

姓 名 _____

准考证号 _____

绝密★启用前

湘 豫 名 校 联 考
2023 年 9 月 高 三 一 轮 复 习 诊 断 考 试 (一)
英 语

注意事项:

1. 本试卷共 12 页。时间 100 分钟, 满分 120 分。答题前, 考生先将自己的姓名、准考证号填写在试卷指定位置, 并将姓名、考场号、座位号、准考证号填写在答题卡上, 然后认真核对条形码上的信息, 并将条形码粘贴在答题卡上的指定位置。
2. 作答选择题时, 选出每小题答案后, 用 2B 铅笔把答题卡上对应题目的答案标号涂黑。如需改动, 用橡皮擦干净后, 再选涂其他答案标号。作答非选择题时, 将答案写在答题卡上对应的答题区域内。写在本试卷上无效。
3. 考试结束后, 将试卷和答题卡一并收回。

第一部分 阅读理解(共两节, 满分 50 分)

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Photography Contest

This one is for all the teen photographers out there! We want to see all of those fantastic photos that you're taking. More specifically, all those photos of places you had never seen or been to before! Challenge yourself to explore more of the world around you and take a picture of what catches your eyes!

Think you have a wonderful picture. Submit it to *Teen Ink*! We can't wait to see what you have in store for us. The winner and honorable mentions will be published in *Teen Ink* magazine. The overall winner will also receive a \$25 gift card!

英语试题 第 1 页(共 12 页)

Deadline :

Oct. 1st, 2023

Rules :

You must be a teen (aged 13 – 19) with a *Teen Ink* account to enter.

No inappropriate content.

Submissions must relate to the topic (location-based photography).

Guidelines and Details :

Submissions must be photographs.

There is no limit to the number of photos you can submit.

How to Submit :

Submit entries through our website. All entries submitted to *Teen Ink* are automatically considered for the contest. See our submission guidelines for more information.

Submit your work to the “Photography” category of *Teen Ink*. You can find this selection after selecting the initial “Art/Photo” submission type.

Include “New Place” in your submission’s tags(标签). You can do this by using the “additional tags” field in your submission form.

Prizes :

Winners and honorable mentions will have their photos published in *Teen Ink* magazine.

The overall winner will receive a \$25 Amazon gift card.

1. Which requirement should be met for a qualified entry?
 - A. The entry should be photos of places.
 - B. The entry should be a personal experience.
 - C. The entry should be submitted on Oct. 1st.
 - D. The entry should be taken by a member of *Teen Ink*.
2. What can we learn about the contest?
 - A. It offers cash prize.
 - B. It has age limit.
 - C. It is an annual event.
 - D. It charges a small entry fee.
3. What should you do to submit your entry?
 - A. Submit the entry in person.

- B. Limit the number of the entries.
- C. Add background information to the entry.
- D. Select the “Photography” category.

B

Upon discovering her grandma Georgie’s clothing sketches (草图) in 2021, Julia, a 27-year-old TikToker, barely knew how to sew clothes. Nonetheless, she decided to take it upon herself to make Grandma’s old designer dreams come alive. And it’s not surprising at all, then, that when Julia shared her hard work with her absolutely delighted Grandma, and later her followers — more than 21 million viewers tuned in to see what the most adorable version of Paris Fashion Week looks like. Oh, and what a sight it is.

When Julia first came across her grandma’s fashion design sketches that were almost three times as old as she is, she was attracted by them. So were her unexpected TikTok viewers, 2.7 million of them, who shared Julia’s appreciation of these drawings, leading to her first viral video. “I knew grandma was talented, but I was like, ‘Wow, these are really much better than what I was envisioning (想象) in my head’,” she told *Insider*.

Using material leftover from her grandmother’s collection of outdated fabrics, Julia has sewn many of the dresses Georgie envisioned. She notes that she doesn’t always follow her “grandma sketch”, as what looks good on paper might not translate onto the body. “Grandma encourages that,” Julia explains.

This ongoing intergenerational collaboration (合作) has led to an extremely popular TikTok series in which Julia shows Georgie what she’s created. It’s also sparked sweet conversations between the two of them, which are shared on video. “It’s a beautiful bonding experience between us that has made Grandma happy,” she said.

“Lots of people who are older and watch my videos say they love seeing someone younger appreciate something from their generation,” she said. “And then younger people see it and maybe they lost their grandparents, and they say seeing my videos reminds them of their grandparents,” said Julia.

4. What used to be Georgie's dream?
- A. To attend Paris Fashion Week.
 - B. To become a fashion designer.
 - C. To set up a fashion school.
 - D. To create a popular TikTok series.
5. What's Julia's way of sewing a dress?
- A. She makes it based on the latest style.
 - B. She makes it out of her own imagination.
 - C. She strictly follows her grandma's sketches.
 - D. She makes adjustments to her grandma's designs.
6. What has led to the popularity of Julia's works on TikTok?
- A. It bonds different generations.
 - B. It follows the latest fashion style.
 - C. It reminds its viewers of their duties.
 - D. It encourages people to make improvements.
7. What is Julia's tone like in the last paragraph?
- A. Regretful.
 - B. Objective.
 - C. Ambitious.
 - D. Relieved.

C

Barber poles are one of those symbols that everyone recognizes. The red and white stripes(条) around a pole outside a shop let everyone know that this is a good place to get a haircut.

While most everyone recognizes this symbol immediately, you might not know what it actually means. As it turns out, the meanings behind the barber pole and its colors have a rather gruesome history that may just surprise you.

Back in the Middle Ages, barbers did more than haircuts and shaves. Barbers also offered certain medical services, like bloodletting. Bloodletting was used to treat many diseases from the simple, like throat pain, to more dangerous illnesses like infectious disease.

Surgeons often wouldn't do "simple" tasks like bloodletting as they considered it too ordinary. So barbers took over the task, along with other

procedures like tooth extraction, and treatment for wounds and broken bones. In fact, barbers became known as “barber-surgeons” because of the broad range of services they offered. This continued until the mid to late 18th century, when treatments like bloodletting began to fall out of fashion.

At first, barber-surgeons advertised their services to a largely illiterate (文盲的) public by placing a bowl of blood in their windows. However, later a law banned this practice, which meant that barbers needed to find another way. Then the red-and-white striped pole rapidly became the symbol of barber-surgeons afterward.

According to historians, the red was meant to represent blood, while the white symbolized the bandages. The colors are wrapped around a stick because this represents the sticks that patients would hold in order to make the veins (血管) of their arms stand out. When the procedure was finished, barber-surgeons would wash the bandages, wrap them around the sticks, and place them outside to dry. In Europe, barber poles are red and white, so the blue stripe is a United States addition to represent the color of veins.

So next time you're heading to the barber, remember the history behind the colors of the pole.

8. What does the underlined word “gruesome” in Paragraph 2 probably mean?

- A. Embarrassing. B. Horrible. C. Glorious. D. Unforgettable.

9. What was included in barbers' services in the 17th century?

- A. Selling beauty products. B. Treating a toothache.
C. Performing big operations. D. Providing physical examination.

10. What can we know about the blue stripes around the barber pole?

- A. They were used to stop bleeding.
B. They were designed to calm patients.
C. They stood for the color of veins.
D. They can be found in Europe.

11. What can be the best title for the passage?

- A. What Is the Story behind Haircuts?

英语试题 第 5 页(共 12 页)

- B. Why Barber Poles Become Popular?
- C. What Is the History of Barber's Shop?
- D. Why Are Barber Poles Red, White and Blue?

D

Researchers of the University of Missouri analyzed survey data of 2,300 teachers from Missouri and Oklahoma who were asked to rate how stressed they were at work, if they found ways to deal with work stress and how satisfied they were with their jobs. The study found teachers who struggle to deal with the stress of their job report far lower job satisfaction compared to teachers who find ways to manage the pressure. While the findings were not particularly surprising, the study highlights how the ability — or inability — to deal with work stress can be a significant factor contributing to teacher burnout, which ultimately leads many teachers to leave the profession.

This research confirms that it is necessary to start devoting more time and resources to helping teachers identify and adopt healthy coping mechanisms(应对机制). Finding ways to relieve teacher stress and investing in ways to help them deal with stress in positive manners will pay back in not having to constantly hire and train new teachers all the time. In addition, keeping experienced teachers will likely benefit student achievement as well.

The researchers explained that positive, healthy coping mechanisms can be quick, easy and free. One healthy coping mechanism they suggest for stressed teachers is writing and delivering a short letter of gratitude to a colleague they enjoy working with. Simple things like increasing positive interactions with students and peers, improving classroom management skills, and avoiding gossip(闲话) at work can also help.

School principals, district superintendents and school administrators can all play a role in supporting stressed teachers who may be struggling to cope. They should communicate with teachers about their concerns, show empathy(共鸣) and check in on their health and well-being to show the care. The overall goal is to create school environments that allow teachers to develop and give them the tools they need to be successful.

12. Why is it necessary to adopt healthy coping mechanisms for teachers' stress?
- A. Because it can prevent teachers leaving the profession.
 - B. Because it helps to replace old teachers with new ones.
 - C. Because it could help reduce dropout rates of students.
 - D. Because it contributes to new teachers' train and development.
13. Which of the following disagrees with recommended healthy coping mechanisms?
- A. They are simple for most teachers.
 - B. They can take little time and money.
 - C. They involve many little everyday things.
 - D. They encourage communication of any kind.
14. How can educational administrators relieve the pressure on teachers?
- A. By setting up better working conditions for teachers.
 - B. By asking teachers to increase the student achievement.
 - C. By requiring teachers to adopt the latest teaching methods.
 - D. By ordering teachers to improve classroom management skills.
15. What is the text mainly about?
- A. Reasons for teacher burnout.
 - B. Ways to relieve teacher stress.
 - C. Skills for classroom management.
 - D. Paths of teacher professional growth.

第二节 (共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Benefits of Good Habits

Whether you realize it or not, your entire life is a sum of your habits. Some of these habits are good, some are bad, some are healthy, and some are not.

16 But what are the benefits of good habits?

Good habits help you to replace bad habits. The first step to enjoy the benefits of good habits is replacing your bad habits. 17 You can find yourself engaging them in without really thinking about them. Then try to kick the bad

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habits by forming good habits.

Good habits improve your mood. When you feel like you are working towards reaching your goals and bettering yourself, you will notice that your overall happiness level increases. 18 Rather than feeling stressed and anxious, a person who practices good habits becomes a more joyful person.

19 Daily life is filled with never-ending distractions (干扰). These make it hard to focus on important things. Try making small changes like deleting unnecessary apps on your phone. You will see a major positive impact on your productivity and efficiency.

Good habits increase your quality of life. Regularly practicing good habits increases your quality of life by helping you stay physically and mentally healthy. When you are an all-around healthy person, you will find yourself living your best life! And when you live your best life, you feel driven to pursue opportunities for personal growth. 20

Good habits can be tricky because they usually feel harder to start than bad habits. But the benefits show that the hard work is well worth it!

- A. Good habits exist in our daily life.
- B. When you feel happy, your overall moods change.
- C. Good habits increase your productivity and efficiency.
- D. Bad habits are all of the automatic negative behaviors.
- E. This is the best way to get your life quality improved.
- F. It goes without saying that bad habits can be harmful.
- G. This will in turn help you feel motivated to achieve your goals.

第二部分 语言知识运用(共两节,满分30分)

第一节 (共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

I was 13 years old when I started collecting. Seeing a friend's cool 21 of beer bottles, I wanted to start one of my own, but of what?

I 22 spent my few coins on candies. Then inspiration struck. Instead of

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23 those beautiful wrappers, I would save them. I'd 24 the Candy Wrapper Museum in my old age, where I hoped that they would one day be 25 as art and humor. It was 1977, and teenage me had that 26.

In 2002, 27 hit me again. Why wait until retirement? Why not open the museum right now on the Internet?

I began to prepare the project and when it 28, I had no expectations. Would anyone even be 29 in it? To my surprise, without any promotion, the 30 went viral, even getting selected as Yahoo's "Funny Site of the Week".

Many people wrote to me. One person said one of my 31 flooded his mother with emotion, providing her with the feelings of being a 32 girl again.

This is when I knew I was doing something 33. We think of collections as "things", but we also collect special moments that may not 34 in front of mind, but never fade from our hearts. A rush of joy returns when we 35 with them through objects of the past.

- | | | | |
|--------------------|----------------|------------------|----------------|
| 21. A. designs | B. pictures | C. caps | D. collections |
| 22. A. rarely | B. usually | C. immediately | D. equally |
| 23. A. relying on | B. hunting for | C. throwing away | D. packing up |
| 24. A. create | B. visit | C. serve | D. reserve |
| 25. A. called | B. described | C. defined | D. enjoyed |
| 26. A. ability | B. measure | C. plan | D. pressure |
| 27. A. news | B. inspiration | C. question | D. solution |
| 28. A. launched | B. responded | C. approached | D. occurred |
| 29. A. experienced | B. interested | C. abundant | D. engaged |
| 30. A. coin | B. wrapper | C. idea | D. site |
| 31. A. images | B. inventions | C. suggestions | D. speeches |
| 32. A. pretty | B. smart | C. creative | D. little |
| 33. A. interesting | B. new | C. important | D. impossible |
| 34. A. disappear | B. stay | C. switch | D. integrate |
| 35. A. reconnect | B. combine | C. finish | D. correspond |

英语试题 第 9 页(共 12 页)

第二节 (共10小题;每小题1.5分,满分15分)

阅读下面短文,在空白处填入1个适当的单词或括号内单词的正确形式。

Located in Shiyang, central China's Hubei Province, the Wudang Mountains are known for both their large ancient temples among the beautiful hills 36 Wudang martial(武术) arts.

This place often appears in various martial arts novels and films. Some scenes in the movie *The Karate Kid*, 37 (star) Chinese action star Jackie Chan, were shot at famous places among the mountains such as the Golden Hall and Nanyang Palace.

In December 1992, 38 ancient building complex at Wudang was listed 39 a UNESCO World Heritage Site because of the religious 40 (significant) and architectural achievements of the buildings within the complex.

“The ancient building complex in Wudang represents the 41 (high) standards of Chinese art and architecture over a period of nearly 1,000 years,” the UNESCO website says.

As the birthplace of Wudang martial arts, the Wudang Mountains have become a popular site for Wudang martial artists, 42 (especial) Tai Chi practitioners from China and abroad.

As early as 2007, along with the Great Wall, the Wudang Mountains 43 (include) in the top 10 most popular scenic spots in China that Europeans want to visit.

In recent years, exchanges between Wudang and overseas countries 44 (be) on the rise, paving the way for Wudang martial arts 45 (go) abroad.

第三部分 写作(共两节,满分40分)

第一节 (满分15分)

假如你是李华,你市举行了暑假“健步走活动月”,请你向学校广播站“学英语”栏目投稿,介绍你参加的体验和感受。内容包括:

1. 活动介绍;

2. 你的感受。

注意：

1. 词数为 80 左右；

2. 可适当增加细节，以使行文连贯。

参考词汇：健步走 sport walking

第二节 (满分 25 分)

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

You never know when a chance encounter will change your life. Sahil Singh certainly didn't expect anything to come from yet another delivery he was set to make less than a week ago with Swiggy, a food delivering service in India. Before the life-changing moment, however, came a series of events that had Sahil feeling hopeless. It all started when he moved home.

Years ago, this well-educated young man had a job that gave him a good salary, but his circumstances since the move have changed drastically. With no other job prospects, he began working for Swiggy, where he was barely making ends meet. In fact, he found himself in debt and without a car, a scooter, or even a bike.

Then, on the day of his chance encounter, Sahil found himself completely out of money. He spent the last of his money on his roommate, who had developed a serious disease, leaving him with nothing to pay the landlord. To make matters worse, he was given an order to deliver what would take him nearly two miles, all on foot.

As he worked hard to get the food delivered as soon as possible, the

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customer, Priyanshi Chandel, was waiting patiently for her ice cream. After 30 to 40 minutes, Sahil finally rang her doorbell. The state he was in left her shocked.

“I opened the door to see a young man panting for air, sitting on the staircase outside my flat,” Priyanshi said. “With all my alarms triggering (触发) within me, I asked him what happened.”

When given the opportunity to share his story, Sahil graciously took it. He recounted how he got to where he’s at today, including the fact that he had not eaten for a week and was, instead, getting by on water and tea.

Wanting to help, Priyanshi offered Sahil all that she could: a glass of water and some cash. But then, she thought of one more thing she could do that might help.

注意:

1. 续写词数为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

On LinkedIn, Priyanshi made a post all about Sahil and her encounter with him. _____

Priyanshi called out for help and folks listened! _____