

2023—2024 学年第一学期高一年级英语学科期中考试

考生须知	1. 本试卷分为试题、答题卡两部分，满分 100 分。考试时间 90 分钟。 2. 认真填写所在班级、姓名、学号。 3. 请用 2B 铅笔填涂机读卡，用黑色签字笔在答题卡上按要求作答。
------	--

第一部分：知识运用（共三节，31 分）

第一节 语音知识（共 6 小题；每小题 1 分，共 6 分）

请从每题所给的 A、B、C、D 四个选项中，选出每组中划线的字母或字母组合发音与其他不同的单词。

- |                    |                    |                 |                    |
|--------------------|--------------------|-----------------|--------------------|
| 1. A. <u>leaf</u>  | B. <u>pleasure</u> | C. <u>mean</u>  | D. <u>reach</u>    |
| 2. A. <u>class</u> | B. <u>rat</u>      | C. <u>fact</u>  | D. <u>bag</u>      |
| 3. A. <u>maths</u> | B. <u>with</u>     | C. <u>month</u> | D. <u>birthday</u> |
| 4. A. <u>noun</u>  | B. <u>south</u>    | C. <u>cloud</u> | D. <u>soup</u>     |
| 5. A. <u>near</u>  | B. <u>clear</u>    | C. <u>swear</u> | D. <u>spear</u>    |
| 6. A. <u>bike</u>  | B. <u>night</u>    | C. <u>slip</u>  | D. <u>idea</u>     |

第二节 完形填空（每小题 1.5 分，共 10 小题，共计 15 分）

阅读下面短文，从各题 A、B、C、D 四个选项中，选出可以填入空白处的最佳答案。

Love Is Blind: The Magic of Tabby

In October, 2003 I started my work at my local animal shelter's Adoption Department. Over the years, more than 50,000 animals have \_\_\_7\_\_\_ the doors of the shelter. Most of them, I do not remember. But occasionally there are special animals, who touch me so deeply that I could never possibly \_\_\_8\_\_\_ them. Tabby was one such animal.

Tabby was an ancient Cocker Spaniel, probably 14 years old. What's more, she was blind and deaf. Tabby's chances at adoption seemed remote at best. After all, we didn't have many adopters coming in asking, "Can you show me all of your really old dogs who are also \_\_\_9\_\_\_?" We had all thought that Tabby would live out the rest of her life at the \_\_\_10\_\_\_.

One day a woman named Loretta came to the shelter. Her son, Gary, had seen Tabby's picture

and stories on the shelter's website at home. They were interested in meeting her! It was the only enquiry we ever received about Tabby. What could a young child possibly see in a 14-year-old dog who was both blind and deaf? Most boys would want a dog who could grow with them and \_\_\_11\_\_\_ through grassy fields on summer days. Tabby would \_\_\_12\_\_\_ be able to do that. But after meeting her, Loretta and Gary decided that she was the right dog for their family. They adopted Tabby!

If Tabby's story had simply ended with her successful adoption, it would still have been something very special indeed. \_\_\_13\_\_\_, it was what happened after her adoption that people might regard as "magic". Gary \_\_\_14\_\_\_ from seizures(癫痫). Since Gary and Tabby met they became inseparable. They did everything together. They became so "in tune" with one another that Tabby began to telegraph Gary's seizures before they occurred, giving his family \_\_\_15\_\_\_ that one was about to strike. What's more, Gary seemed to be having fewer and fewer seizures since Tabby's arrival.

How could it be? Nobody could explain how Tabby did it. But those of us who were fortunate enough to know her and her family had \_\_\_16\_\_\_ the magic, the kind that has its roots in love.

- |                    |             |               |              |
|--------------------|-------------|---------------|--------------|
| 7. A. broken       | B. passed   | C. painted    | D. locked    |
| 8. A. recall       | B. leave    | C. forget     | D. abandon   |
| 9. A. stubborn     | B. active   | C. disabled   | D. patient   |
| 10. A. hospital    | B. shelter  | C. farm       | D. roadside  |
| 11. A. get         | B. run      | C. look       | D. break     |
| 12. A. often       | B. possibly | C. never      | D. generally |
| 13. A. However     | B. Moreover | C. Therefore  | D. Otherwise |
| 14. A. learnt      | B. suffered | C. heard      | D. differed  |
| 15. A. explanation | B. notice   | C. suggestion | D. warning   |
| 16. A. witnessed   | B. created  | C. achieved   | D. performed |

### 第三节 语法填空 (每小题 1 分, 共 10 小题, 共计 10 分)

阅读下列短文, 根据短文内容填空。在未给提示词的空白处仅填写 1 个适当的单词, 在给出提示词的空白处用括号内所给词的正确形式填空。

A

I had to choose extra-curricular activities, too. I tried to join the school football team, but the coach told me that I didn't play well enough. \_\_\_17\_\_\_ (Obvious), I was unhappy, but I won't quit. I \_\_\_18\_\_\_ (find) a way to improve on my own so that I can make the team next year. I joined a volunteer club instead. Every Wednesday, we work at a soup kitchen and hand out food to \_\_\_19\_\_\_ (home) people in the community.



B

The British must have really high standards. I was part of a student exchange programme between a university in England and my university in China. I had spent days in 20 (prepare) for my first English paper. I knew I did a good job and was looking forward 21 getting a positive comment. When I got the paper back, I found that my teacher 22 (write) the comment "Not bad!" Not bad? But there weren't any 23 (mistake) in my paper.

C

As we live in social groups, there 24 (be) many benefits of friendship that we can enjoy. Generally speaking, close friendships have three "fruits": they may comfort the heart, advise the head and help us achieve the goals we set for ourselves. Through friendship, we can become happier, wiser, and more 25 (satisfy) humans. It should be pointed that enjoying the company of a crowd is not the same as being with friends. So friends should be carefully chosen 26 relationships should be well developed.

(请务必将答案写在答题卡指定区域内)

第二部分 阅读理解 (共两节, 32分)

第一节: 阅读下面短文, 选出最佳答案。(每小题2分, 共11小题, 共计22分)

A

The Cambridge Science Festival Curiosity Challenge

Dare to Take the Curiosity Challenge!

The Cambridge Science Festival (CSF) is pleased to inform you of the sixth annual Curiosity Challenge. The challenge invites, even dares school students between the ages of 5 and 14 to create artwork or a piece of writing that shows their curiosity and how it inspires them to explore their world.

Students are being dared to draw a picture, write an article, take a photo or write a poem that shows what they are curious about. To enter the challenge, all artwork or pieces of writing should be sent to the Cambridge Science Festival, MIT Museum, 265 Mass Avenue,

Students who enter the Curiosity Challenge and are selected as winners will be honored at a special ceremony during the CSF on Sunday, April 21<sup>st</sup>. Guest speakers will also present prizes to the students. Winning entries will be published in a book. Student entries will be exhibited and prizes will be given. Families of those who take part will be included in celebration and brunch will be served.

Between March 10<sup>th</sup> and March 15<sup>h</sup>, each winner will be given the specifics of the closing ceremony and the Curiosity Challenge celebration. The program guidelines and other related information are available at: <http://cambridgesciencefestival.org>.

27. Who can take part in the Curiosity Challenge?

- A. School students.    B. Cambridge locals.    C. CSF winners.    D. MIT artists.

28. When will the prize-giving ceremony be held?

- A. On February 8<sup>th</sup>.    B. On March 10<sup>th</sup>.    C. On March 15<sup>th</sup>    D. On April 21<sup>st</sup>.

29. What type of writing is this text?

- A. An exhibition guide.    B. An art show review  
C. An announcement.    D. An official report.

B

What Theresa Loe is doing proves that a large farm isn't prerequisite for a modern grow-your-own lifestyle. On a mere 1/10 of an acre in Los Angeles, Loe and her family grow, can and preserve much of the food they consume.

Loe is a master food preserver, gardener and canning expert. She also operates a website, where she shares her tips and recipes, with the goal of demonstrating that everyone has the ability to control what's on their plate.

Loe initially went to school to become an engineer, but she quickly learned that her enthusiasm was mainly about growing and preparing her own food. "I got into cooking my own food and started growing my own herbs and foods for that fresh flavor," she said. Engineer by day, Loe learned cooking at night school. She ultimately purchased a small piece of land with her husband and began growing their own foods.

"I teach people how to live farm-fresh without a farm," Loe said. Through her website Loe said. Through her website Loe emphasizes that "anybody can do this anywhere." Got an apartment with a balcony? Plant some herbs. A window? Perfect spot for growing. Start with herbs, she recommends, because "they're very forgiving." Just a little of the herbs "can take your regular cooking to a whole



new level." She added. "I think it's a great place to start." Then? Try growing something from a seed, she said, like a tomato or some tea.

Canning is a natural extension of the planting she does. With every planted food, Loe noted, there's a moment when it is bursting with its absolute peak flavor. "I try and keep it in a time capsule in a canning jar," Loe said. "Canning for me is about knowing what's in your food, knowing where it comes from."

In addition to being more in touch with the food she's eating, another joy comes from passing this knowledge and this desire for good food to her children: "Influencing them and telling them your opinion on not only being careful what we eat but understanding the bigger picture." She said, "that if we don't take care of the earth, no one will."

30. The underlined word "prerequisite" is the closest with the meaning to "\_\_\_\_\_"

- A recipe                      B substitute                      C. requirement                      D. challenge

31. Why does Loe suggest starting with herbs?

- A. They are used daily  
B. They are easy to grow.  
C. They can grow very tall.  
D. They can be eaten uncooked.

32. According to Loe, what is the benefit of canning her planted foods?

- A. It can preserve their best flavor.  
B. It can promote her online sales.  
C. It can better her cooking skills.  
D. It can improve their nutrition.

33. What is the "the bigger picture" (Para. 6) that Loe wishes her children to understand?

- A. The knowledge about good food.  
B. The way to live a grow-our-own life.  
C. The joy of getting in touch with foods.  
D. The responsibility to protect our earth.

C

Most people have been taught that losing weight is a matter of simple math. Cut calories — specifically 3,500 calories, and you'll lose a pound. But as it turns out, experts are learning that this decades-old strategy is actually pretty misguided. "This idea of 'a calorie in and a calorie out' when it comes to weight loss is not only outdated, it's just wrong," says Dr. Fatima Cody Stanford, an obesity specialist at Harvard Medical School. The truth is that even careful caloric calculations don't always yield (产生) uniform results.

How your body burns calories depend on a number of factors. Three factors affect how your body processes (加工, 消耗) calories.

**Your gut microbiome (肠道微生物).** Trillions of organisms live in your gut, and the important types may influence how many calories your body absorbs from food. This may occur because some types of organisms are able to break down and use more calories from certain foods than other types of organisms. Researchers have found that people who are naturally thin have different types of organisms living inside them than those who are overweight.

**Your metabolism (新陈代谢).** Each body has a "set point" that governs weight, says Dr. Stanford. This set point reflects several factors, including your genes, your environment, and your behaviors. A region at the base of your brain stands guard to keep your body weight from dipping below that set point — which is not really a bonus if you're trying to lose weight.

**The type of food you eat.** Your food choices may also influence your calorie intake, and not just because of their specific calorie content. One 2019 study published in Cell Metabolism found that eating processed foods seems to spur people to eat more calories compared with eating unprocessed foods.

If counting calories isn't a dependable way to manage your weight, what can you do to shed extra pounds? Dr. Stanford recommends the following.

- Focus on diet quality. When planning your meals, focus on choosing unprocessed foods, including lean meats, whole grains, and lots of fruits and vegetables in their natural form.
- Exercise regularly. Aim to get at least 150 minutes of moderate-intensity exercise each week. Moderate exercise is done at a level where you can talk, but not sing.
- Consult a professional. "A lot of people believe it's a moral failing if they are unable to lose weight," says Dr. Stanford. But it's not. As with other medical conditions, many people will need help from a doctor. Successful weight loss may require more than just diet and exercise. "Only 2% of people who meet the criteria for the use of anti-obesity medications actually get them. This means that 98% of people who could be treated aren't," she says. "Don't be afraid to seek help if you need it."



34. What can we infer from Paragraph 1?

- A. Caloric calculations always lead to good results.
- B. Losing weight lies in losing caloric.
- C. The old theory about losing weight is wrong.
- D. If you cut 7,000 calories, you will lose 2 pounds.

35. The processing of calories is affected by how you \_\_\_\_\_.

- A. focus on the quality of your diet
- B. choose the types of food you consume
- C. adjust your brain to the "set point"
- D. reduce the organisms living in your gut

36. The underlined word "shed" in Paragraph 6 means "\_\_\_\_\_".

- A. weigh
- B. produce
- C. lose
- D. cost

37. It is implied in the passage that \_\_\_\_\_.

- A. a healthy lifestyle is key to weight loss
- B. losing weight can be double-edged
- C. healthy eating keeps you losing weight
- D. cutting calories is essential for weight loss

第二节（共5小题：每小题2分，共10分）

根据短文内容，从短文后的七个选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Shaw began losing his sight as a young man and had difficulty holding jobs due to his failing vision. 38 But Shaw said he couldn't bear to part with a dog and adjust to a new one, perhaps several times in his life.

Finally Shaw heard of a program about the tiny guide horses. Shaw learned that the horses are clean, friendly, and easy to train. They can be housebroken and learn to live in an urban setting, but they are best suited for suburban or rural homes. 39 This would enable Shaw to have the same guide companion for most of his life.

Shaw immediately applied to be and was accepted as the first person to receive a guide horse. He went to the Burlesons' farm to begin his training. 40 "It's like it was meant to be," he said.

As part of their training, Shaw and Cuddles learned to cross busy streets, step onto stairs, and find doorknobs and elevator buttons. Cuddles even showed his ability to step in front of Shaw and

block him, to prevent him from walking into a dangerous situation. \_\_\_41\_\_\_ When walking inside, Cuddles wears two pairs of tiny sneakers to prevent him from slipping on smooth surfaces.

\_\_\_42\_\_\_ They toured the crowded streets and attractions of New York City. They visited the Empire State Building, the Statue of Liberty, and even rode the subways. They got along without any difficulties and passed the exam successfully. Shaw is confident that Cuddles will change his life for the better. Years ago, he never would have imagined himself owning a guide horse. Sometimes, however, it is the less obvious choice that works out for the best.

- A. Shaw felt most satisfied with it.
- B. Eventually, they took the final test.
- C. Best of all, they live for 25–35 years.
- D. His friends suggested that he apply for a guide dog.
- E. The guide dog was so helpful while accompanying him.
- F. The little horse also expertly led Shaw through busy shopping malls.
- G. As soon as he met Cuddles, he knew he was making the right choice.

### 第三部分 书面表达(共三节, 37分)

#### 第一节 阅读与表达(共4小题;第43、44题2分, 第45题3分, 第46题5分, 共12分)

阅读下面短文, 根据题目要求用英文回答问题。请在答题卡指定区域作答。

We often hear about the negative aspects of anxiety, but could there be any advantages or benefits that come from living with anxiety? Anxiety is a feeling that is often characterized by intense fear and worry.

Many individuals with anxiety describe it as a feeling of nervousness and fear that can be distracting and all-consuming. It is typically experienced on many levels, affecting one's emotions and leading to uncomfortable physical sensations, and negative thoughts. However, have you ever considered some of the possible positive effects that may come with having anxiety? Scientists have learned that some degree of stress or anxiety isn't necessarily a bad thing. Good stress, something now referred to as eustress, keeps us motivated and excited about life. It appears that some degree of anxiety may have similar "silver linings".

Anxiety may be just the warning sign you need to bring awareness to your current situation and make some necessary changes in your life. For example, you may find that you have a friendship that is no longer working, or perhaps your job is causing a great deal of stress. Your anxiety can be difficult to manage, but exploring and coping with your anxiety can be a real opportunity for self-growth.



Anxiety may help you feel more motivated and prepared when faced with challenges. Research has shown that students and athletes who experienced some anxiety actually performed better on tests or in competitive sports. For instance, perhaps your anxiety assists you in putting extra effort into work or personal tasks, making a good impression, or moving towards your goals.

People who have dealt with anxiety may be more sympathetic and understanding to the problems that others face. Having gone through personal struggles yourself, you may be more sensitive, loving, and accepting when friends and family members are dealing with personal challenges.

Even though there can be some potential benefits to experiencing anxiety, it is worthwhile to point that it can also become a real challenge to many aspects of your life. If anxiety is preventing you from living the life you desire, then it may be time to get professional help.

43. What is anxiety according to the passage?

44. Why can students with some anxiety perform better on tests.?

45. Please decide which part is false in the following statement, then underline it and explain why.

➤ *Since there can be some potential benefits to experiencing anxiety, people should work hard to beat it, whatever anxiety they meet.*

46. How will you deal with anxiety in your life? (In about 40 words)

第二节 根据中文意思，用所给提示词翻译下列句子。(共5小题;每小题2分,共10分)

47. 我觉得大多数的同学和老师都很友善并乐于助人。(用SVOC结构)

\_\_\_\_\_

48. 有些学生甚至形成了网瘾。(become addicted to)

\_\_\_\_\_

49. 作为学生，你应当把注意力都集中到学习上。(concentrate on)

\_\_\_\_\_

50. 找到解决我的问题的方法真是一大挑战。(Finding a way...作主语)

\_\_\_\_\_

51. Mike 负责计划旅行。(be responsible for)

\_\_\_\_\_

第三节 写作 (共1小题, 15分)

52. 假如你是李华, 你的英国朋友 Jack 刚刚升入高中, 他一时无法适应新的校园生活, 写信向你征求建议。请你就此问题给他回一封信, 主要内容包括:

1. 不必过分焦虑;
2. 制定合理的学习计划;
3. 多与同学交流, 可以向老师求助。

注意: 1. 词数不少于 80。

2. 可以适当增加细节, 以使行文连贯。
3. 开头和结尾已经给出, 不计入总词数。

Dear Jack,

*I am sorry to hear that you are having trouble with your senior high school life.*

---

---

Yours,

Li Hua

(请务必将答案写在答题卡指定区域内)



# 北京高一高二高三期中试题下载

京考一点通团队整理了【**2023年10-11月北京各区各年级期中试题 & 答案汇总**】专题，及时更新最新试题及答案。

通过【**京考一点通**】公众号，对话框回复【**期中**】或者点击公众号底部栏目<**试题专区**>，进入各年级汇总专题，查看并下载电子版试题及答案！

