海淀区 2023 年高二年级学业水平调研

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本试卷共8页,共四大部分,58道题,满分100分。考试时长90分钟。试题答案一律填涂或书 写在答题卡上,在试卷上作答无效。考试结束后,请将答题卡交回。

第一部分: 听力理解(共三节,18分)

第一节(共4小题;每小题1分,共4分)

听下面4段材料。每段材料后有一道小题,从每题所给的A、B、C三个选项中选出最佳选项。 听完每段材料后, 你将有10秒钟的时间来回答有关小题和阅读下一小题。每段材料你将听一遍。

- 1. What's the man's dream job?
 - A. An actor.
- B. A doctor.
- C. A detective.
- 2. What does the man want to borrow from the woman?
 - A. A smart phone.
- B. Some money.
- C. A music player.
- 3. What does the woman prefer to do on rainy days?
 - A. Read books.
- B. Play with pets.
- C. Watch movies.

- 4. What will the woman probably do?
 - A. Buy a comfortable sofa.
- B. Add some decorations.
- C. Change the color of the room.

第二节(共10小题;每小题1分,共10分)

听下面 4 段材料。每段材料后有两道小题,从每题所给的 A、B、C 三个选项中选出最佳选 项。听每段材料前,你将有5秒钟的时间阅读每小题。听完后,每小题将给出5秒钟的作答时间。 每段材料你将听两遍。

听第5段材料,回答第5至6小题。

- 5. How does the woman usually have meals?
 - A. By cooking at home.
- B. By buying takeaways.
- C. By eating at restaurants.
- 6. Why does the man always buy takeaways on workdays?
 - A. Because he is tired of eating out.
 - B. Because he doesn't like cooking.
 - C. Because he comes late from work. 听第6段材料,回答第7至8小题。
- 7. Which airline will the woman probably choose?
 - A. Eastern Airlines.
- B. Southern Airlines.
- C. Spring Airlines.

- 8. Where will the man go for his holiday?
 - A. Zibo.

B. Dali.

C. Kunming.

听第7段材料,回答第9至10小题。

- 9. Where does the man work at the moment?
 - A. In a consulting department. B. In a marketing department. C. In an advertising department.

高二年級(英语) 第1页(共8页)

- 10. What's the probable relationship between the two speakers?
 - Consultant and client.
 - B. Employer and employee.
 - C. Interviewer and interviewee.

听第8段材料,回答第11至13小题。

- 11. What does the woman strongly recommend?
 - A. Avoiding mistakes.
 - B. Joining online study groups.
 - C. Writing down concepts every day.
- 12. What are the speakers mainly talking about?
 - A. Physics exams. B. Study performances.

C. Learning methods.

听第9段材料, 回答第13至14小题。

- 13. What can ABii do?
 - A. Encourage teachers. B. Cive lessons.
- C. Challenge students.

- 14. What is the speech mainly about?
 - A. How a robot teacher works.
 - B. What an AI math lesson is like.
 - C. Why a robot teacher is important.

第三节(共4小题;每小题1分,共4分)

听第 10 段材料,完成第 15 至 18 小题,每小题仅填写一个词。听材料前,你将有 20 秒钟的时间阅读试题,听完后你将有 60 秒钟的作答时间。这段材料你将听两遍。

Ways to Develop a Sense of Gratitude				
Keep a thankfulness journal	15 five things you're thankful for Reflect on the things you're grateful for			
Get a grateful partner Share your 16 with a friend and ask for help Ask him to remind you not to constantly complain				

第二部分:知识运用(共两节,20分)

第一节(共10小题;每小题1分, 共10分)

阅读下面短文,掌握其太意,从每题所给的 A、B、C、D 四个选项中,选出最佳选项,并在答题卡上将该项涂黑。

Sleepy-eyed, I arrived in Jordan just before midnight. Picking up the rental car, the agent mumbled (咕哝) something about a gas station. Trying to stay 19, I really didn't pay attention.

The next morning, I headed to the desert castle excitedly. While driving, I noticed that there wasn't a fuel gauge (指示器) on the dashboard. That was 20, but I didn't think twice about it. I had just got the rental so there would be plenty of fuel.

After passing numerous gas stations, I was finally in the open desert. Complete 21. And that's when my car suddenly came to a stop.

What?! In the middle of nowhere, I stared at the engine with no idea what to do. 22 seized me.

高二年级 (英语) 第2页(共8页)

Within 10 minutes, a Jordanian 23. He didn't speak English and my Arabic was limited. After 24 my car, he told me through hand gestures that I was out of gas. Who knew that rental cars didn't come with a full tank of gas there?!

The man 25 me to get in his car and drove to the nearest gas station to get extra petrol. We then got back to my car to put the gas in.

When I pulled out my wallet to pay him, he refused. My thanks, a smile, and one photo together were all he wanted. Before we fully <u>26</u>, he even followed me a bit to ensure that I was safely on my way even though it was not getting late.

Today, whenever I think of Jordan, this memory 27 comes to mind, and my heart swells with gratitude. It is the stranger who saved my trip and reminded me of the importance of 28.

19.	A. humble	B. awake	C. silent	D. calm
20.	A. unlucky	B. unsafe	C. odd	D. foolish
21.	A. isolation	B. damage	C. chaos	D. darkness
22.	A. Anger	B. Curiosity	C. Fascination	D. Panic
23.	A. turned over	B. pulled over	C. passed over	D. took over
24.	A. examining	B. repairing	C. stopping	D. moving
	A. required	B. encouraged	C. prepared	D. signaled
26.	A. talked	B. parted	C. engaged	D. understood
27.	A. hesitantly	B. gradually	C. instantly	D. randomly
28.	A. gratefulness	B. cautiousness	C. kindness	D. positiveness

第二节(共10小题;每小题1分,共10分)

阅读下列短文,根据短文内容填空。在未给提示词的空白处仅填写1个适当的单词,在给出提示词的空白处用括号内所给词的正确形式填空。

A

On Christmas, we stuck up a board displaying "A Merry Christmas", so did the enemy. 29 (climb) out of trenches, cheerfully, we consumed beer in temporary peace. We were fed up with this war. Then again, during Boxing Day, we both never fired a shot. They asked 30 we had enjoyed the beer. We 31 (reply) that it was great. Then we spent the whole day chatting with them happily. That evening we were replaced by other soldiers.

B

As schoolwork becomes more important, teenagers spend less time playing. However, being playful with friends and messing around with art and music are opportunities for teens to be mature. For one thing, making mistakes and learning from 32 (they) can help teens develop their talents, ideas, and personal identities. Also, playing 33 (offer) feelings of freedom and the mental health benefit of escaping from stress for even a few minutes. At every age, there is reason 34 (play).

C

More attention is being paid to the food astronauts eat. A lot of the food they eat __35_ (process) because it's simple to eat and easy to transport. Unfortunately, it is sometimes low __36_ essential micro-nutrients. Therefore, the International Space Station (ISS) used a growth room to grow vegetables to find out if it was possible to grow nutritious food in space. __37_ (surprise), the differences in nutrient content were not found between ISS-grown vegetables and ground-grown ones. It shows that it is possible for astronauts to eat the food __38_ is rich in nutrients.

高二年级(英语) 第3页(共8页)

第三部分: 阅读理解(共两节,30分)

第一节(共10小题;每小题2分,共20分)

阅读下列短文,从每题所给的A、B、C、D四个选项中,选出最佳选项,并在答题卡上将该项涂黑。

A

Our teen poetry workshops at Poets House are opportunities for writers in high school to create and explore poetry in one of the largest poetry libraries in the country. Young poets are given a chance to dig into the art and craft of poetry in a fun, creative and inspiring environment.

Online Video Workshops

Join Dave Johnson Workshop to write daily new poems in only 10 minutes. Click the banner for two series of video poetry workshops where poet, playwright and educator Dave Johnson chooses a poet each day, and takes us through a close reading of their work. He gives us an instruction based on their work, then a short biography and reads an additional poem. These workshops are fun and surprising, for teens through adults, free.



The Thompson Foundation Initiative

The highlight of our teen poetry workshop program is the Thompson Foundation Initiative, through which noted poets visit high school classrooms followed by free follow-up class visits to Poets House. Recent teachers have included Dave Johnson, Jive Poetic, and Mahogany Browne. This initiative is meant to increase access to poetic education for underserved schools and students by combining hands-on instruction from established poets with on-site visits to our extensive library. Students engage with poetry through reading, writing, and art projects that integrate the visual and linguistic.

If you are a teacher interested in this program, please reach out to Reggie Harris to arrange sessions for your class. Free class trips for all age levels are also available outside of this program.

Intensive Workshops for Teens

Advanced, individualized study is available periodically for students who want to continue writing poetry, through either our day-long or week-long intensive workshops.

- One-day workshops: Participation is free. All interested teens are encouraged to sign up.
- Week-long workshops: Participants are determined through an application process and an external judge; all interested high school students are encouraged to apply. Financial aid is available.
- 39. Teens can get to know one poet on a daily basis in

 A. Dave Johnson Workshop

 C. Jive Poetic Workshop

 B. the Thompson Foundation Initiative

 C. Jive Poetic Workshop

 D. Intensive Workshops for Teens

 40. In the Thompson Foundation Initiative, students can

 A. contact Reggie Harris to attend class trips

 B. visit Poets House with Mahogany Browne

 C. work one-on-one with established poets

 D. learn and enjoy poetry in diverse ways

 41. What do the workshops in the passage have in common?

 A. They are free of charge.

 B. They are for all age groups.

 C. They offer chances to write poems.

 D. They have famous poets as teachers.

高二年级(英语) 第4页(共8页)

Noodles can turn from white to purple to pink with the aid of red cabbage and lemon juice; a chocolatey "liquid" can be rolled like a solid. These are just a few of the edible (可食的) treats in The Kitchen Science Cookbook that kids can make from everyday kitchen ingredients. The book has non-edible experiments, too—volcanoes that erupt with lava made from baking soda and vinegar—and most recipes cost less than a dollar, says the book's creator, a nanotechnologist (纳米专家) and science communicator, Michelle Dickinson, known as Nanogirl.

Dickinson was inspired by a mother who told her she'd failed in science at school but wanted to develop a love of science in her own daughter. "Then the mother offered me a cake she'd made at home as a gift. I told her, 'You do use science—you baked this cake!' and she replied, 'No, that's baking, very different from science.' I said, 'Well, what happens if it doesn't rise enough? You use more baking soda and then turn the oven up higher ...' There was a real disconnection between what the mother was doing and the word 'science'."

So Dickinson spent three years using her kitchen as a lab, coming up with 300 experiments. She put a call-out online for recipe testers, "thinking I'd get about five of my friends with kids responding, but in 24 hours we had 2,000 applicants from 24 countries!"

In 2012, she was asked by TEDx to give a lecture on nanotechnology, where she presented herself as Nanogirl—a confident, smart, amazing superhero on stage. In last year's six-week nationwide tour, Nanogirl performed science stunts (特技表演) to thousands of kids, and trained 200 teachers in how to integrate science in the classroom.

Dickinson has got thousands of videos posted by children who've attempted the experiments she encourages them to try at home. "Then we have kids building all sorts of weird and wonderful things."

Now Nanogirl has gone global, with local versions surfacing in five countries and in four languages.

Dickinson self-published *The Kitchen Science Cookbook* as part of a pay-it-forward program, where for every book sold, a book will be donated to a library, school or community organisation. A Kickstarter fund helped pay for the printing. "I'm so grateful people believed in us."

- 42. Dickinson became a science communicator because _____.
 - A. her mother developed a love of science in her
 - B. she got inspired by her cake-baking experience
 - C. she noticed people were unaware of science in life
 - D. her kitchen experiments went popular on social media
- 43. What impact has Dickinson made?
 - A. 200 teachers have joined her to become nanogirls.
 - B. Nanogirls emerge following in her steps worldwide.
 - C. A few schools and libraries have been funded by her.
 - D. Many kids are encouraged to donate books to schools.
- 44. According to the passage, Dickinson is _____.
 - A. passionate and inspiring

B. creative and humorous

C. cooperative and generous

D. courageous and grateful

高二年级(英语) 第5页(共8页)

C

Hardly a day goes by without some new claim promising to bring us closer to the metaverse (元字亩) in the not-too-distant future. On hearing this, some will feel pure excitement, but others will feel unsure or downright opposed. Our habit in recent history has been looking down upon those with doubts on technological progress. It may be time to re-examine that.



metaverse

There has been a backlash to technology since historical

memories began. Every new form of communication has attracted criticism for increasing the pace of life. For example, people once feared that cars travelling at 20 to 30 miles per hour might rob their passengers of oxygen.

When we look back, contemporary resistance to technological advancement can look completely foolish, but often it isn't. The Luddites, for example, the destroyer of mill (作坊) machinery in the early industrial revolution, are generally referred to as a historical joke. But if we look at their real complaints, it wasn't some naive anti-progress movement; it was about economics. Cotton mills replaced skilled, home-based, independent work with lower-skilled work in a factory, accompanied by much less autonomy and much less pay.

The mill might have been more efficient and thus more profitable, but it would take decades of campaigning to distribute those gains even approximately fairly—with the birth of the trade union movement, the welfare state and more. So, was their resistance really so unreasonable?

While metaverse advocates would like to paint skeptics as simply rooted in the past, at least some doubts are well founded. The reasons to be cautious of the next wave of technology are varied. One is simply whether the technologies in question are where they are claimed to be. If the company has a habit of overpromising, few in the know will take its claims of inventions seriously.

Other more striking metaverse technologies rely on virtual reality, which still largely consists of heavy headsets and odd arm controls—all just to be able to operate an avatar through an awkward online world. VR has been "the next big thing" for decades and the public has consistently felt otherwise: there isn't much to do once you are there, the technology gives many people motion sickness and, perhaps most problematically of all, the whole thing just seems extremely silly. Another popular innovation, health tracking, hasn't caught the wider public by storm because many consumers worry about what will happen to their data.

There is much to anticipate as we bring online and offline worlds together. But we should learn not to dismiss concerns or caution about this, either. There are many rational reasons for people to take part in the techlash.

- 45. What does the underlined word "backlash" in Paragraph 2 most probably mean?
 - A. Exposure.
- B. Commitment.
- C. Opposition.
- D. Transformation.

- 46. What can we learn about the Luddites movement?
 - A. It contributed to the success of the industrial revolution.
 - B. It made lower-skilled workers replaced by mills.
 - C. It led to the birth of the trade union movement.
 - D. It was launched largely for economic reasons.

高二年级(英语) 第6页(共8页)

- 47. People are hesitant about the next wave of technology partly because they _____
 - A. are not interested in virtual reality
 - B. think some companies make overstatements
 - C. worry about the inaccuracy of their data collected
 - D. are embarrassed about wearing the awkward headsets
- 48. As for technological innovation, the author would agree _
 - A. enthusiasts are being unreasonable
 - B. the public should stay cool-headed
 - C. most of the criticism is groundless
 - D. people should welcome new technology

第二节(共5小题;每小题2分,共10分)

根据短文内容,从短文后的七个选项中选出能填入空白处的最佳选项,并在答题卡上将该项涂黑,选项中有两项为多余选项。

Digital Medicine

Could the next suggestion from your doctor be downloading an app? Collectively known as digital medicine, a large number of apps in use or under development can now detect or monitor mental and physical disorders or directly administer therapies. __49__

Many detection aids rely on mobile devices to record such features as users' voices, locations, facial expressions, exercise and sleep; then they apply artificial intelligence to mark the possible change of a condition. Some smart watches, for instance, contain a sensor that automatically detects and warns people of a dangerous heart rate. __50__ These wearable detection aids will not replace a doctor any time soon but can be helpful partners in stressing concerns that need follow-up. __51__ Some are being developed to detect things such as cancerous DNA, stomach bleeds, body temperature and oxygen levels. The sensors inside your body can then send the data to apps for recording.

52 For the most part, those intended to diagnose or treat disorders must be proved safe and effective in clinical trials and earn regulatory approval; some may need a doctor's permission.

Clearly, society must move into the future of digital medicine with care—ensuring that the apps go through strict testing, protect privacy and go smoothly into doctors' work. With such protections in place, healthcare costs could be saved by marking unhealthy behaviours and helping people to make changes before diseases set in. 53 For researchers, the patterns that emerge will provide them with novel ideas for how best to build healthier habits and prevent diseases.

- A. For doctors, applying AI to the data from these apps could help them personalize patient care.
- B. These data also help doctors detect diseases and help patients change their behaviors.
- C. Other similar tools can detect breathing disorders, depression and other conditions.
- D. They can both help diagnose symptoms and enhance traditional medical care.
- E. Detection aids can also take the form of eatable and sensor-bearing pills.
- F. Digital medicine has been widely used in all aspects of life nowadays.
- G. Not all healthcare apps can be used as digital medicine.

高二年级(英语) 第7页(共8页)

第四部分: 书面表达(共两节, 32分)

第一节(共4小题;第54、55题各2分,第56题3分,第57题5分,共12分) 阅读下面短文,根据题目要求用英文回答问题。

It is no secret that literary works, like many other pieces of art, are capable of making an emotional impact on their audience. One can say it is the ability to influence the reader's mood that makes a story good and memorable.

A writer can show the optimistic nature of a fictional character in a variety of ways. Creating a contrast between the main character's personality and external reality is among the most emotionally efficient means. Therefore, there is usually a juxtaposition (并存) between the imagined world of albook and readers' world around them.

At times when the world is "all over the place" and causes severe stress for people, having the chance to immerse (使沉浸) oneself into the fictional world and spend some time with the characters of the story can be a relief. For example, during the peaks of the pandemic when the news media was reporting high numbers of infected patients as well as spiking ICU rates, more and more people wanted to shelter themselves from the reality and take a break from it. While escaping the world around us is not realistic for a long time, having an opportunity to escape just for some time is a luxury that literature can offer.

There are a large number of books that offer the safe escape into a fictional world and teach their readers that there are no unsolvable problems. The adventures through which the reader goes together with book characters often provide teachable lessons and underline the importance of remaining optimistic. As mentioned by Montgomery in Anne of Green Gables, "Tomorrow is always fresh, with no mistakes in it yet." It illustrates that the characters of the book have made some mistakes and have harvested the consequences of them, but the next day is a new page with new opportunities.

- 54. What is one of the most emotionally efficient means in literature?
- 55. How can people get a relief when suffering from stress?
- 56. Please decide which part is false in the following statement, then underline it and explain why.
 - > The adventures in literature help readers find solutions to problems and realize the importance of optimism.
- 57. Apart from optimism, what other benefit(s) have you got from literature? Why? (In about 40 words)

第二节(20分)

假设你是红星中学高二(1)班班长李华。你校国际部学生 Jim 率队在"世界青少年机器人技能竞赛"中荣获一等奖。你打算邀请他在班会上做一次经验分享。请你用英文给他写一封邮件,内容包括:

- 1. 发出邀请;
- 2. 告知班会日程并建议分享内容。

注意: 1. 词数 100 左右;

2. 开头和结尾已给出,不计入总词数。

提示词: 世界青少年机器人技能竞赛 the World Adolescent Robotics Competition (WARC)

Dear Jim,

Yours, Li **H**ua

(请务必将作文写在答题卡指定区域内)

高二年级(英语) 第8页(共8页)

海淀区高二年级学业水平调研参考答案

2023.07 X.cc

第一部分: 听力理解(共三节,18分)

第一节(共4小题;每小题1分,共4分)

1. A 2. B 3. C 4. B

第二节(共10小题:每小题1分,共10分)

6. C 7. C 12. C 5. A 8. A 9. B 10. C 11. B 13. B 14. A

第三节(共4小题;每小题1分,共4分)

18. difficult 15. Record 16. target 17. Describe

第二部分:知识运用(共两节,20分)

第一节(共10小题;每小题1分,共10分)

20. C 21. A 22. D 24. A 19. B 23. B 25. D 27. C 28. C 26. B

第二节(共10小题;每小题1分,共10分)

29. Climbing /Having climbed

30. how (whether/if 可接受)

31. replied

32. them

33. offers

34. to play

35. is/has been processed

36. in

37. Surprisingly

38. which/that

(29 题和 37 题未大写首字母扣 0.5 分)

第三部分:阅读理解(共两节,30分)

第一节(共10小题;每小题2分,共20分)

共12分) 42. C 39. A 40. D 41. C 43. B 44. A 45. C 46. D 47. B 48. B

第二节 (共5小题;每小题2分,共10分)

49. D 50. C 51. E 52. G 53. A

第四部分: 书面表达(共两节, 32分)

第一节(共4小题; 第54、55小题各2分, 第56小题3分, 第57小题5分,

- 54. Creating a contrast between the main character's personality and external reality.
- 55. They can immerse themselves into the fictional world and spend some time with the characters of the story.

/By immersing themselves into the fictional world and spending some time with the characters of the story.

/Having the chance to immerse oneself into the fictional world and spend some time with the characters of the story can be a relief.

56.

The adventures in literature (help readers) find solutions to problems and realize the importance of optimism.

According to the passage, books can teach readers that there are no unresolvable problems.

According to the passage, the adventures through which the reader goes together with book characters often provide teachable lessons instead of finding solutions to problems.

57.

Through literature, I've learnt a lot and been inspired by the toughness of human beings. "A man can be destroyed but not defeated." This keeps encouraging me to brave all the difficulties in life and never stop striving for my goals.

第二节 (20分)

58. One Possible Version

Dear Jim,

Hope this letter finds you well. I'm more than excited to hear that your team has won the first prize in WARC. Congratulations!

I'm wondering whether you could share your valuable experience in our class meeting. As you know, many in our class are robotics-crazy and eager to compete on an international platform like you.

The class meeting is to be held in our classroom at 4:00 pm next Friday. We hope to hear how you prepared for the competition, the strategies you took, the challenges faced and the lessons learned. It'll be great if you give some personal advice to those who have already got to the final.

We'll be grateful if you are available for this meeting.

Yours,

Li Hua

英语录音文本

Text 1

W: Tom, what do you want to be in the future?

M: I wanted to be a detective in the past. But now I hope to be an actor.

W: Cool. What do your parents think about that?

M: My mom disagrees. She wants me to be a doctor.

Text 2

W: What's wrong, Jack?

M: Actually, I need your help. I borrowed Ricky's music player. But I broke it.

W: How can I help you?

M: I need £50 to buy him a new one. I'll pay you back by phone later.

Text 3

M: Look at the dark clouds. It's going to rain.

W: What do you usually do in the rainy weather?

M: I usually read books. But sometimes I play with my pets. What about you?

W: I'd rather watch movies on TV.

Text 4

M: Your room looks really nice.

W: Thanks, but I don't like my sofa. It's not comfortable and the color is unpleasant. What do you think?

M: Well, it isn't so bad. But you can put some colorful decorations on it.

W: Good idea. Maybe I should try that.

Text 5

- M: Time for lunch. By the way, do you cook much?
- W: Yes. I cook at home every day.
- M: So, do you ever eat out?
- W: I occasionally eat out during the weekend with my friends.
- M: That's really nice. I always buy takeaways but I'm tired of that.
- W: Why don't you cook or just sit and enjoy the food at the restaurant?
- M: Well, I do like cooking. During the weekends, I often make food by myself. But on workdays, I have to buy takeaways because I often come late from work.
- W: Sorry to hear that. If you like, you can come to my home for dinner tonight.
- M: I'd love to. Thank you so much.

Text 6

- M: Hi, Sophie, do you have any plans for the upcoming holiday?
- W: Yes, I'm going to Kunming next week.
- M: Awesome!
- W: I'll be there for a week and then take the train west to Dali.
- M: Will you be taking the train to Kunming too?
- W: No, I'm flying there. But I haven't decided which airline to choose yet.
- M: Well, Eastern Airlines and Southern Airlines are both popular, but Spring Airlines is cheaper.
- W: I don't want to spend too much, so I would probably go with the cheapest option.
- M: That makes sense. I'm also looking forward to my holiday in Zibo.
- W: Sounds great.

Text 7

- W: Good morning, Mr. Allen. Please have a seat.
- M: Good morning. Nice to meet you, Madam.
- W: Could you tell me who you work for at the moment? And how long have you worked there?
- M: I work for HUAWEI. I've been in the marketing department for the past six months.
- W: You know, this job requires a lot of travel. Have you done much traveling for business?
- M: Yes, the previous job required me to travel once a month.
- W: Ok. Have you worked in sales before?
- M: Yes. I spent a few years working part-time as an advertising consultant for schools offering summer language courses. My effort resulted in the increased registrations for all the schools I worked with.
- W: That's quite interesting.

Text 8

- M: Hello, Vivian.
- W: Hi, Chris. You look a bit down. What's up?
- M: I've been struggling with physics lately, especially with exams coming up. I've been impressed with your ability to learn physics so well. I admire you so much.

W: Well, it wasn't easy for me either. I had a hard time during Grade 10.

M: Oh? You too?

W: Yes. But luckily, I managed to get through it. At that time, I spent 15 to 20 minutes every day reviewing physics concepts. Whenever I was working on a problem, I would write down all the steps to catch my mistakes.

M: Those tips sound great. Thanks for sharing.

W: Also, I strongly recommend online study groups. Sometimes their explanations can be very helpful.

M: Wow, that's fantastic! I'll give it a try. Thanks, Vivian.

Text 9

Good evening, ladies and gentlemen. Welcome to our program. Today I'm going to tell you something about ABii, a robot teacher which helps students learn math. The high-tech teacher has a speaker and moves and dances depending on the answer of students. Its camera can notice changes in a student's attention. It also collects data on the progress and the degree of improvements.

Every lesson given by ABii begins with a short assessment. When students get a step wrong in the process, ABii provides feedback. It will explain why the right answer is correct, and use pictures to help students visualize the problem in stages. It will also give tips on how to find the right answer next time.

ABii celebrates and encourages every student after every lesson! Whether it's a dance party, guitar performance, or high-five, students will get very excited. They will leave every student feeling confident and ready to deal with the next challenge. That's definitely the best part!

Text 10

People who develop thankfulness tend to be happier and healthier than those who don't. Here are several ways to develop a sense of gratitude.

Firstly, keep a thankfulness journal. Record about five things you're thankful for every single day. These can be things as simple as "the sun was shining". Spend a little time each day reflecting on the things you're most grateful for. You may even find that you have more than five things.

Secondly, get a grateful partner. Choose a close friend to talk about the things you're grateful for. Then share your target with him, and ask for his help. Also, make it a person who can remind you when you constantly complain about things.

Thirdly, use the right words to describe life. You should understand that negative language can make a situation more difficult for you to be thankful. Including your thankfulness in your words to describe your life will be helpful.



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