

英 语

考生须知

1. 本试卷共 10 页,共五道大题,39 道小题。满分 60 分。考试时间 90 分钟。
2. 在试卷和答题卡上准确填写学校名称、班级、姓名和准考证号。
3. 试题答案一律填涂或书写在答题卡上,在试卷上作答无效。
4. 在答题卡上,选择题用 2B 铅笔作答,其他题用黑色字迹签字笔作答。
5. 考试结束,请将本试卷、答题卡和草稿纸一并交回。

第一部分

本部分共 33 题,共 40 分。在每题列出的四个选项中,选出最符合题目要求的一项。

一、单项填空(每题 0.5 分,共 6 分)

从下面各题所给的 A、B、C、D 四个选项中,选择可以填入空白处的最佳选项。

1. My aunt lives in a big city, but _____ spends most of the weekends on a farm.
A. he B. it C. she D. they
2. The World Wildlife Day falls _____ March 3rd every year.
A. on B. by C. at D. in
3. — _____ do you volunteer in the care home?
— Once a week.
A. How far B. How many C. How much D. How often
4. —Carl, _____ you play the piano?
—No, I can't. But I am learning how to play it.
A. can B. must C. should D. need
5. Be careful, _____ you may cut your finger.
A. so B. or C. but D. for
6. Mount Hua and Mount Huang are both famous in China, but Mount Hua is _____.
A. high B. higher C. highest D. the highest
7. —Look! What are the children doing on the playground?
—Oh, they _____ volleyball.
A. will practise B. are practising C. practised D. have practised
8. Tom _____ to learn Chinese 3 years ago, and now he can speak it well.
A. begin B. will begin C. are beginning D. began
9. Every year, many people from all over the world _____ the Summer Palace.
A. visit B. visited C. have visited D. was visiting

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10. Mrs. Young _____ in Beijing since 2008. She loves this city.
A. lives B. was living C. has lived D. will live
11. Today, more and more families _____ to take part in community service.
A. encouraged B. encourage
C. were encouraged D. are encouraged
12. —Could you please tell me _____?
—Next Friday afternoon.
A. when you held the birthday party
B. when did you hold the birthday party
C. when you will hold the birthday party
D. when will you hold the birthday party

二、完形填空(每题 1 分,共 8 分)

阅读下面的短文,掌握其大意,然后从短文后各题所给的 A、B、C、D 四个选项中,选择最佳选项。

Sacrifice

We got a HUGE task in PE class. HUGE! This was so big that Mr. Dover was basing half of our grades on it.

Here was the task. We were divided into groups of 13. One person stood on one side of the gym, and the other three stood across from him or her. We had to get a baby doll across the gym floor to the fourth member on the other side. But we couldn't just walk across the gym floor because we had to pretend(假装) the floor was full of crocodiles. And the baby doll couldn't be dropped on the floor because we were supposed to pretend it was our most beloved baby. If the fourth member 14 to catch the baby doll, the team would not get any grade.



Many solutions we tried, but none of them 15 well without dropping the baby doll on the floor.

The class was almost over, but we were still not getting anywhere. And not even a team got any 16. Suddenly a word “sacrifice(牺牲)” on a poster caught my eyes. Then I had an idea.

I quickly gathered all the baby dolls of each team and handed them to my team members. Then I walked directly into the center of the gym. After that, I asked my team members to walk to Hudson, who was standing on the other side of the gym. With all the dolls getting across, all the groups could get grades.

I announced, “While all the crocodiles are busy 17 me, my team members could take all the baby dolls across the gym floor, and at the same time, all baby dolls will be safe and 18.”

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Mr. Dover was shocked. "Jamie, you are going to let the crocodiles eat you? Doesn't that mean you fail?"

"I already failed," I answered 19. "But now everybody else passes. And they can get their grades, right?"

Mr. Dover smiled. He said to the whole class, "She is right. The only solution to this task is for one member to 20 up everything for the rest of you. You got it, Jamie! And all of you will get A-plus!"

- | | | | |
|------------------|-------------|-------------|----------------|
| 13. A. two | B. three | C. four | D. five |
| 14. A. failed | B. decided | C. managed | D. refused |
| 15. A. developed | B. fit | C. appeared | D. worked |
| 16. A. praise | B. chance | C. grade | D. money |
| 17. A. eating | B. greeting | C. pleasing | D. touching |
| 18. A. strong | B. sound | C. popular | D. beautiful |
| 19. A. unhappily | B. calmly | C. angrily | D. regretfully |
| 20. A. put | B. save | C. pick | D. give |

三、阅读理解(每题2分,共26分)

阅读下列短文,根据短文内容,从短文后各题所给的A、B、C、D四个选项中,选择最佳选项。

A

Beijing is co-hosting the 2022 Winter Olympics and Paralympics with Zhangjiakou in Hebei province. From culture and food to tourism and the arts, we take you to some of the attractions in these areas for an unforgettable stay. Here are some of them.



The Beijing Winter Olympic Park is located in Shijingshan district along the Yongding River. It covers more than 11 km². Improvements to the park have helped the view along the waterway, linking railways and Shougang Industrial Park. The Shougang Big Air project is the highlight of it.

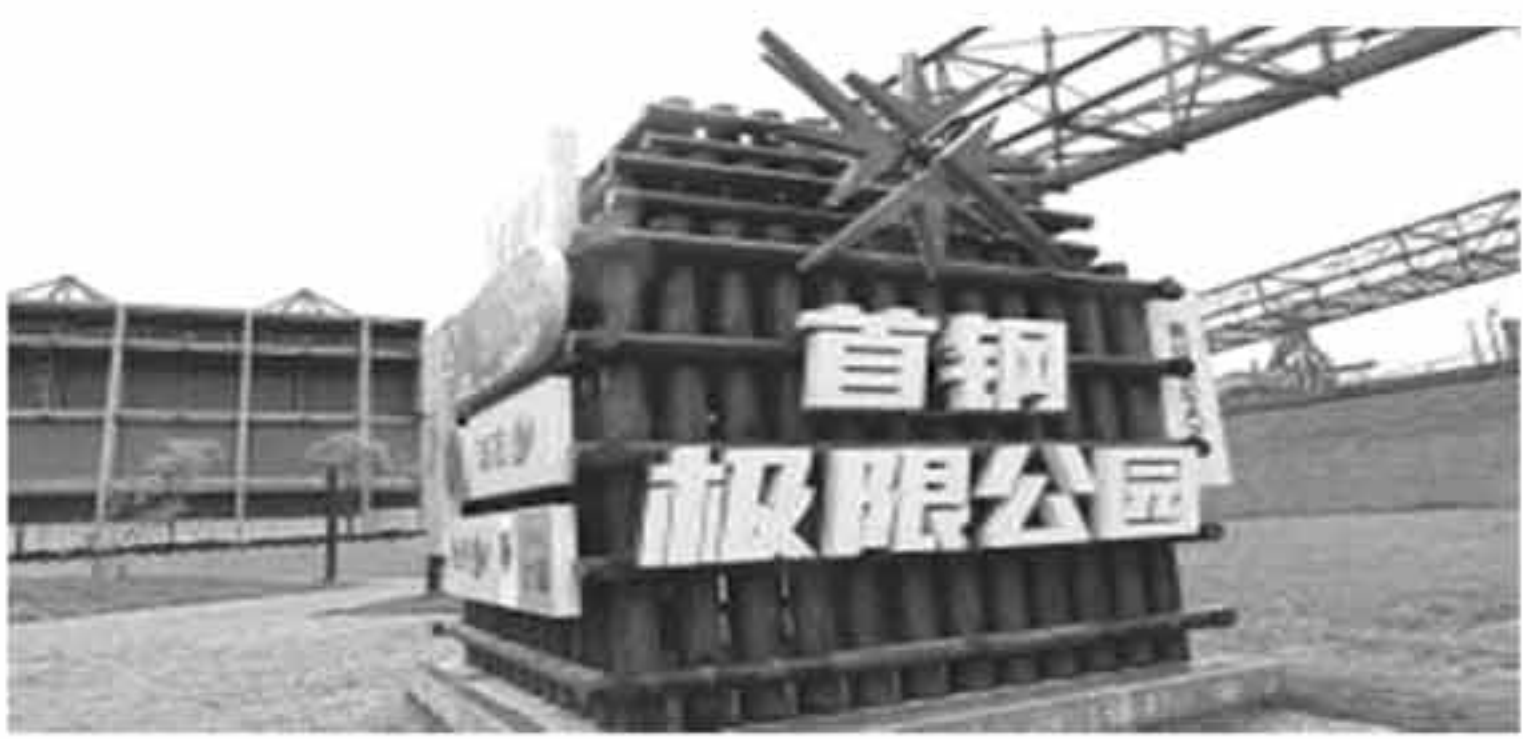


Shang Brew views both Xiuchi Lake and Shijingshan Hill. Visitors can enjoy a line of hand-made beers and a lot of delicious food. Old machines and other things from the old plant area greet visitors at the entrance, and the stage in the public area is used for live performances.

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Xinshougang Bridge in Shijingshan was named a 2020 Global Best Projects winner by US industry magazine *Engineering News-Record*. Its main bridge is some 640 meters long, with the widest part of the bridge surface getting to 55 meters. The bridge offers a breathtaking view to the visitors.



Kappa Shougang Infinite Park, Shijingshan, is a good place for extreme sports. The park's design still keeps the style of the old industrial site while making all kinds of fashionable sports buildings become a big draw for skateboarders.

21. What is the highlight of the Shougang Industrial Park?
- A. The Shougang Big Air. B. The waterway.
C. The railways. D. The Yongding River.
22. Which one is named a 2020 Global Best Project?
- A. The Shougang Big Air. B. Xinshougang Bridge.
C. Kappa Shougang Infinite Park. D. The Shang Brew.
23. All the attractions above are in the area of _____ .
- A. Yanqing, Beijing B. Shijingshan, Beijing
C. Zhangjiakou, Hebei D. Tangshan, Hebei

B

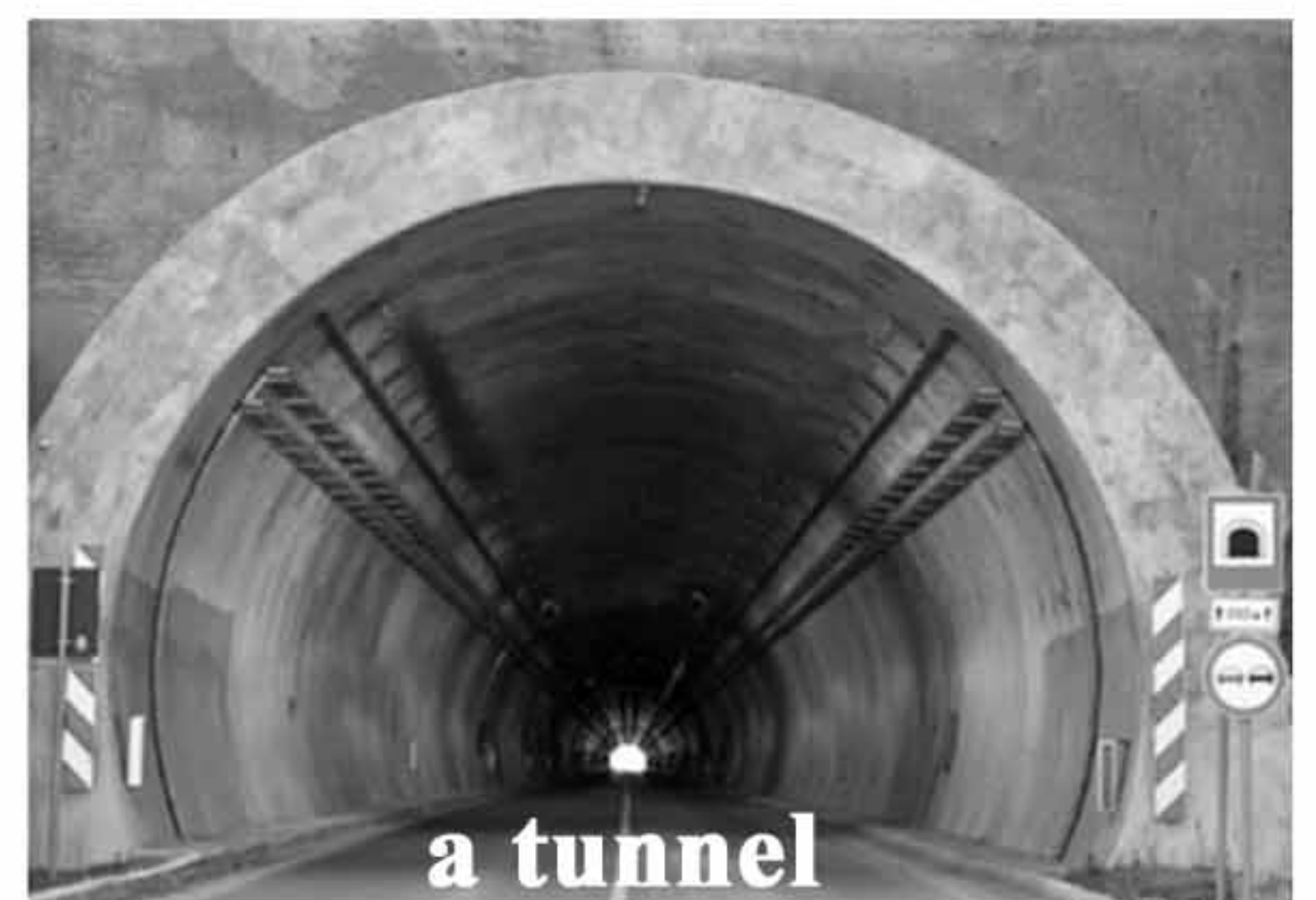
The Road Less Traveled

Pennsylvania is one of the oldest states in America, and it's full of mysterious places! One of those places is an old highway that hasn't been used for many years.

My dad loves history, and he learned that it was open to the public. So, when I was 14, we took a bike trip to explore this historic road!

My dad chose a 16-mile part of the road for us to ride. It included an old tunnel called Sideling Hill. This old tunnel is over a mile long!

To prepare, we checked our brakes (刹车) and made sure our bike lights had batteries (电池). My mom made us some sandwiches. She also gave us fruit and plenty of water. In the morning, we put our bikes into the trunk (后备箱) of the car. Then we set off.



After a two-hour drive, we reached the road. It was a cool afternoon in early fall. I didn't think we would be much too hot. But our trip started with a long uphill climb!

As we came near to the Sideling Hill Tunnel, I felt nervous as it was very dark inside! But my dad encouraged me. He said he would be right beside me. He reminded me to stay careful and keep my light on!

When we entered the tunnel, the sound of our bikes echoed (回响) through the darkness. The air smelled unpleasant, like wet mud. And I felt like I was being watched! I was pretty scared, but focusing on following my dad helped me relax. After riding half-way through, I could see light coming from the other end of the tunnel. That gave me courage to keep going. And I was so happy to ride out into the bright afternoon!

Whenever I am going through difficulties in life, I remember this trip. It reminds me that my father is always beside me. He turns on the light of hope in my heart. And he gives me courage to keep riding through life's dark tunnels.

24. Why did the father and son have the bike trip?

- A. Because the tunnel was famous.
- B. Because they both liked biking.
- C. To explore this historic road.
- D. To travel to unknown places.

25. What was the weather like that afternoon?

- A. Cold.
- B. Cool.
- C. Hot.
- D. Wet.

26. The writer remembers the trip because _____.

- A. it was his most scaring experience
- B. it was his first time to ride with his father
- C. he had an accident when riding through the dark tunnel
- D. his father's encouragement lit the light of hope in his life

C

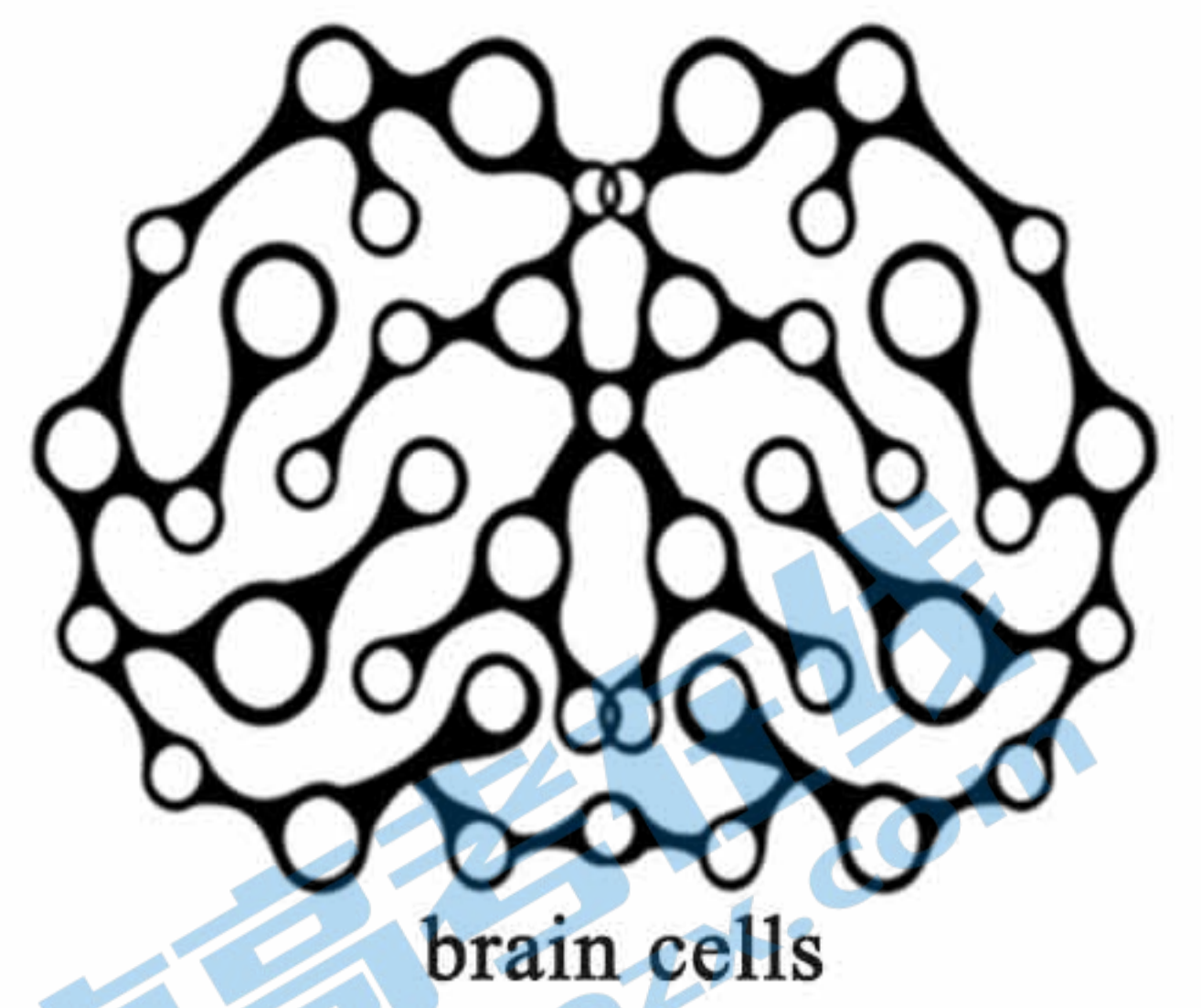
Get Stressed, Stay Young

For many years doctors have warned us about the dangers of stress and have given us advice about how to cut down our stress levels. Everyone agrees that long-term stress, for example having to look after someone who has a long-lasting illness, or stressful situations where there is nothing we can do, for example being stuck in a traffic jam, is bad for our health and should be avoided whenever possible. However, some medical experts now believe that certain kinds of stress

may actually be good for us. 北京高考资讯(微信号:bjgkzx), 获取更多试题资料及排名分析信息。

Dr. Kyriazis, an anti-ageing expert, explains that what he calls "good stress"

is beneficial to our health and may, in fact, help us stay young and attractive and even live longer. Dr. Kyriazis says that “good stress” can strengthen our natural defenses which protect us from illnesses common among older people, such as Alzheimer’s, arthritis, and heart problems. He believes that “good stress” can increase the production of the proteins (蛋白质) that help to repair the body’s cells, including brain cells.



brain cells

According to Dr. Kyriazis, running for a bus or having to work to a deadline are examples of “good stress”, that is, situations with short-term, low or middle level stress. The stress usually makes us react quickly and efficiently, and gives us a sense of achievement—we did it! However, in both these situations, the stress damages the cells in our body or brain and they start to break down. But then the cell’s own repair system “turns on” and it produces proteins which repair the damaged cells and remove harmful chemicals that can gradually cause disease. In fact, the body’s reaction is greater than what is needed to repair the damage, so it actually makes the cells stronger than they were before.

“As the body gets older, this self-repair function of the cells starts to slow down,” says Dr. Kyriazis. “The best way to keep the process working efficiently is to ‘exercise’ it, in the same way you would exercise your muscles to keep them strong. This means having a certain amount of stress in our lives.” Other stressful activities that Kyriazis suggests as being “good stress” include redecorating a room in your house over a weekend, packing your suitcase in a hurry to reach the airport on time, shopping for a dinner party during your lunch break or programming your DVD player by following the instruction manual(说明书).

So next time your boss tells you that she wants to see that report finished and on her desk in 45 minutes, don’t worry, just think of it as “good stress” which will have benefits for your long-term health!

27. Which of the following is bad for your health?
- A. Having to work to a deadline sometimes.
 - B. Having to face a difficult situation for a short time.
 - C. Having to look after someone who has been ill for a long time.
 - D. Having to redecorate your room in your house over just a weekend.
28. Which of the following tells the main idea of Paragraph 2?
- A. “Good stress” stops us from getting ill.
 - B. Young people suffer more from stress than older people.
 - C. How Dr. Kyriazis becomes so famous an anti-ageing expert.
 - D. Alzheimer’s is one of the illnesses many old people suffer from.

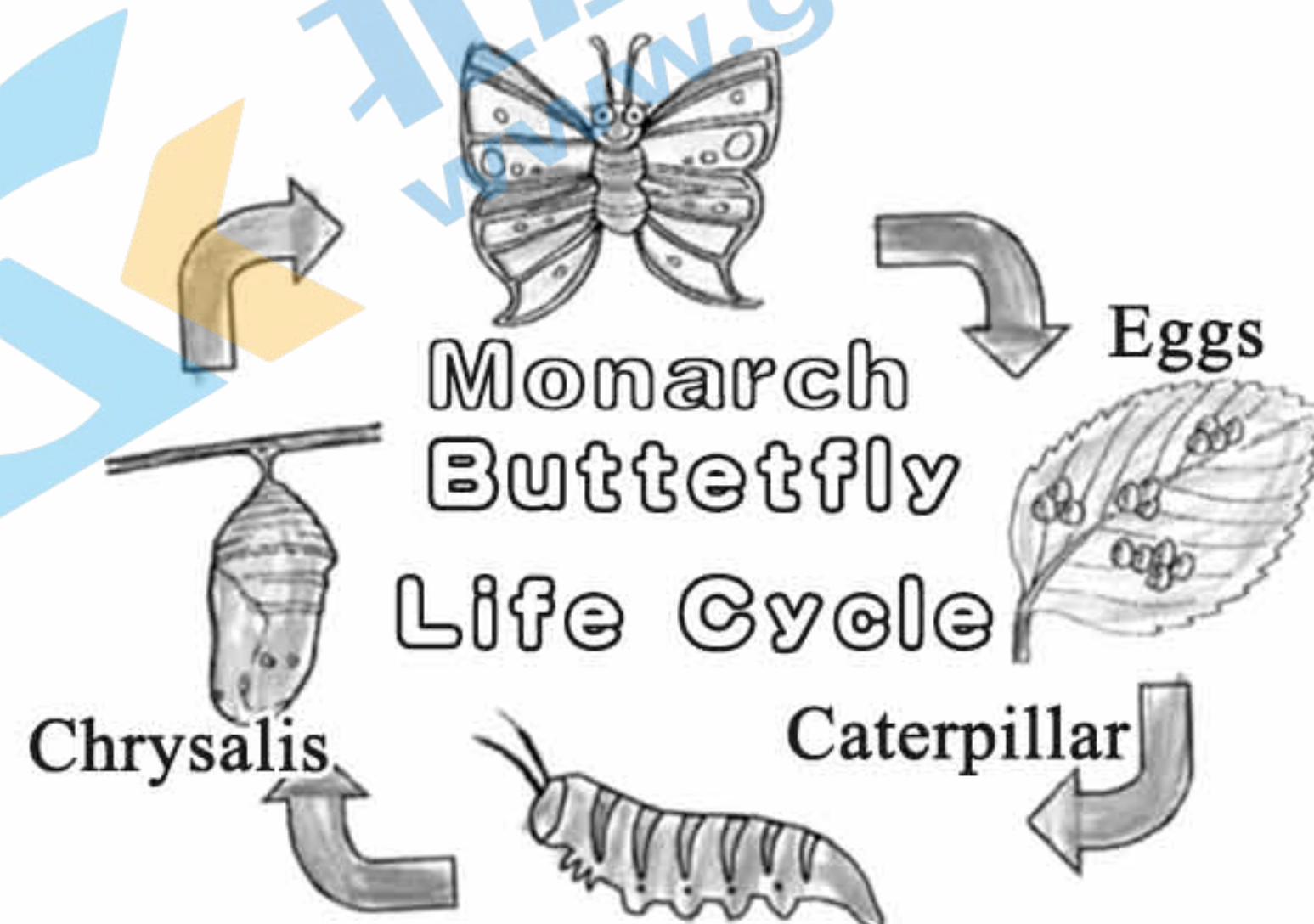
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29. What can we learn from the passage?

- A. Being in traffic jams is good for our health.
- B. Situations that produce bad stress are always short-term.
- C. People should avoid getting stressed as much as possible.
- D. Our bodies need some stress to exercise our self-repair system.

D

In the last 25 years, the populations of monarch butterflies have reduced by hundreds of millions, according to the *Wildlife Service's Species* report. The black and orange butterflies face insecticides (杀虫剂), loss of milkweed—the plant monarchs lay eggs on and the caterpillar's only food source, and habitat(栖息地) loss.



City people making a difference

The smaller population led Field Museum researchers in Chicago to ask: What makes a successful city monarch garden? Hasle, an ecologist at the Field Museum, and Karen Klinger, a geographer, are working to answer that question.

Many stops along the monarchs' migratory(迁徙) route are taking an all-hands-on-deck way to help out the butterfly, looking for more places where milkweed might grow. "We think, in one way, cities are providing an important place for a lot of insects," Hasle said. Although the project is still fairly new, there are already some findings. Unlike some other field work **derailed** by the COVID-19, the monarch project worked well with more people staying home to watch over their gardens.

According to the weekly reports participants(参与者) sent, more successful gardens had more milkweed and blooming plants or much larger fields. But Klinger said one participant with a single plant watched eggs change all the way to a chrysalis. So, she said, "You just need one plant."

32

In 2020, during the second season of the study, the number of caterpillars dropped, even though the number of participants more than doubled.

Chicago saw a hot, dry summer in 2020, which may have affected the health of the milkweed plants. In 2021, the reports out of Mexico noted illegal logging(非法砍伐), as well as trees hit by wind and drought. But they also said spring and summer weather conditions were hard for milkweed blossoms(开花) and egg development in the southern U. S. , which limited reproduction.

Not giving up

Now is the perfect time to start planning to plant some milkweed, Hasle and Klinger said.

“The best thing to do is what you can do,” Hasle said. “One milkweed plant in a pot on your window board is doing something.” “Probably it gives you something to look forward to during the boring winter in Chicago.”

30. What does the writer want to tell us in Paragraph 1?
- A. The life of monarch butterflies.
B. The plant monarchs lay eggs on.
C. The change of monarchs' populations.
D. The result of *Wildlife Service's Species* report.
31. The word “**derailed**” in Paragraph 3 probably means “_____”.
- A. completed B. improved C. influenced D. reduced
32. What's the best heading for Paragraph 5 and 6?
- A. **A great challenge** B. **Illegal logging**
C. **A bright future** D. **Fighting against drought**
33. What is the writer's purpose in writing this passage?
- A. To encourage people to keep more monarchs.
B. To warn people the danger of the loss of milkweed.
C. To advise people to grow more flowers in their gardens.
D. To call on people to provide a better environment for monarchs.

第二部分

本部分共 6 题,共 20 分。根据题目要求,完成相应任务。

四、阅读表达(每题 2 分,共 10 分)

阅读短文,根据短文内容回答问题。

Eating Disorders

An eating disorder is a kind of illness in which a person does not eat in a normal or healthy way.

In the United States, restrictions for COVID-19(新冠管控)are loosening, however eating disorder cases are on the rise. Experts warn that being alone and feeling anxious can increase the harmfulness of eating disorders.

“We are certainly seeing great increases,” said Jennifer Wildes who is an associate psychiatry professor(精神病学副教授) at the University of Chicago

Medicine. She told the reporter that some patients are waiting to five months to get mental health treatment and medical cares. Before COVID-19, she added, wait times were usually only a few weeks. Recently, Wildes' program treats about 100 patients. Before COVID-19, the number of patients was half that number.

Another treatment program for eating disorders at the University of Minnesota is experiencing the same thing. Daily calls to its program from people asking for treatment have doubled. In 2019, there were about 60 calls a day. "Since COVID-19 began, that number is up to 130 calls a day," said Jillian Lampert, who is one of the leaders of the program.

Because of COVID-19, some people make themselves eat a lot as a way to deal with the feeling of "out of control". Other people are doing the opposite of things. They are taking the message of "don't gain COVID-19 weight" too strictly. They are reducing their meals to the point of anorexia(厌食症). Bulimic(贪食) is also a kind of eating disorder. Bulimic people eat large amount of food and then force themselves to throw it up.

A study of electronic medical records from about 80 U. S. hospitals found a 30 percent increase of eating disorder starting after March 2020, compared with numbers from 2018 and 2019. The leader of the study, Dr. Dave Little said that the COVID pandemic has given society, and in particular young people, a lot of mental health difficulties.

Here are some signs of eating disorder from the U. S. National Eating Disorders Organization.

- ◎ Thinking about weight, body size, and food too much.
- ◎ Seem uneasy eating around others.
- ◎ Restrictions against types of food, for example, bread or sugar.
- ◎ Avoiding usual friends and social activities.
- ◎ Extreme change in mood and behavior.

34. What is an eating disorder?
35. What can increase the harmfulness of eating disorders?
36. How many patients does Wildes' program treat recently?
37. What are bulimic people like?
38. What do you think of eating disorders? What will you do?

五、文段表达(10分)

39. 从下面两个题目中任选一题,根据中文和英文提示,完成一篇不少于50词的文段写作。文中已给出内容不计入总词数。所给提示词语仅供选用。请不要写出你的校名和姓名。

题目①

假如你是李华,一名北京的初三学生。你和你的英国网友 Jack 正通过电子邮件交流你们最近的阅读情况:你最近读过什么作品,它主要讲述了什么内容,和你喜欢这个作品的原因。

提示词语:*Journey to the West*, *experience*, *adventure*, *interesting*

提示问题:

- What story/poem/novel have you read recently?
- What does it mainly talk about?
- Why do you like it so much?

Dear Jack,

I like reading very much. Recently I have read...

Looking forward to hearing about your recent readings.

Yours, Li Hua

题目②

“成功真正的秘诀是兴趣。”良好的兴趣爱好不但可以帮助青少年扩展知识面,也可以丰富他们的业余生活。假如你是李华,你们班下周一有一个英语主题班会。请用英文写一篇发言稿,向同学介绍你的兴趣爱好,你经常参加哪些相关的活动,以及你从中获得了什么益处。

提示词语:*singing*, *practise*, *art festival*, *happiness*

提示问题:

- What's your hobby?
- What kind of activities do you often take part in?
- What benefits do you get from it?

Hobbies are important for teenagers.

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