

北京市第十三中学 2023~2024 学年第一学期
高三英语期中测试

2023 年 11 月

本试卷分为第一部分（知识运用）、第二部分（阅读理解）和第三部分（书面表达），共 13 页，卷面共 100 分，考试时长 90 分钟。答题纸从第 1 页至第 2 页。请在两张答题纸上方密封线内书写班级、姓名、准考证号。考试结束后，将本试卷的两张答题纸一并交回。

第一部分：知识运用（共两节，30 分）

第一节 完形填空（共 10 小题；每小题 1.5，满分 15 分）

One Mother to Another

On Wednesday evening, our daughter, who was at a boarding school over 200 kilometers away, told us that she had lost her phone when she took part in an activity off campus. We realized that we had little chance of finding it.

The next morning, my phone beeped (哔哔响) loudly. A kind voice announced that she had something that belonged to my daughter. I 1 that I lived a three-hour drive away, and told her I would ask a friend to fetch the phone. My daughter had written my number on the inside of her phone's case—good thinking!

After contacting the people I know who lived near the school, I was out of 2—no one could go and 3 the phone, not surprisingly as it was the working day and everyone was busy. I decided to ask the lady to post the phone to my daughter. But when I sent her a text to ask if this would be OK, she replied, “We will 4 it and we're going to drive down to the boarding school tonight.” To my 5, this wonderful couple, who had already spent a busy day at work, was making a round trip on the night, 6 for returning a phone to a complete stranger. How touching it was!

I gave them directions and they 7 the phone into the hands of my daughter at her boarding house. The only word of an explanation was, “I've got children of my own, and I know how a mother 8.”

We had thought that the chance of getting back the phone was 9, but we got it back in such a short time. It was a wonderful reminder of the good in the world and how the actions of one person can 10 the world to another.

- | | | | |
|------------------|--------------|---------------|-------------------|
| 1. A. suggested | B. reported | C. explained | D. argued |
| 2. A. date | B. luck | C. work | D. control |
| 3. A. pick up | B. carry out | C. hand in | D. give away |
| 4. A. find | B. show | C. miss | D. take |
| 5. A. regret | B. surprise | C. amusement | D. disappointment |
| 6. A. especially | B. certainly | C. definitely | D. probably |
| 7. A. conducted | B. arranged | C. delivered | D. identified |
| 8. A. doubts | B. interests | C. predicts | D. worries |
| 9. A. free | B. slim | C. hard | D. fair |
| 10. A. tell | B. face | C. mean | D. join |

第二节 语法填空（共 10 小题；每小题 1.5 分，共 15 分）

阅读下列短文，根据短文内容填空。在未给提示词的空白处仅填写 1 个适当的单词，在给出提示词的空白处用括号内所给词的正确形式填空。请在答题卡指定区域作答。

A

The famous writer James Patterson donated \$1.5 million to launch a classroom program, 11 was designed to help poor children read more books. It aims to bring books to 32,000 poor children who are from kindergarten to eighth grade. Patterson 12 (donate) more than \$10 million to support literacy development since many years ago. He believes reading skills are important for the country. Patterson added, "the program will bring books to those schools and 13 (community) that need them the most, and that we haven't served before." The program has chosen a limited number of schools to take part this year but hopes to expand in the coming years.

B

Three-dimensional (3D) printing is now gathering steam. It is employed 14 (make) things ranging from orthopedic (矫形) implants to components for aircraft. The details are different according to the products and processes involved, 15 the underlying principle is the same. A layer of material is laid down and somehow fixed

in place. Then another 16 (put) on top of it. Then another. Then another. By 17 (vary) the shape, and sometimes the composition of each layer, objects can be crafted that would be difficult or impossible to produce with conventional techniques. On top of this, no material is wasted.

C

There are reasons to consider taking a break from social media. Firstly, when you stop to check social media, again and again, it becomes 18 form of multitasking, making whatever you do take longer. When you don't have to worry about your devices buzzing left and right, your productivity levels will shoot through the roof. Secondly, when people post something on social media, they tend to share only 19 they want others to see---the happy, exciting parts of their lives. This may seem harmless, but when you're seeing people only at their best, it's easy to feel like you're falling behind by comparison. Quitting online accounts can help block much of this social comparison, and you will end up feeling much 20 (happy) .

第二部分：阅读理解（共两节，38分）

第一节（共14小题；每小题2分，共28分）

阅读下列短文，从每题所给的A、B、C、D四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A

Dear Lora,

Greetings from the Harvard Graduate School of Education! As we begin recruiting (招收) talented students from different backgrounds for the 2019-2020 academic year, we would like to ask about your plans for graduate study and highlight some new developments on the HGSE Admissions website.

Apply to HGSE

We are pleased to announce that our online application is now live! You can access the form, requirements, and instructions on our website. The application deadline for the Doctor of Education Leadership (Ed. L. D.) is March 15, 2019, while the Master of Education (Ed. M.) deadline is April 5, 2019.

Doctor of Philosophy in Education (Ph.D.) HGSE and the Harvard Graduate School of Arts and Sciences (GSAS) additionally offer the students a Ph.D.in

Education. Applications for this research-based doctorate (博士学位) must be sent to GSAS by February 20, 2019.

Connect with HGSE

We have begun posting the schedule of our fall recruitment events on our website, the first of which is the New York City Idealist Grad Fair on Thursday, January 31. Please check our website for details about this and other off-campus and online information sessions. Note that we are continuing to add events as they are scheduled.

Update Your Communication Preferences

Please take a moment to update your information (e.g., contact info, program preference) to reflect any changes since you signed up initially, so that we may communicate with you in a way that best fits your needs.

If you're no longer considering HGSE for graduate study, click on the unsubscribe link at the bottom of this email message; you will no longer receive communications from the Admissions Office.

As always, you are welcome to contact us with your questions. We look forward to connecting with you in the near future and hope we will have a chance to read your application this spring.

Sincerely,

Julia Deland, Ed.M.

Director of Admissions

21. An application for Doctor of Education Leadership must be submitted by ____

A. April 5, 2019

B. March 15, 2019

C. January 31, 2019

D. February 20, 2019

22. In the email, Lora is advised to ____.

A. update her information

B. subscribe the email messages

C. post her schedule on the website

D. organize some activities for the fair

23. What is the purpose of the email?

A. To apply for positions.

B. To ask for suggestions.

C. To provide information.

D. To make recommendations.

B

Adam Zibluk is a 15-year-old Life Scout (童子军) in Troop 70 in Newtown, CT. He was also recently the Troop's Senior Patrol Leader, the highest ranking boy in the troop!



Last summer, he, along with 15 other boys from the Troop completed scouting's greatest adventure, backpacking over 50 miles in 7 days in the wilderness at the Philmont Scout Ranch in New Mexico!

While Adam's Scouting achievements are impressive on their own, his time in Scouts has not always been so easy. Adam has hemophilia, a medical condition that can cause severe bleeding from even a slight injury. And as a Boy Scout, spending much time out in the wilderness, it is quite common to get minor injuries. Because of his condition, Adam has had to miss some Scouting activities over the years.

The first few days of Adam's backpacking in Philmont went smooth. But on the 3rd day, while unloading his gear at a remote campsite, he felt a sharp pain in his back. Adam told the adult leaders about his back and that he was starting to not feel well. They made the decision to call Philmont base camp to seek medical attention.

It was getting dark and rain threatened. Two doctors set out into the night on backcountry roads and then hiked in the last 1/2 mile to find Adam. They did some tests and decided to take him back with them to base camp. It was a tough moment for Adam and for the rest of the scout crew. While Adam returned to base camp, the rest of the boys backpacked on. To encourage Adam, they took one of his shirts with them and took photos of it along the way, which they sent to him.

A few days passed and Adam was feeling better. The doctors cleared him to return to the backcountry! Finally, Adam finished the trek with his crew. He is now one of the only Boy Scouts with hemophilia to have ever participated in and completed a Philmont Trek.

What encouraged Adam to take on this challenge despite the risk? "I thought it would be fun and a good thing to do as long as I was prepared. And my parents have always encouraged me not to let hemophilia be the only factor in ANY decision."

24. What has stopped Adam from participating in some Scouting activities over the years?

- A. Inadequate trek experience. B. His fear of the wilderness.
C. Lack of camping skills. D. His health condition.

25. Why did Adam participate in this challenging activity?

- A. He had a love for it. B. He was eager to be a leader.
C. He wanted to set a record. D. His parents decided for him.

26. Which of the following words can best describe Adam?

- A. Athletic and ambitious. B. Considerate and fearless.
C. Courageous and determined. D. Confident and knowledgeable.

C

Do you listen to quiet music to help you wind down before sleep? However, this practice could be counter-productive, according to a new study by Michael K. Scullin and colleagues at Baylor University. The work, published in *Psychological Medicine*, found that bedtime music was associated with more sleep disruptions and that instrumental music is even worse than music with lyrics.

In the first study, 199 online participants living in the US reported on their sleep quality and music listening frequency and timing, as well as their beliefs about how this affected their sleep. Almost all—87%—believed that music improves sleep, or at least does not disrupt it. However, the team found that more overall time spent listening to music was associated with poorer sleep and daytime sleepiness. Just over three quarters of the participants also reported experiencing frequent “earworms”—having a song or tune “stuck” and replaying in their minds. A quarter reported experiencing these during the night at least once per week, and these people were six times as likely to report poor sleep quality. The team's analysis suggested that listening specifically to instrumental music near bedtime was linked to more sleep-related earworms and poorer sleep quality.

The team then ran an experimental study on 48 young adults. After arriving at the sleep lab at 8:45 p.m., participants went to a quiet bedroom, where they completed questionnaires that included measures of stress, sleep quality and daytime sleepiness. They also had electrodes applied, ready for the night-time polysomnography to record

their brain wave activity, as well as heart rate and breathing, and reported on how relaxed, nervous, energetic, sleepy and stressed they felt. At 10:00 p.m., they were given some “downtime”, with quiet music playing. Half were randomized to hear three songs while the other half heard instrumental-only versions of these same songs.

Participants reported decreases in stress and nervousness and increased relaxation after listening to either set of songs, and also showed decreases in blood pressure. So—as earlier studies have also suggested—quiet music at bedtime was indeed relaxing at the time. However, a quarter of the participants woke from sleep with an earworm, and the polysomnography data showed that instrumental versions of the songs were more likely to induce these awakenings as well as other sleep disruptions, such as shifts from deeper sleep to lighter sleep. Taken together, the findings represent “causal evidence for bedtime instrumental music affecting sleep quality via triggering earworms,” the team writes.

Why instrumental-only songs should have a bigger impact than music with lyrics isn't clear. The three songs used in this study were chosen because they were likely to be familiar. Hearing them without the lyrics might have prompted the participant's brains to try to add the words, which might have made earworms more likely. If this is the case, all instrumental music may not have the same effect. However, the data from the first study is consistent with the idea that instrumental music generally is more of a problem.

27. According to the passage, the participants in both studies _____.
- A. were required to listen to light music
 - B. felt their sleeping problems resolved
 - C. had their sleeping quality monitored
 - D. provided feedback on bedtime music
28. What does the underlined word “induce” in Paragraph 4 probably mean?
- A. Lead to.
 - B. Impact on.
 - C. Break in.
 - D. Focus on.
29. What can we learn from the passage?
- A. Earworms are mainly caused by music with lyrics.
 - B. Bedtime music leads to high blood pressure and anxiety.
 - C. Quiet music improves sleeping quality while loud music harms sleep.
 - D. Both familiar and unfamiliar instrumental music can cause sleeping problems.

30. The passage is mainly about _____.

- A. how instrumental music disturbs sleep
- B. the possible negative effect of bedtime music
- C. how people can improve their sleep quality
- D. differences between music with and without lyrics

D

Habits are a funny thing. We reach for them mindlessly, setting our brains on auto-pilot and relaxing into the unconscious comfort of familiar routine. “Not choice, but habit rules the unreflecting creatures,” William Wordsworth said in the 19th century. In the ever-changing 21st century, even the word “habit” carries a negative meaning.

So it seems contradictory (自相矛盾的) to talk about habits in the same context as innovation(创新). But brain researchers have discovered that when we consciously develop new habits, we create parallel paths, and even entirely new brain cells, that can jump our trains of thought onto new, innovative tracks.

Rather than dismissing ourselves as unchangeable creatures of habit, we can instead direct our own change by consciously developing new habits. In fact, the more new things we try, the more creative we become.

But don't bother trying to kill off old habits; once those ruts of procedure are worn into the brain, they're there to stay. Instead, the new habits we deliberately press into ourselves create parallel pathways that can bypass those old roads.

“The first thing needed for innovation is attraction to wonder,” says Dawna Markova, author of *The Open Mind*. “But we are taught instead to ‘decide’, just as our president calls himself ‘the Decider’.” She adds, however, that “to decide is to kill off all possibilities but one. A good innovational thinker is always exploring the many other possibilities.”

“All of us work through problems in ways of which we're unaware,” she says. Researchers in the late 1960s discovered that humans are born with the ability to approach challenges in four primary ways: analytically, procedurally, collaboratively(合作地) and innovatively. At the end of adolescence, however, the brain shuts down half of that ability, preserving only those ways of thought that have

seemed most valuable during the first decade or so of life.

The current emphasis on standardized testing highlights analysis and procedure, meaning that few of us use our innovative and collaborative ways of thought. “This breaks the major rule in the American belief system---that anyone can do anything,” explains M.J.Ryan, author of the 2006 book *This Year I Will...* and Ms. Markova’s business partner. “That’s a lie that we have preserved, and it fosters commonness. Knowing what you’re good at and doing even more of it creates excellence.” This is where developing new habits comes in.

31. Brain researchers have discovered that _____.

- A. the forming of new habits can be guided
- B. the development of habits can be predicted
- C. the regulation of old habits can be transformed
- D. the track of new habits can be created unconsciously

32. The underlined word “ruts” in Paragraph 4 is closets in meaning to _____.

- A. zones
- B. connections
- C. situations
- D. tracks

33. Which of the following statements most probably agrees with Dawna Markova’s view?

- A. Decision makes no sense in choices.
- B. Curiosity makes creative minds active.
- C. Creative ideas are born of a relaxing mind.
- D. Formation of innovation comes from fantastic ideas.

34. The purpose of the author writing this article is to persuade us _____.

- A. to give up our traditional habits deliberately
- B. to create and develop new habits consciously
- C. to resist the application of standardized testing
- D. to believe that old habits conflict with new habits

第二节（共 5 小题；每小题 2 分，共 10 分）

根据短文内容，从短文后的七个选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Voluntourism

Volunteering to help people in need combined with travelling to faraway places is a new trend in the travel industry. It is called voluntourism. 35 They find it is the best way to get the best of the world.

Recent statistics show that in the past few years voluntourism has been one of the fastest-growing areas of tourism. More than 1.6 million people around the world are volunteers in other countries. They help build schools, assist in hospitals and do farming work in developing countries. 36 They keep in touch with their host families after they return home, and many return to visit.

There are many reasons why people want to engage in voluntourism. When people choose to join a voluntourism program, they are joining a global network of volunteers who are living and working with diverse cultures on projects that have a positive effect. The volunteers come from all over the world, and they will share the passion for giving back and the desire to broaden horizons. Some students also see it as a gap year after school, while others simply want to take time out from a job and do something else. 37 However, many voluntourists do not see volunteering as what it is. They think it is a cheap way of travelling and don't really want to get involved in hard work.

While voluntourism has been around for over a century, modern volunteering started with the Peace Corps, a program that the US government started in the 1960s. From then on, voluntourism has become more and more popular. Many organizations start similar projects. 38 And they have hundreds of different types of programs for people to choose from in more than 30 developing countries. The programs run year round and each volunteer chooses when they want to start and the duration they would like to stay for.

39 They say that if people really want to help those in need, there are many opportunities in their own community to do this. On the other side, volunteers are often not skilled enough for the tasks that they do. Travel experts point out that in some cases voluntourists are often taken advantage of by the organization that sets up the trips.

- A. Not everyone sees voluntourism in a positive way.
- B. Some of them establish lasting bonds with people there.
- C. And there are those who are bored and merely seek adventure.
- D. Most voluntourism organizations employ people from similar fields.
- E. By participating in voluntourism, they are contributing to local economy.
- F. People travel to other countries, learn languages and gain new experiences.
- G. They offer voluntourism trips to suit people's interest, experience level or age.

第三部分：书面表达（共两节，32分）

第一节 阅读表达（共4小题；第40、41题各2分，第42题3分，第43题5分，共12分）。

阅读下面短文，根据题目要求回答问题。

Reading is one of the most critical activities anyone can engage in for his or her success in life. It is essential for both children and adults because it exposes an individual to new things and equips them to become effective problem solvers. Sometimes, reading ends being a hobby to many people, or even a career. It is from reading that exploration arises.

Reading forms a fundamental part of self-improvement. Through it, people become better in understanding the world around them. It is through this vital activity that people gain a deep understanding of specific topics that are of interest to them. For instance, one can read an article or any other piece of writing on how to improve one's self-confidence. It is thus through reading that it becomes possible for one to create a structured path towards better understanding of issues and well-informed decision making.

Further, reading is crucial as it helps one to prepare to take action. Usually, before taking an action on anything, one seeks guidance and help. Guidance can be obtained from people who have gone through similar situations. However, some people turn to reading as a source of knowledge and guidance about a situation. In the 21st century, guidance and help goes a long way in influencing decision making. For example, one can read on how to cook a meal, how to play football, or even the best places to go for a vacation. In such situations, reading helps people prepare before they take any significant steps.

It is also through reading that one may gain experience from other people. Since books and other reading materials are written by different people from varying backgrounds, reading exposes a reader to different experiences. Through such experiences, a reader may hasten their success towards a goal since they might avoid similar mistakes made by other people. Books contain successes, failures, and advice from different people and it is assumed that life is too short to repeat mistakes committed by other people in the past. In the case of success, one might read on the best ways to make money and avoid certain mistakes along this path. Learning about and getting to understand people who have succeeded is essential for someone who intends to follow the same path.

40. According to the author, why is reading essential for both children and adults?

41. How does reading help people to prepare before taking an action?

42. Please decide which part is false in the following statement, then underline it and explain why.

➤ *Through reading, people may learn about different stories and experiences, so they may repeat the mistakes made by other people in the past.*

43. Please present the benefits that reading has brought to you and give examples. (*In about 40 words*)

第二节 作文 (20 分)

假设你是红星中学高三年级学生李华。你得知首都博物馆正在招募寒假英文讲解的志愿者，向外国游客介绍中国历史文化。请你用英文给相关负责人写一封申请信，内容包括：

- 1、说明申请理由；
- 2、介绍自身优势；
- 3、希望能被录用。

注意：1、词数 100 左右；

2、开头和结尾已给出，不计入总词数。

Dear Sir or Madam,

Yours sincerely,

Li Hua

北京市第十三中学 2023~2024 学年第一学期
高三英语期中测试答案及评分标准

第一部分：知识运用（共两节，30分）

第一节 完形填空（共10小题；每小题1.5分，共15分）

1-5 CBADB 6-10 ACDBC

第二节 语法填空（共10小题；每小题1.5分，共15分）

11. which 12. has donated 13. communities 14. to make

15. but/yet/while/though/although 16. is put 17. varying 18. a

19. what 20. happier

第二部分：阅读理解（共两节，38分）

第一节（共14小题；每小题2分，共28分）

21. B 22. A 23. C 24. D 25. A 26. C 27. D

28. A 29. D 30. B 31. A 32. D 33. B 34. B

第二节（共5小题；每小题2分，共10分）

35. F 36. B 37. C 38. G 39. A

第三部分：书面表达（共两节，32分）

第一节 阅读表达（共4小题；第40、41题各2分，第42题3分，第43题5分，共12分）。

40. Because reading / it exposes an individual to new things and equips them to become effective problem solvers.

1. 内容：1分

2. 语言：错一处扣0.5分；语言错误扣分累计不超过1分

41. People may get guidance and help through reading books/from books before they take action/take any steps.

People may turn to reading as a source of knowledge and guidance about a situation before taking action.

评分标准（同40小题）

42. *Through reading, people may learn about different stories and experiences, so they may repeat the mistakes made by other people in the past.*

According to the passage, people may read different stories and gain different experience through reading and it helps people to avoid (repeating) the mistakes made by other people in the past.

- 1、划线：只划关键词 repeat 得 1 分；后半句全划也得 1 分
- 2、内容：符合文本语意 (avoid repeating) 得 1 分
- 3、语言：标准同上
43. 略。(附评分标准：)

分档		具体描述
一档	5 分	紧扣主题。语言准确、连贯，仅有个别错误。
二档	3-4 分	贴近主题。在准确性和连贯性上，有少量语言错误，不影响理解。
三档	1-2 分	和主题相关。语言上有大量错误，影响理解。
四档	0 分	所表达内容和主题完全不相关。或者仅孤立地罗列出和主题相关的个别单词。

第二节 作文 (20 分)

Dear Sir or Madam,

I have learned that English volunteer guides are wanted for the winter vacation. I am writing to apply for the position.

I am a Senior Three student of Hongxing Middle School. I will be available this winter and I believe I am qualified for the position. First, I can speak English fluently. I won the first prize in English Speaking Contest when I was in Senior Grade One. What's more, I was a volunteer at a language summer camp last year, so I have confidence in my communication skills in English. Besides, I have a passion for Chinese history, so I believe my knowledge will be helpful when introducing the culture to foreign guests.

I would be very grateful if you could offer me the opportunity. Thank you for your consideration.

Yours sincerely,

Li Hua.

分档	内容 (8 分)	语言 (8 分)	结构 (8 分)
一档 (6-8)	<ul style="list-style-type: none"> ● 内容完整 ● 详略得当 ● 表述与主题相关 	<ul style="list-style-type: none"> ● 语言准确，基本无语言错误 ● 句式多样 ● 语言表达基本得体 	<ul style="list-style-type: none"> ● 条理清晰 ● 结构合理。衔接自然，行文连贯。
二档 (3-5)	<ul style="list-style-type: none"> ● 内容基本完整 ● 表述与主题基本相关 	<ul style="list-style-type: none"> ● 语言有一些错误，但不影响理解 ● 句式有一定变化 ● 语言表达不太得体 	<ul style="list-style-type: none"> ● 条理基本清晰，结构基本合理。 ● 有一定衔接手段，行文基本连贯。
三档 (0-2)	<ul style="list-style-type: none"> ● 内容不完整 ● 表述与主题不太相关或完全无关 	<ul style="list-style-type: none"> ● 语言有大量错误，影响理解 ● 语言表达不得体 	<ul style="list-style-type: none"> ● 条理不清 ● 支离破碎

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