. B. In the school bus.
C. In the classroom. D. In the library.
37. From the passage, we may infer that the author _____.
- A. had known the young man for a long time
B. made friends with the young man afterwards
C. was grateful to that young man very much
D. avoided meeting the young man since then
38. It can be known from the passage that _____.
- A. the young man always tried his best to help those who were in trouble
B. it was the young man's smile and words that made the author feel hopeful
C. the author had never been praised by others before he met with the young man
D. the author traveled to a lot of places to look for the young man but failed

C

The human brain remembers negative experiences more easily than positive ones. Our brains have developed in this way because threats, like dangerous animals, have a

more immediate effect on people's survival compared to positive things like food or shelter. As a result, you clearly know what makes you unhappy, but do you know what makes you happy?

Research suggests that our level of happiness is partly shaped by the choices we make. If you've been chasing wealth, fame, power and some material things, you may be looking for happiness in the wrong places. Psychologists suggest that the following habits can make people happier.

People who own close relationships tend to be happier than those who do not. The number of our friends is not important. What matters is the quality of our relationships. Relationships that bring happiness usually consist of the sharing of feelings, acceptance, mutual (双方的) respect and trust.

People who exercise regularly can improve both their physical and mental well-being. Some research has shown that exercise can be as effective as some medicine in treating depression.

If we are so interested in an activity, we may lose track of time, and we can be in a state of flow. The activity could be playing the piano, surfing the Internet or playing a game... People who experience flow in their work or life tend to be happier.

People are more likely to be happy if they know what their strengths are and can use them regularly. People are especially happy when they can set goals and use their strengths to achieve them.

People, who think positively by being grateful, mindful and optimistic, are more likely to be happy. Being grateful means being thankful. Being mindful means considering, focusing on, and enjoying the experiences of the present moment. Being optimistic means being hopeful about the future.

39. Why do Human brains remember negative things more easily?
- A. Because negative things tend to affect human survival immediately.
 - B. Because negative things are easy to remember.
 - C. Because negative things are much more important than other things.
 - D. Because negative things can make people live much happier.
40. According to this passage, in which of the following can people not find happiness?
- A. making friends
 - B. doing sports
 - C. playing the violin
 - D. chasing power
41. In the last paragraph, what does author try to tell us?
- A. We should think more about our future.
 - B. We should be positive in our life and work.
 - C. We should focus on everything in our life.
 - D. We should only enjoy the present moment.

42. What does the passage mainly want to tell us?
- A. Why people remember positive things easily.
 - B. Why people remember negative things easily.
 - C. Some habits that make people happy.
 - D. The habits that people form in their life.

D

Nowadays, people are so busy that they don't have the time to get out of their houses and buy the food they like. If you are also a busy person, you may not have enough time to leave your office or home to buy your favorite food from the nearby store. So, what is the solution to this problem? An easy way to get out of this problem is to use the services of an online food delivery service.

You can find a lot of online food delivery services. As a matter of fact, fast food is on the list of most ordered food items in the world. According to experts, most fast food items don't take much time to be prepared and delivered. Aside from this, there are many advantages to ordering food items online. Without further trouble, let's read about a few major advantages of buying food items online.

With an online food delivery service, the first advantage that you can enjoy is to choose from a whole variety of foods. You can check out their online menus to find out the type of foods they offer and deliver online. For example, you can choose from cakes, fast food, and veggies, just to name a few. Your required item will be shipped to you in a few minutes.

Exploring new places is one of the main advantages of placing your order online to buy food. Therefore, you can choose from a lot of options as far as food and restaurants are concerned. Actually, online menus are self-explanatory, which makes it easier for users to place their orders. In this way, you can check out foods offered by different restaurants without traveling to each restaurant one by one. This can save you a lot of time and effort.

Online food delivery services can also save you a lot of money. The reason is that you won't have to sit in your car and travel to the restaurant. You can save a lot of time and money. After all, it costs money to buy gas and it costs a lot of time and effort to travel.

Therefore, it's a great idea to order your food online and use the services of an online food delivery service. You can place your order from the comfort of your home as long as you are connected to the Internet. Alternatively, you can also place your order by phone. Once your order is confirmed, you will have your favorite item in your hands in a few minutes.

43. What does the underlined word "shipped" in paragraph 3 probably mean?
- A. Delivered.
 - B. Bought.
 - C. Flowed.
 - D. Sold.
44. What can we learn from the passage?
- A. Fast food is ordered most by officers.
 - B. Online menus offer detailed description.
 - C. Restaurant food takes a few minutes to be prepared.

- D. Restaurants help customers save money for travelling.
45. What's the writer's attitude to the online food delivery service?
A. Supportive. B. Doubtful. C. Fearful. D. Neutral.
46. What is the best title of the passage?
A. Some Food Delivery Methods
B. A Way of Saving Money on Food
C. Advantages of Online Food Delivery
D. Differences between Restaurant Food and Online Food

第二节（共 5 小题；每小题 2 分，共 10 分）

根据短文内容，从短文后的七个选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

How to Make Sure Your Idea Doesn't Die

Getting great ideas? It's Easy. Following up on them is hard! 47

Ask "Why doesn't this work".

Although he might have had the idea for it, Steve Jobs didn't just have the iPhone's unique touch screen in a single night. Instead, he thought about the present situation of smart phones and continually asked a single question: "Why don't they work?" 48

49

A good routine often helps you put your ideas into action. Toni Morrison, an outstanding writer, has a more special routine centered on daylight. She rises at around 5:00 each morning to watch the dawn. For her, it's important to wake before the light and observe the transition(转变) into day. 50 Whatever you choose as your morning routine, consider it as the reliable framework that gives you the best idea.

Don't fly alone.

When ideas meet in a shared physical or mental space, creative ideas are bound to happen—which is great. Working in a shared physical space just might help you find your ideal creative partners. 51 Besides, they may provide detailed focus that might not be your strong suit. Of course, partners needn't pursue everything together. A creative conversation is more useful, which can set up a series of goals toward which the individual team members are free to work on their own.

- A. Make full use of your spare time.
B. Never ignore the power of routine.
C. They can strengthen your confidence and give some valuable suggestions.
D. This one little question helped him get from an idea to a practical solution.
E. He makes a great contribution to "the look and feel of the product".
F. Here are some tips to make sure your great idea becomes a reality.
G. She considers it a special moment that inspires her to write.

第三部分：书面表达（共 20 分）

假如你是红星中学的学生李华。你的英国朋友 Jim 在来信中表示他最近沉迷于电脑难以控制。请你给他回一封信，告诉他网瘾可能会导致成绩下降、健康状况恶化、损害家庭关系等问题，并提出一些建议。

注意：

1. 词数 100 词左右（开头和结尾已给出，但不计入总词数）；
2. 可适当增加细节以使行文连贯。

参考词汇：沉迷于 be/become addicted to

Dear Jim,

I'm glad to hear from you. _____

Yours
Li Hua

关于我们

北京高考在线创办于 2014 年，隶属于北京太星网络科技有限公司，是北京地区极具影响力的中学升学服务平台。主营业务涵盖：北京新高考、高中生涯规划、志愿填报、强基计划、综合评价招生和学科竞赛等。

北京高考在线旗下拥有网站门户、微信公众平台等全媒体矩阵生态平台。平台活跃用户 40W+，网站年度流量数千万量级。用户群体立足于北京，辐射全国 31 省市。

北京高考在线平台一直秉承 “精益求精、专业严谨” 的建设理念，不断探索 “K12 教育+互联网+大数据” 的运营模式，尝试基于大数据理论为广大中学和家长提供新鲜的高考资讯、专业的高考政策解读、科学的升学规划等，为广大高校、中学和教科研单位提供 “衔接和桥梁纽带” 作用。

平台自创办以来，为众多重点大学发现和推荐优秀生源，和北京近百所中学达成合作关系，累计举办线上线下升学公益讲座数百场，帮助数十万考生顺利通过考入理想大学，在家长、考生、中学和社会各界具有广泛的口碑影响力

未来，北京高考在线平台将立足于北京新高考改革，基于对北京高考政策研究及北京高校资源优势，更好的服务全国高中家长和学生。



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