

2022 北京汇文实验中学高三（上）期中

英 语

第一部分:知识运用(共两节, 30 分)

第一节 完形填空(共 10 小题;每小题 1.5 分, 共 15 分)

阅读下面短文, 掌握其大意, 从每题所给的 A、B、C、D 四个选项中, 选出最佳选项, 并在答题卡上将该项涂黑。

On a cold November morning, Wade MacKinnon hiked around Mermaid Lake. In the 1 on the shoreline, something moved slightly and caught his eye. 2, he approached to find a balloon stuck in the branches of a bayberry bush. When he untied the string, he found a piece of paper at the end of it which read, "Dear daddy.

I've been missing you so much since you passed away. November 29 is my 10th birthday, but I will never receive your greetings...

Daisy"

It finished with a mailing address, almost 3,000 miles away. With tears in his eyes, Wade thought, "Such a young girl having to deal with 3. It's awful!"

When back home, Wade placed the note in a drawer and 4 the balloon to the window of his room. Every day, the 5 of the balloon reminded him of little Daisy.

As the end of November was drawing nearer, Wade found himself thinking more and more about the poor girl. So he wrote a letter, put it into a birthday card and 6 mailed it with a book.

The 7 arrived just two days before Daisy's birthday. When she opened it and found the card, "For a Dear Daughter...", her heart 8.

"Happy birthday! I 9 to read your note, and feel sorry for you. I'm sure your daddy would want you to be happy. He loves you very much and will always be 10 you." Tears began to roll down Daisy's cheeks.

- | | | | |
|----------------|--------------|-------------|-------------|
| 1. A. sands | B. bushes | C. hills | D. rocks |
| 2. A. Curious | B. Anxious | C. Serious | D. Nervous |
| 3. A. anger | B. failure | C. mystery | D. death |
| 4. A. caught | B. presented | C. attached | D. related |
| 5. A. image | B. color | C. movement | D. sight |
| 6. A. eagerly | B. proudly | C. bravely | D. sadly |
| 7. A. prize | B. package | C. note | D. news |
| 8. A. froze | B. raced | C. sank | D. broke |
| 9. A. expected | B. decided | C. promised | D. happened |
| 10. A. saving | B. praising | C. blessing | D. changing |

第二节 语法填空(共 10 小题;每小题 1.5 分, 共 15 分)

A

阅读下列短文, 根据短文内容填空。在未给提示词的空白处仅填写 1 个适当的单词, 在给出提示词的空白处

用括号内所给词的正确形式填空。

A grand ceremony 11 (hold) on Feb 20 in Beijing to mark the closing of the 2022 Winter Olympic Games. The ceremony at the National Stadium also 12 (know) as the Bird's Nest, began with children dancing while holding snowflake-shaped lanterns. A traditional "Chinese knot" pattern 13 (appear) over the stadium before athletes entered the venue. The red Chinese knot was projected digitally into the sky, marking not only the 14 (connect) of China with the world, but also the Olympic spirit of togetherness.

B

阅读下列短文，根据短文内容填空。在未给提示词的空白处仅填写 1 个适当的单词，在给出提示词的空白处用括号内所给词的正确形式填空。

Have you ever thought about having another finger? Researchers at University College London have developed a robotic 3D-printed "third thumb". The thumb is worn on the side of the hand opposite the actual thumb. Volunteers wearing the third thumb could carry 15 (many) objects than usual, and hold and open a soft drink bottle 16 one hand. Also, human brains can adapt to the use of an extra thumb 17 (easy).

C

阅读下列短文，根据短文内容填空。在未给提示词的空白处仅填写 1 个恰当的单词，在给出提示词的空白处用括号内所给词的正确形式填空。

Marlee became deaf when she was one and a half years old. 18 she can't hear anything, she is positive towards life: "The only thing I can't do is hear." Her parents sent her to a public school, 19 Marlee got used to the life soon with the help of special programs.

The school helped her become the first deaf actress 20 (receive) an Academy Award. "I work every day to help people understand. Deaf people not only deserve respect, they deserve to be heard," Marlee said.

第二部分:阅读理解(共两节, 38 分)

第一节(共 14 小题;每小题 2 分, 共 28 分)

阅读下列短文，从每题所给的 A、B、C、D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A

You may have seen the term "bullet journal" floating around online, but what exactly is a bullet journal? This article will highlight the uses for a bullet journal and why they're great for people who wish to be more organized.

What is a bullet journal?

A bullet journal is a planner system which allows you to plan for the future, track the past and keep your life organized with lists separated by bullet points. It is a place for you to create clear, yet simple to-do lists and a place to keep a note of your life goals and aspirations.

What does it help with?

A bullet journal is perfect for people who like writing lists to keep themselves organized. They're great for doing as a hobby and you can get creative with the way you present your lists. They're also perfect for people who constantly write down to-do lists or make hand-written notes.

Why is it important?

A bullet journal is important because we all feel better when our life is organized. Organization can reduce stress and make you happier. Having your life in order, you will know exactly what you have to do every day so that you can remember all of your life goals.

How to create a bullet journal?

The instructions will help you embark on your bullet journal.

Step 1. Find or buy a blank notebook

Any notebook with blank pages will do because if you are someone who is creative and artistic, you can decorate the notebook any way you like.

Step 2. Find or buy pens

It's best to start off simple and choose a pen that you find easy to use and that you would feel comfortable writing with every day.

Step 3. Monthlies

In this section, you can put a list of important dates for that particular month.

Step 4. Dailies and Weeklies

Put all of your daily or weekly tasks in this section so that you don't forget anything that you have to do during that day or week.

Step 5. Life Goals

Keep a life goals section. This can include different collections of goals, such as career, relationships, places you wish to visit and so on.

Now start your bullet journal!

21. Bullet journals are intended for those who hope to _____.

- A. keep life in order
- B. lead a relaxing life
- C. highlight their progress
- D. reduce their workload

22. Keeping bullet journals helps people _____.

- A. develop artistic taste
- B. get rid of stress
- C. build a better mood
- D. give up a hobby

23. Which of the following is most likely to be included in a bullet journal?

- A. Weekly expenses.
- B. Appointments with a dentist.
- C. Weather forecasts.
- D. Passwords to your computer.

B

Recycling Electronic Waste

When Alex Lin was 11 years old, he read an alarming article in the newspaper which said that people were burying old computers in backyards, throwing TVs into streams, and dumping (丢弃) cell phones in the garbage. This was dangerous because e-waste contains harmful chemicals that can leak into the environment, getting into crops, animals, water supplies—and people.

Alex was really worried and decided to make it next project for WIN—the Westerly Innovations Network. Alex and six of his friends had formed this organization to help solve community problems two years before.

But what could they do about this project with e-waste? The team spent several weeks gathering information about the harmful chemicals in e-waste and their effects on humans. They learned how to dispose (处置) of e-waste properly and how it could be recycled. Then, they sent out a survey and found only one in eight knew what e-waste was, let alone how to properly dispose of it.

Alex and his friends went into action. They advertised in the local newspaper and distributed notices to students, asking residents to bring their unwanted electronics to the school parking lot. The drive lasted two days, and they collected over 9,500 kilograms of e-waste.

The next step was to set up a long-term e-waste drop-off center for the town. After some research, they'd learned that reusing is the best way to deal with electronic devices and it is seven times more efficient than recycling. So, they began learning to refurbish (翻新) computers themselves and distributed them to students who didn't have their own. In this way, they could help students in the area and protect the environment at the same time.

For a lasting solution to e-waste, the drop-off center wasn't enough. Laws would have to be passed. In 2016, WIN helped push for an e-waste bill in their town, which required companies that manufactured or sold electronics to take back e-waste. The bill clearly forbids the dumping of e-waste.

Because of the work of WIN, more and more people, like Alex and his team, are getting the message about safe disposal of e-waste. As Alex says, "Today's technology should not become tomorrow's harmful garbage."

24. What was Alex's worry after he read the article?

- A. The littering of e-waste.
- B. The recycling of plastic.
- C. The change of environment.
- D. The overuse of old computers.

25. What did Alex do to start the project?

- A. Set up WIN.
- B. Collect information.
- C. Ask friends for help.
- D. Carry out a survey.

26. Which can best describe the way Alex and his team did their work?

- A. Traditional.
- B. Competitive.
- C. Scientific.
- D. Convenient.

27. What message does the story convey?

- A. There is no end to perfection.
- B. Success comes through failure.
- C. Every positive attitude has a reward.
- D. Young people can make a big difference.

C

Creativity Improves Your Health

Creativity helps us create works of beauty, solve problems, and refresh our bodies and our minds. It's fun. When you are having fun, you are positively impacting your health. Studies show that engaging in creative behaviors improves brain function, mental health and physical health.

You've probably heard of flow — it's the state you get in when you're completely absorbed in something. Have you ever been working on a project and completely lost all sense of self and time? That's flow. It reduces anxiety, boosts your mood, and even slows your heart rate.

It's not just being in flow that makes you happy. Repetitive creative motions like knitting, drawing, or writing help activate flow, and are all tasks that create a result. When you succeed in creating a result, your brain is flooded with **dopamine**, a natural anti-depressant that actually helps motivate you, whether or not you're aware of your increased happiness.

Creativity is also an effective treatment for patients with dementia — a serious illness of the mind. Studies show that creative engagement not only reduces depression and isolation but can also help people with dementia by sharpening their senses.

The average person has about 60,000 thoughts in a day. A creative act such as crafting can help focus the mind, and has even been compared to meditation due to its calming effects on the brain and body. Even just gardening or sewing releases dopamine.

Creativity reduces anxiety, depression and stress. Studies have found that writing helps people manage their negative emotions in a productive way, and painting or drawing helps people express their mental injury or hurtful experiences that they find too difficult to put into words.

Studies show people who write about their experiences daily actually have stronger immune system function. Writing, a creative work, increases your CD4+ lymphocyte count, the key to your immune system.

Playing music can also function well in your immune system. Studies show that our left brain is responsible for the motor functions, while our right brain focuses on melody. When the two parts work together, our cognitive function improves.

It's pretty amazing that doing the activities is good for us. Get a pen and start writing or coloring. Get your hands dirty with pottery or gardening or pick up an instrument. Whatever you decide to do, it's time to start getting creative!

28. Which situation shows that you are in flow?

- A. You are working with a difficult task. B. You are having a boring repetitive action.
C. You get lost and don't know where to go. D. You are absorbed in a work that interests you.

29. The underlined word "dopamine" in Paragraph 3 is probably _____.

- A. an awareness of how to be successful
B. a thought having calming effects on the brain
C. an activity to fight against your negative emotions
D. a material for the functioning of the nervous system

30. What can we learn from the passage?

- A. Repetitive actions can cure patients with mental diseases.
B. Creative activities help you build a stronger immune system.
C. Meditation makes your anxiety, depression and stress disappear.
D. Telling others your hurtful experiences helps improve your health.

D

A Bridge Linking Art and the Audience

According to a 2018 report, people aged between 16 and 24 make up about 15 percent of the population but only 10 percent of museum-goers. Similarly, people aged over 35 go half as much as you would expect from their population size. We have reached the point of recognising the disconnection between art and the audience but

haven't yet determined how to bridge the gap. Two answers to tackling this challenge lie in telling a greater diversity of art histories and communicating these stories in more accessible ways.

In 2018, a radio program called Art Matters was started with the aim of discussing art from a pop-culture viewpoint with topics that would engage younger and more diverse audience. It offers an accessible pathway to art history with conversations on different topics. Art history is about storytelling; art content shines when there is an effort to bring audience along for the discussion.

More traditional institutions are paying attention. Recently the Getty Museum issued a social-media challenge for people to recreate paintings using items they had at home. Users displayed incredible creativity, and the museum was flooded with submissions. This reaction proves that there is a potential desire for the audience to engage with art topics if the format is appealing. Since many people feel intimidated and think that there's a base level of understanding required to join the conversation, the Getty initiative serves as a reminder that there are many pathways to engaging with it.

Another result of the Getty challenge was the exposure given to a diversity of artworks. The famous opera singer Peter Brathwaite, for example, made scores of attractive recreations highlighting centuries of black paintings. His efforts opposed the idea that there were not many historical paintings of black figures. It is extremely important that we do a better job of showing the complex and diverse stories that are represented in art.

Social media have offered a platform for people who have not traditionally had a seat at the table. Anyone can recognise a gap in the field and address it. Accounts have gathered tens of thousands of followers. They are the proof that there is hunger to hear these art histories, and these themes work brilliantly for museum programming.

But there is only so much that can be done without the museums and galleries changing meaningfully from within. We need to see a better balance of these stories represented in permanent collections. We also need a much wider diversity of people and interests represented on board. Ensuring that art-and writing and talking about art-is able to continue on the rising generation of storytellers, inside and outside of institutions, getting the funding and support they need to paint a brighter picture for the part.

31. What challenge is the author trying to tackle?

- A. People doubt a great diversity of artworks.
- B. Fewer and fewer young people go to museums.
- C. Art appears too distant from common audience.
- D. Adult audience has a different understanding of art.

32. What does the underlined word "intimidated" in Paragraph 3 probably mean?

- A. Tired.
- B. Worried.
- C. Annoyed.
- D. Surprised.

33. In the author's opinion, the museums and galleries should _____.

- A. make the art history stories accessible in a traditional way.
- B. change meaningfully for activities like the Getty challenge.
- C. limit the number of storytellers both in and out of institutions.
- D. improve the permanent collections by adding famous artworks.

34. We can conclude from the passage that common audience _____.

- A. lacks the channels to understand and talk about art history.
- B. prefers to view artworks and hear art stories on social media.
- C. feels satisfied with people and interests represented on board.

D. refuses to engage with diverse art topics and art history stories.

第二节(共 5 小题;每小题 2 分, 共 10 分)

根据短文内容, 从短文后的七个选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Exploring Psychology

Psychology is the scientific study of the mind and behavior. Gaining a richer and deeper understanding of psychology can help people achieve insights into their own actions as well as a better understanding of other people. 35

One important benefit from a psychology major is that it teaches the student about the human mind and why people act in various manners. Not all psychology majors will become psychologists. 36 All people must interact with others whether it is at home or at a workplace. People respond to these interactions in a wide number of ways. For instance, the person may not know why he or she is bothered by a specific action at work. However, the person who has studied psychology has an obvious advantage in this area.

Psychology also offers the individual insight into himself or herself. As the person learns about the human mind, how it works and why people behave in specific manners, the person may also begin to recognize both harmful and helpful thought patterns in himself or herself.

This may lead the person to an increased level of self-awareness. 37 It also shows the person where he or she possesses strength and crucial skills for the modern world. Individuals who are more self-aware are more likely to accomplish their goals and dreams.

38 A person may enter a vast field where psychologists and those trained in psychology work. These areas include industrial psychology, school psychology, private practice, organizational behavioral fields, law enforcement and virtually every other field.

39 As stated, there are a number of career opportunities from which a psychology major may choose.

- A. Self-awareness is a vital skill for any person to have.
- B. It shows the individual what areas the person needs to strengthen.
- C. As a result, psychology becomes an incredibly popular college major.
- D. A psychology major examines the science of human behavior and mental processes.
- E. All fields have the opportunity to benefit from the guidance that psychology can offer.
- F. The third reason why psychology is a useful major is that it opens up a wide range of career opportunities.
- G. However, all psychology majors will develop an increased awareness about human behavior and thought patterns.

第三部分:书面表达(共两节, 32 分)

第一节 (共 4 小题;第 40 至 41 题每小题 2 分, 第 42 题 3 分, 第 43 题 5 分, 共 12 分)

阅读下面短文, 根据题目要求用英文回答问题。

Everyone needs it, but no one wants to ask for it. "Help" has become a sort of dirty word, implying weakness and neediness, that we can't handle our problems on our own. However, whether it be for your physical, mental or academic health, getting words of advice or encouragement from an outside source can make all the difference.

During a time of such uncertainty, the frequency of people requesting help for anxiety and depression has

increased. The current situation has made people realize they can't be alone with their thoughts, and that asking for help from professionals is the best way to get their problems off their chests and their minds on the road to wellness.

Still, requesting help carries a societal weight. The British Psychology Society found that two types of stigmas (羞耻、耻辱) exist: public stigma and self stigma. A "public stigma" is external, a collection of beliefs from around us, which holds a heavy weight on our ideas on seeking help. A "self stigma" is internal, assigning ourselves labels based on our state of mental health, claiming we are worthless and undeserving of help. "Public" and "self" stigmas go hand in hand, and when we hear the stigmas being voiced by those around us, we tend to apply them to ourselves because of social influences, especially those concerning mental health.

To be our better selves, we have to break the stigma around "help" and accept the fact that some problems are too tough to overcome on our own. If we fail to break the stigma around the word "help", we ignore the increasingly more relevant necessity of getting ourselves assistance in times of need. Despite what society may tell us, it's not odd or wrong to get help — it's probably one of the most insightful and courageous things we can do for ourselves.

Each one of us should be able to openly admit that we need help, whether it be for problems we face with school or for internalized struggles with mental health. Sometimes we need support, and that isn't bad — it's healthy, and remarkably brave.

40. According to the passage, why is "help" considered a "dirty word"?

41. What is explained in paragraph 3?

42. Please decide which part is false in the following statement, then underline it and explain why.

• *Breaking the stigma around "help" can increase our need of seeking help.*

43. What do you think are some other benefits of asking for help? (*In about 40 words*)

第二节 (20 分)

44. 假设你是红星中学高三学生李华。你的英国好友 Jim 知道你即将参加高考，发邮件向你表示祝福并给你提供了几条考前学习的建议，你感觉非常有效。请你给他回复一封邮件，内容包括：

1. 感谢他的祝福；

2. 你比较获益的一条建议及理由。

注意：1. 词数 100 左右；

2. 开头和结尾已给出，不计入总词数。

Dear Jim,

Yours,
Li Hua

参考答案

第一部分:知识运用(共两节, 30分)

第一节 完形填空(共10小题;每小题1.5分, 共15分)

【答案】1. B 2. A 3. D 4. C 5. C 6. C 7. B 8. B 9. D 10. C

【解析】

【导语】这是一篇记叙文。讲述了 Wade MacKinnon 捡到了小女孩 Daisy 给去世的父亲的便条, 于是给 Daisy 回了一张生日贺卡里, 并把它和一本书一起寄了出去。Daisy 收到后非常感动。

【1 题详解】

考查名词词义辨析。句意: 在海岸线上的灌木丛中, 有什么东西在微微移动, 引起了他的注意。A. sands 沙滩; B. bushes 灌木丛; C. hills 山丘; D. rocks 岩石。根据后文 “a balloon stuck in the branches of a bayberry bush” 可知是在灌木丛发现的气球。故选 B。

【2 题详解】

考查形容词词义辨析。句意: 他好奇地走过去, 发现一个气球卡在杨梅树丛的树枝上。A. Curious 好奇的; B. Anxious 焦虑的; C. Serious 严肃的; D. Nervous 紧张的。根据后文 “he approached to find a balloon stuck in the branches of a bayberry bush” 可知 Wade 是处于好奇走过来的。故选 A。

【3 题详解】

考查名词词义辨析。句意: 这么年轻的女孩要面对死亡。A. anger 愤怒; B. failure 失败; C. mystery 神秘; D. death 死亡。根据上文 “I’ve been missing you so much since you passed away.” 可知女孩要面对父亲去世。故选 D。

4 题详解】

考查动词词义辨析。句意: 回到家后, 韦德把纸条放在抽屉里, 把气球系在他房间的窗户上。A. caught 抓住; B. presented 呈现; C. attached 系; D. related 有关。根据后文 “the balloon to the window of his room” 指把气球系在他房间的窗户上。故选 C。

【5 题详解】

考查名词词义辨析。句意: 每一天, 气球的运动都会使他想起小 Daisy。A. image 图像; B. color 颜色; C. movement 移动; D. sight 视力。根据后文 “of the balloon reminded him of little Daisy” 可知气球的移动会让他想起小 Daisy。故选 C。

【6 题详解】

考查副词词义辨析。句意: 于是, 他写了一封信, 把信装在一张生日贺卡里, 勇敢地把它和一本书一起寄了出去。A. eagerly 急切地; B. proudly 自豪地; C. bravely 勇敢地; D. sadly 悲伤地。根据后文 “mailed it with a book” 可知, Wade 勇敢地把东西寄了出去。故选 C。

【7 题详解】

考查名词词义辨析。句意: 包裹在 Daisy 生日的前两天到达。A. prize 奖励; B. package 包裹; C. note 笔记; D. news 新闻。呼应上文 “mailed it with a book” 指包裹到达 Daisy 手里。故选 B。

【8 题详解】

考查动词词义辨析。句意：当她打开信封时，发现了一张卡片，上面写着：“送给亲爱的女儿……”，她的心狂跳起来。A. froze 冻结；B. raced 比赛，加速；C. sank 下沉；D. broke 打破。根据上文“*For a Dear Daughter*”可知 Daisy 看到信的开头，以为是父亲，所以心跳加速。故选 B。

【9 题详解】

考查动词词义辨析。句意：我碰巧看到了你的便条，为你感到难过。A. expected 期待；B. decided 决定；C. promised 承诺；D. happened 碰巧。根据第一段的描述，可知 Wade 是无意中发现 Daisy 的便条的，*happen to* 表示“碰巧”。故选 D。

【10 题详解】

考查动词词义辨析。句意：他非常爱你，并将永远祝福你。A. saving 拯救；B. praising 赞美；C. blessing 祝福；D. changing 改变。根据上文“*He loves you very much and will always be*”可知 Daisy 的父亲会永远爱她，并祝福她。故选 C。

第二节 语法填空(共 10 小题;每小题 1.5 分, 共 15 分)

【答案】11. was held

12. known 13. had appeared

14. connection

【解析】

【导语】这是一篇说明文。文章主要讲述 2 月 20 日在北京举行的 2022 年冬季奥运会闭幕式。

【11 题详解】

考查时态，语态和主谓一致。句意：2 月 20 日，一场盛大的仪式在北京举行，标志着 2022 年冬奥会的闭幕。由句子分析可知，此空应填谓语，主语 *A grand ceremony* 为第三人称单数，与谓语 *hold* 为逻辑动宾关系，且由 *on Feb 20* 可知，时态应用一般过去时，因此空格处是一般过去时的被动语态 *was held*。故填 *was held*。

【12 题详解】

考查非谓语动词。句意：开幕式在国家体育场（又称鸟巢）举行，一开始，孩子们举着雪花形状的灯笼跳舞。由句子分析可知，句中谓语是 *began*，空格处应填非谓语，且 *the National Stadium* 和 *know* 之间为逻辑动宾关系，所以应用过去分词表被动，故填 *known*。

【13 题详解】

考查时态。句意：在运动员进入场馆之前，一个传统的“中国结”图案出现在了体育场上空。由句子分析可知，此空应填谓语，主语 *A traditional “Chinese knot” pattern* 和谓语 *appear* 为主动关系，且动作发生在 *entered* 前，所以应用过去完成时，表示过去的过去的动作。故填 *had appeared*。

【14 题详解】

考查名词。句意：红色的中国结被投影到天空中，不仅标志着中国与世界的联系，也标志着奥林匹克的团结精神。空格处用名词作宾语，*connect* 的名词是 *connection*，意为“联系”，由 *China with the world* 可知，空格处用单数，故填 *connection*。

【答案】15. more

16. with 17. easily

【解析】

【导语】本文是一篇说明文，主要讲的是伦敦大学学院的研究人员开发了3D打印的第三根拇指。

【15题详解】

考查比较级。句意：戴第三根拇指的志愿者可以比平时拿更多的东西，用一只手拿着并打开一个饮料瓶。由than可知，空格处用比较级more，故填more。

【16题详解】

考查介词。句意：戴第三根拇指的志愿者可以比平时拿更多的东西，用一只手拿着并打开一个饮料瓶。根据语境可知，句子表示“戴第三根拇指的志愿者可以比平时拿更多的东西，用一只手拿着并打开一个饮料瓶”，空格处意为“用”，用介词with，故填with。

【17题详解】

考查副词。句意：此外，人类的大脑可以很容易地适应多一个拇指的使用。空格处用副词easily修饰动词短语adapt to，故填easily。

【答案】18. Although

19. where 20. to receive

【解析】

【导语】本文是记叙文，主要讲的是Marlee虽然失聪，但是对生活很积极，父母把她送到一所公立学校，这所学校帮助她成为第一个获得奥斯卡奖的聋哑女演员。

【18题详解】

考查连词。句意：虽然她什么都听不到，但她对生活很积极。由“she can't hear anything, she is positive towards life”可知，句子表示“虽然她什么都听不到，但她对生活很积极”，空格处意为“虽然”，是although，位于句首，首字母大写，故填Although。

【19题详解】

考查定语从句。句意：她的父母把她送到一所公立学校，在特殊项目的帮助下，玛丽很快就习惯了那里的生活。分析句子结构可知，空格处引导非限制性定语从句，从句中不缺主语或宾语，先行词school是地点，因此空格处用关系副词where，故填where。

【20题详解】

考查不定式。句意：这所学校帮助她成为第一个获得奥斯卡奖的聋哑女演员。actress前有序数词first修饰，因此空格处用不定式作后置定语，修饰actress，故填to receive。

第二部分:阅读理解(共两节, 38分)

第一节(共14小题;每小题2分, 共28分)

【答案】21. A 22. C 23. B

【解析】

【分析】这是一篇说明文。这篇文章将强调子弹日记的用途，以及为什么它对那些希望更有条理的人很有

用。

【21 题详解】

推理判断题。根据 **What is a bullet journal?** 中 A bullet journal is a planner system which allows you to plan for the future, track the past and keep your life organized with lists separated by bullet points. It is a place for you to create clear, yet simple to-do lists and a place to keep a note of your life goals and aspirations. “项目日志是一种计划系统，它可以让你计划未来，跟踪过去，让你的生活井然有序。这是一个让你创建清晰而简单的任务清单的地方，也是一个记录你的生活目标和愿望的地方。”由此可知，Bullet 日记是为那些希望生活有秩序的人准备的。故选 A。

22 题详解】

细节理解题。根据 Why is it important? 中的 A bullet journal is important because we all feel better when our life is organized. Organization can reduce stress and make you happier. “一个 Bullet 日记很重要，因为当我们的生活井然有序时，我们都会感觉更好。井井有条可以减少压力，让你更快乐。”由此可知，坚持写 Bullet 日记可以帮助人们建立一个更好的心情。故选 C。

【23 题详解】

推理判断题。根据 Step 5. Life Goals 中 Keep a life goals section. This can include different collections of goals, such as career, relationships, places you wish to visit and so on. “保留生活目标部分。这可以包括不同的目标集合，比如职业、人际关系、你想去的地方等等。”由此可知，与牙医的约会最有可能包含在 Bullet 日记里。故选 B。

【答案】24. A 25. B 26. C 27. D

【解析】

【分析】这是一篇记叙文。文章主要讲述了几个十几岁的年轻人为了避免电子垃圾对环境造成的影响，想办法循环利用电子垃圾的事情。

【24 题详解】

细节理解题。根据文章第一段内容 “When Alex Lin was 11 years old, he read an alarming article in the newspaper which said that people were burying old computers in backyards, throwing TVs into streams, and dumping (丢弃) cell phones in the garbage. This was dangerous because e-waste contains harmful chemicals that can leak into the environment, getting into crops, animals, water supplies—and people.” (当 Alex Lin 11 岁时，他在报纸上读到一篇令人震惊的文章，人们把旧电脑埋在后院，把电视扔到河里，把手机扔到垃圾堆里。这是危险的，因为电子垃圾中含有有害的化学物质，可能会泄漏到环境中，进入农作物、动物、水源和人类。) 和第二段第一句话 “Alex was really worried” (Alex 真的很担心) 可知，Alex 看到报纸上的文章，得知随意丢弃电子垃圾是危险的，会危害环境、农作物、动物、水源和人类，这让他很担心。由此可知，Alex 看完这篇文章后担心的是乱扔电子垃圾的现象。故选 A 项。

【25 题详解】

细节理解题。根据文章第三段关键句 “But what could they do about this project with e-waste? The team spent several weeks gathering information about the harmful chemicals in e-waste and their effects on humans.” (但是他们能对这个电子垃圾项目做些什么呢？小组花了几周时间收集有关电子垃圾中有害化学物质及其对人类

影响的信息。)可知,为了开展这个项目,小组首先花了几周时间收集有关电子垃圾中有害化学物质及其对人类影响的信息。由此可知,Alex通过收集信息的方式来开始这个项目。故选B项。

【26题详解】

推理判断题。根据文章第三段关键句“*But what could they do about this project with e-waste? The team spent several weeks gathering information about the harmful chemicals in e-waste and their effects on humans.*”(但是他们能对这个电子垃圾项目做些什么呢?小组花了几周时间收集有关电子垃圾中有害化学物质及其对人类影响的信息。)、第四段关键句“*Alex and his friends went into action. They advertised in the local newspaper and distributed notices to students, asking residents to bring their unwanted electronics to the school parking lot.*”

(Alex和他的朋友们开始行动了。他们在当地报纸上登广告,向学生们分发通知,要求居民们把不需要的电子产品带到学校停车场。)和第五段关键句“*The next step was to set up a long-term e-waste drop-off center for the town.*”(下一步是为该镇建立一个长期的电子垃圾投放中心。)可知,Alex和他的朋友们为了开展这个项目,首先收集信息,然后通过登报和分发通知等方式进行宣传,接下来建立一个长期的电子垃圾投放中心,这种做法是科学的,再结合最后一段关键句“*Because of the work of WIN, more and more people, like Alex and his team, are getting the message about safe disposal of e-waste.*”(由于WIN的工作,越来越多的人,像Alex和他的团队一样,正在得到关于安全处理电子垃圾的信息。)可知,他们的工作获得了成功。由此可推断出,Alex和他的团队的工作方式是科学的。故选C项。

【27题详解】

主旨大意题。分析文章内容,结合最后一段关键句“*Because of the work of WIN, more and more people, like Alex and his team, are getting the message about safe disposal of e-waste.*”(由于WIN的工作,越来越多的人,像Alex和他的团队一样,正在得到关于安全处理电子垃圾的信息。)可知,文章主要讲述了几个十几岁的年轻人为了避免电子垃圾对环境造成的影响,想办法循环利用电子垃圾的事情,并最终获得了成功,越来越多的人知道了关于安全处理电子垃圾的信息。“*Young people can make a big difference.*”意为“年轻人可以有所作为。”能够概括这个故事传达的信息。故选D项。

【答案】28. D 29. D 30. D

【解析】

【导语】这是一篇说明文。研究表明,从事创造性行为可以改善大脑功能、心理健康和身体健康。文章主要说明了创造力的重要作用以及对人的影响。

【28题详解】

细节理解题。根据第二段中“*You’ve probably heard of flow — it’s the state you get in when you’re completely absorbed in something. Have you ever been working on a project and completely lost all sense of self and time? That’s flow.*(你可能听说过“心流”——是指你完全专注于某件事时的状态。你是否曾经在做一个项目的时候完全失去了自我意识和时间感?那就是心流)”可知,你沉浸在你感兴趣的工作中表明你处于心流状态。故选D。

【29题详解】

词句猜测题。根据画线词后文“*a natural anti-depressant that actually helps motivate you, whether or not you’re*

aware of your increased happiness”可知，dopamine 是一种天然的抗抑郁剂，实际上有助于激励你，不管你是否意识到自己增加了幸福感。故画线词意思可能是“一种神经系统功能的物质”。故选 D。

【30 题详解】

推理判断题。根据倒数第三段“Studies show people who write about their experiences daily actually have stronger immune system function. Writing, a creative work, increases your CD4+ lymphocyte count, the key to your immune system.(研究表明，每天写下自己经历的人实际上有更强的免疫系统功能。写作，一项创造性的工作，可以增加你的 CD4+淋巴细胞数量，这是你免疫系统的关键)”可知，告诉别人你的伤害经历有助于改善你的健康。故选 D。

【答案】31. C 32. B 33. B 34. A

【解析】

【分析】这是一篇说明文，文章主要讲述普通人似乎离艺术很遥远，他们想要参与艺术，但缺乏理解和谈论艺术的渠道，我们需要连接艺术和观众的桥梁。

【31 题详解】

细节理解题。根据第一段中“We have reached the point of recognising the disconnection between art and the audience but haven't yet determined how to bridge the gap.(我们已经意识到艺术和观众之间的脱节，但还没有决定如何消除这一差距)”可知，作者努力解决的挑战是艺术似乎离普通观众太遥远了。故选 C 项。

【32 题详解】

词义猜测题。根据划线词后的“...think that there's a base level of understanding required to join the conversation, the Getty initiative serves as a reminder that there are many pathways to engaging with it.”可知，由于很多人认为参与对话需要基本水平的理解力，Getty 博物馆的倡议提醒我们，可以有许多途径来参与其中，由此可推知，很多人感觉担心，参与艺术对话需要基本水平的理解能力，划线词“intimidated”意为“担心的”。故选 B 项。

【33 题详解】

推理判断题。根据第三段中“This reaction proves that there is a potential desire for the audience to engage with art topics if the format is appealing.”可知，Getty 博物馆的再创作活动证明，如果艺术形式具有吸引力，观众就有潜在的兴趣参与艺术主题；结合最后一段首句“But there is only so much that can be done without the museums and galleries changing meaningfully from within.”可知，但如果博物馆和画廊不从内部进行有意义的改变，我们能做的就只有这么多了。由此可推知，在作者看来，博物馆和画廊应该作出有意义的改变，举办像 Getty 博物馆那样的再创作活动，才能吸引观众。故选 B 项。

【34 题详解】

推理判断题。第一段中“We have reached the point of recognising the disconnection between art and the audience”提到“我们已经意识到艺术和观众之间的脱节”；根据第二段中“It offers an accessible pathway to art history with conversations on different topics.(它提供了一条通往艺术史的途径，可以就不同的话题进行对话)”及第三段中“the Getty initiative serves as a reminder that there are many pathways to engaging with it.(Getty 博物馆的倡议提醒我们，可以有许多途径来参与其中)”可知，普通观众缺乏理解和谈论艺术史的

渠道。故选 A 项。

第二节(共 5 小题;每小题 2 分, 共 10 分)

【答案】35. C 36. G 37. B 38. F 39. E

【解析】

【导语】这是一篇说明文。文章主要介绍心理学的益处。

【35 题详解】

由上文 “Psychology is the scientific study of the mind and behavior. Gaining a richer and deeper understanding of psychology can help people achieve insights into their own actions as well as a better understanding of other people. (心理学是研究心理和行为的科学。对心理学有更丰富、更深入的理解, 可以帮助人们洞察自己的行为, 更好地理解他人。)” 可知, 上文主要讲解心理学的用处, 而 C 项 As a result, psychology becomes an incredibly popular college major.(因此, 心理学成为一个非常受欢迎的大学专业。), 符合语境, 其中 “As a result” 表示对上面陈述情况的总结, 有承上作用。故选 C 项。

【36 题详解】

由上文 “One important benefit from a psychology major is that it teaches the student about the human mind and why people act in various manners. Not all psychology majors will become psychologists. (心理学专业的一个重要好处是, 它教给学生关于人类思维以及人们为什么以各种方式行事的知识。并非所有心理学专业的学生都会成为心理学家。)” 可知, 这里主要讲心理学的一个好处, 而 G 项 However, all psychology majors will develop an increased awareness about human behavior and thought patterns.(然而, 所有心理学专业的学生都将提高对人类行为和思维模式的认识。), 符合语境, 表明虽然不是所有心理学专业的学生都会成为心理学家, 但学习心理学对他们有益, 其中 “However, all psychology majors” 与前文 “Not all psychology majors” 对应。故选 G 项。

【37 题详解】

由下文 “It also shows the person where he or she possesses strength and crucial skills for the modern world. (它还显示了一个人在现代世界中拥有的力量和关键技能。)” 可知, 这里在讲自我意识的作用。而 B 项 It shows the individual what areas the person needs to strengthen.(它向个人展示了个人需要加强的领域。), 符合语境。其中 “It shows” 与下文 “It also shows” 对应。故选 B 项。

【38 题详解】

由第二段 “One important benefit from a psychology major is that it teaches the student about the human mind and why people act in various manners. (心理学专业的一个重要好处是, 它教给学生关于人类思维以及人们为什么以各种方式行事的知识。)” 以及第三段 “Psychology also offers the individual insight into himself or herself. (心理学也提供了个体对自己的洞察。)” 可知, 前文讲述了心理学的两个好处, 而 F 项 The third reason why psychology is a useful major is that it opens up a wide range of career opportunities.(心理学之所以是一门有用的专业, 第三个原因是它为人们提供了广泛的职业机会。), 符合语境。其中 “The third reason” 和前文对应, 也与下文 “These areas include industrial psychology, school psychology, private practice, organizational behavioral fields, law enforcement and virtually every other field.(这些领域包括工业心理学、学

校心理学、私人实践、组织行为领域、执法以及几乎所有其他领域)”对应。故选 F 项。

【39 题详解】

由后文 “As stated, there are a number of career opportunities from which a psychology major may choose.(如上所述, 心理学专业有许多职业机会可供选择。)”可知, 心理学专业能提供很多就业机会。而 E 项 All fields have the opportunity to benefit from the guidance that psychology can offer.(所有领域都有机会从心理学提供的指导中受益。), 符合语境, 其中 “All fields ” 与后文 “a number of career opportunities” 对应。故选 E 项。

第三部分:书面表达(共两节, 32 分)

第一节 (共 4 小题;第 40 至 41 题每小题 2 分, 第 42 题 3 分, 第 43 题 5 分, 共 12 分)

【答案】40. Because some people think if they ask for help, it means they are too weak to handle their own problems by themselves.

41. The second paragraph is mainly about the social influence contributing to the “help” becoming a dirty word and introduced two types of stigmas : public stigma and self stigma.

42. *Breaking the stigma around “help” can increase our need of seeking help.* The underlined part is wrong because breaking the stigma around “help” can improve ourselves.

43. It is likely that if you can ask somebody for help, you can make a good friend because that makes the other feel they are needed and trusted, and also you can learn a lot during the process.

【解析】

【导语】这是一篇说明文。介绍了现在 “帮助” 一词竟然被污名化, 意味着软弱无能。

【40 题详解】

考查细节理解。根据第一段 ““Help” has become a sort of dirty word, implying weakness and neediness, that we can't handle our problems on our own.(“帮助” 已经变成了一个肮脏的词, 暗示着软弱和需要, 我们不能自己处理我们的问题)”可知, “help” 被污名化, 是因为人们认为自己需要别人帮助就意味着自己弱势, 不能把自己的问题处理好。故答案为 Because some people think if they ask for help, it means they are too weak to handle their own problems by themselves.

【41 题详解】

考查段落大意。根据第三段 “Still, requesting help carries a societal weight. The British Psychology Society found that two types of stigmas (羞耻、耻辱) exist: public stigma and self stigma...(尽管如此, 寻求帮助还是有社会影响的。英国心理学会发现存在两种类型的污名: 公众污名和自我污名……)”及后面对两种情况详细介绍可知, 本段主要讲述了心理学家发现两种类型的求助耻辱心理: 公众污名和自我污名。故答案为 The second paragraph is mainly about the social influence contributing to the “help” becoming a dirty word and introduced two types of stigmas : public stigma and self stigma.

【42 题详解】

考查推理判断。根据倒数第二段 “To be our better selves, we have to break the stigma around “help” and accept the fact that some problems are too tough to overcome on our own.(要成为更好的自己, 我们必须打破围绕 “帮助” 的污名, 并接受这样一个事实: 有些问题很难靠我们自己克服)”可知, 作者认为打破这个求助的

耻辱感，才可以接受事实，适当求助，完善提升自我，所以说“*Breaking the stigma around “help” can increase our need of seeking help.*”意为：打破“帮助”的污名会增加我们寻求帮助的需求，就会更多地去求助别人，这个说法是错误的。应改为 *Breaking the stigma around “help” can improve ourselves.* 故答案为 *Breaking the stigma around “help” can increase our need of seeking help.* The underlined part is wrong because breaking the stigma around “help” can improve ourselves.

【43 题详解】

开放题，答案不唯一，言之有理即可。遇到困难自己解决不了，向人求助有很多好处。例如，真心求助会使对方感到被需要，被信任而真心帮助，甚至会成为好朋友，求助者也会向对方学到很多知识。参考答案为 *It is likely that if you can ask somebody for help, you can make a good friend because that makes the other feel they are needed and trusted, and also you can learn a lot during the process.*

第二节 (20 分)

44. 【答案】Dear Jim,

Thank you very much for your letter and your very best wishes, which really encourage me a lot.

The tips you gave are all practical and helpful. I have benefited a lot from them. The one that works very well on me is “Using Mind Maps to Review”. By drawing mind maps, I am clearer about the knowledge systems and have a better understanding of each section that I review. I am now more confident about my preparation and exams.

Thank you very much again and best wishes to your graduation. May you have a fruitful college life.

Yours sincerely,

Li Hua

【解析】

【导语】本篇书面表达属于应用文，要求考生给英国好友 Jim 回复一封邮件，对他对自己表示祝福并提供了几条考前学习的建议表示感谢。

【详解】1. 词汇积累

建议：tip→suggestion

实用的：practical→effective

理解：understanding→grasp

成果丰硕的：fruitful→prolific

2. 句式拓展

合并简单句

原句：The tips you gave are all practical and helpful. I have benefited a lot from them.

拓展句：The tips you gave are all practical and helpful, which I have benefited a lot from.

【点睛】[高分句型 1] Thank you very much for your letter and your very best wishes, which really encourage me a lot. (运用了 which 引导 非限制性定语从句)

[高分句型 2] By drawing mind maps, I am clearer about the knowledge systems and have a better understanding of each section that I review. (运用了 that 引导的定语从句)

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北京高考在线创办于 2014 年，隶属于北京太星网络科技有限公司，是北京地区极具影响力的中学升学服务平台。主营业务涵盖：北京新高考、高中生涯规划、志愿填报、强基计划、综合评价招生和学科竞赛等。

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平台自创办以来，为众多重点大学发现和推荐优秀生源，和北京近百所中学达成合作关系，累计举办线上线下升学公益讲座数百场，帮助数十万考生顺利通过考入理想大学，在家长、考生、中学和社会各界具有广泛的口碑影响力

未来，北京高考在线平台将立足于北京新高考改革，基于对北京高考政策研究及北京高校资源优势，更好的服务全国高中家长和学生。



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