

第一部分:知识运用(共两节,30分)

第一节 完形填空(共10小题;每小题1.5分,共15分)

阅读下面短文,掌握其大意,从每题所给的 A、B、C、D 四个选项中、选出最佳选项,并在答 题卡上将该项涂黑。

It's the seaside birds that deserve at least part of the blame for getting Nick Burchill blacklisted at the Fairmont Empress Hotel in Victoria, Canada.

Burchill was staying at the hotel on business and planning to visit some friends in the area. They had asked him to bring some pepperoni(辣香肠)from back east. So he 1 a suitcase full of pepperoni. As he was 2 that it would be too warm, he 3 it out on the table near an open window. He thought his pepperoni was safe and well chilled(冷却). That's when things went 4. "I remember walking down the long hall and opening the door to my room to find an entire flock of seagulls,"Burchill said in a recent letter of ___5__ to the 4-star hotel. "The seagulls immediately went __6_. They rushed to the window, 30 or 40 birds all trying to get out at the same time, and Pepperoni — everywhere. The curtains were falling down, the lamps were falling down. It was a real____7__." Older and wiser now, Burchill chalked up the incident to youthful indiscretion(莽撞). "I come to you to apologize for the damage I had 8 caused and to ask you to 9 my lifetime ban from the hotel." His letter___10__. Banned from the hotel since 2001, Burchill is now welcome to come back, N.9aokzx.com

the Fairmont said.

1.A.filled	B.locked	C.abandoned	D.lost
2.A.surprised	B.pleased	C.excited	D.worried
3.A.dug	B.cleared	C.cut	D.laid
4.A.far	B.funny	C.wrong	D.blind
5.A.application	B.apology	C.request	D.invitation
6.A.hungry	B.dead	C.missing	D.wild
7.A.mess	B.puzzle	C.fight	D.challenge
8.A.indirectly	B. deliberately	C.cautiously	D.secretly
9.A.replace	B.remember	C.reconsider	D.renew
10.A.arrived	B.worked	C.ended	D.disappeared

第二节 语法填空 (共10小题;每小题1.5分,共15分)

阅读下列短文,根据短文内容填空。在未给提示词的空白处仅填写一个适当的词,在给出提 示词的空白处用括号内所给词的正确形式填空。将答案写到答题卡的相应位置。

World Health Day is celebrated every year on April 7, the founding day of the WHO. 11 (establish) in 1950, this event has a theme each year to draw attention to a current world health issue. The day is also used to highlight the 12 (important) of personal health. For common people, we can take some extra steps _____13____(care) for our health like getting a gym membership (and going!) or starting a diet.

B

第二部分: 阅读理解(共两节, 38分)

第一节 (共14小题; 每小题2分, 共28分)

阅读下列短文,从每题所给的A、B、C、D四个选项中,选出最佳选项,并在答题卡上将该项涂黑。

A

Paragliding is a kind of flying, but instead of the wing being made of metal, wood or plastic, it is made of nylon or polyester. The wing is attached to a harness by lines where a pilot sits, similar to a parachute.

Is it safe?

Paragliding is as safe as sailing and deep-sea diving. The big advantage is that it's probably the slowest form of aviation, so if you do crash, you'll hit the ground quite gently! It's a very relaxing sport as you're mostly sitting down. Yet, you'll probably experience pain in some muscles you didn't know you had while learning, but many of those will be due to the walk up the training hill to launch.

Where do I learn?

There are lots of schools, mainly based inland by appropriate hills or mountains, and there are also schools on the coast near spectacular cliffs. These are very attractive, though the prospect of landing in the sea seems to discourage beginners! It takes seven days to get your basic licence; then you're free to fly independently at sites across the country.

What do I need?

Pilots normally wear warm clothes in case they get very high up, and a helmet in case they stumble on landing. In terms of gear, schools supply basic training, canopies, harnesses, etc. However, you'll probably want to buy your own more sophisticated equipment, which you'll be able to choose much better once you've tried some out on your course.

Who can do it?

There's no upper age limit provided your instructor judges you capable, but the youngest is 14. Anybody with good eyesight and good balance is a potential paraglider pilot.

Flying a paraglider is a great sport. We hope to see you in the air with us this season!

- 21. Which would be the best heading for Paragraph 1?
- A. What is paragliding?

- B. Who invented paragliding?
- C. How is paragliding special?
- www.gaokzx.com D. Why is paragliding popular?
- 22. According to the passage, paragliding is
- A. Exciting but tiring

B. Safe and relaxing

C. Attractive but expensive

- D. Fast and challenging
- 23. What can we know from the passage?
- A. Fit people of any age can take up paragliding.
- B. Most paragliding schools are situated by the sea.
- C. Pilots need to buy basic equipment on their training course.
- D. Learners can fly on their own after at least a week's training.

Alice Moore is a teenager entrepreneur (创业者), who in May 2015 set up her business Ailie Candy. By the time she was 13, her company was worth millions of dollars with the invention of a super-sweet treat that could save kids' teeth, instead of destroying them.

It all began when Moore visited a bank with her dad. On the outing, she was offered a candy bar. However, her dad reminded her that sugary treats were bad for her teeth. But Moore was sick of missing out on candies. So she desired to get round the warning, "Why can't I make a healthy candy that's good for my teeth so that my parents can't say no to it?" With that in mind, Moore asked her dad if she could start her own candy company. He recommended that she do some research and talk to dentists about what a healthier candy would contain.

With her dad's permission, she spent the next two years researching online and conducting trials to get a recipe that was both tasty and tooth-friendly. She also approached dentists to learn more about teeth cleaning. Consequently, she succeeded in making a kind of candy only using natural sweeteners, which can reduce oral bacteria.

Moore then used her savings to get her business off the ground. Afterwards, she and her father secured their first business meeting with a supermarket owner, who finally agreed to sell Moore's product-Cancandy.

As CanCandy's success grows, so does Moore's credibility as a young entrepreneur. Moore is enthusiastic about the candy she created, and she's also positive about what the future might bring. She hopes that every kid can have a clean mouth and a broad smile.

Meanwhile, with her parents' help, Moore is generally able to live a normal teenage life. Although she founded her company early on in life, she wasn't driven primarily by profit. Moore wants to use her unique talent to help others find their smiles. She donates 10% of AilicCandy's profits to Big Smiles. With her talent and determination, it appears that the sky could be the limit for Alice Moore.

- 24. How did Moore react to her dad's warning?
- A. She argued with him.
- B. She tried to find a way out.

C. She paid no attention.

- D. She chose to consult dentists.
- 25. What is special about CanCandy?

A. It is beneficial to dental health.

B. It is free of sweeteners.

C. It is sweeter than other candies.

anies. D. It is produced to a dentists' recipe.

26. What does Moore expect from her business?

A. To earn more money.

B. To help others find smiles.

C. To make herself stand out.

D. To beat other candy companies.

27. What can we learn from Alice Moore's story?

A. Fame is a great thirst of the young.

B.A youth is to be regarded with respect.

C. Positive thinking and action result in success.

D. Success means getting personal desires satisfied

C

To many people, honey bees symbolize wealth, sustainability and environmentalism. But as a honey bee researcher, I have to tell you that only the first item on that list is defensible. Although they are important for agriculture, honey bees, which are usually imported from outside the local area, also disturb natural ecosystems by competing with native bees.

For several years the media has told us that bee populations are under threat. In response to this media campaign to "save the bees", raising honey bees has become a popular hobby. But as a species, honey bees are least in need of saving. Much media attention is given to honey bees at the expense of native bees, and this has led many citizens - myself once included- to mistakenly believe they are doing a good thing for the environment by raising honey bees. Unfortunately, they are probably doing more harm than good.

"Beekeeping is for people; it's not a conservation practice," says Shelly Smith, an environmental science professor. "People mistakenly think keeping honey bees also helps the native bees, which are at risk of extinction. That's wrong."

Smith and her research team recently surveyed one thousand local people in Canada and found that they had a surprisingly poor understanding of bee types and their roles in promoting flower growth. Most people's attention is on saving honey bees when, from a conservationist's point of view, native bees are the ones in more need of support.

"To make matters worse, beekeeping companies and various non-science-based projects have financially benefited from the decline of native bee populations," Smith explains. "These companies pretend they are interested in saving bees but their actions are actually damaging the native bee populations."

The introduction of honey bees increases competition with native bee populations for food, putting even more pressure on the wild species that are already in decline. Honey bees are extremely efficient food gatherers and take over almost all local flower resources, thus leading to damaging competition — that is, where one species uses up a resource, not leaving enough to go around.

28. Which statement does the writer argue for?

- A. Honey bees endanger native bees.
- B. Honey bees are a symbol of wealth.
- C. Honey bees are important for agriculture.
- D. Honey bees can defend natural ecosystems.
- 29. What can be inferred from paragraph 2?

- A. Beekeeping is a still-popular traditional hobby.
- B. The media is responsible for misleading the public.
- C. Citizens' attempts to protect the environment are effective.
- D. The media campaign has failed to promote honey bee businesses.
- 30. How does the writer develop the last paragraph?
- A. By listing examples.
- B. By making comparisons.
- C. By analyzing survey data.
- D. By explaining cause and effect.



If you think about it, work-life balance is a strange ambition for a fulfilling life. Balance is about stasis: if our lives were ever in balance—parents happy, kids taken care of, work working—then our overriding thought would be to shout "Nobody move!" and pray all would stay perfect forever. This false hope is made worse by the categories themselves. They imply that work is bad, and life is good. And so the challenge, we are told, is to balance the heaviness of work with the lightness of life.

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Yet work is not the opposite of life. It is instead a part of life—just as family is, as are friends and community. All of these aspects of living have their share of uplifting moments and moments that drag us down. The same is true of work. Treat work the same way you do life: by maximizing what you love.

We have interviewed several anesthesiologists (麻醉师) about the thrills they feel in their jobs. One said he loved the thrill of holding each patient hovering at that one precise point between life and death. Another said she loved the bedside conversations before the operation aiming to calm the panic that affects many patients. Another was drawn mostly to the anesthetic mechanism and has devoted himself to defining precisely how each drug does what it does.

Think of your life's many different activities as threads. Some are black and some are white. But some of these activities appear to be made of a different substance. These activities contain all the tell-tale signs of love: before you do them, you find yourself looking forward to them; while you're doing them, time speeds up and you find yourself in flow; and after you've done them, you feel energetic. These are your <u>red threads</u>, and research by the Mayo Clinic suggests that doctors who weave the fabric of their life with at least 20% red threads are significantly less likely to experience burnout.

The simplest way for you to do this is to spend a week in love with your job. During the week, any time you find yourself feeling one of the signs of love write down exactly what you were doing in the column "Love". And any time you find yourself feeling the inverse write down what you were doing in the column "Loathe". By the end of the week you will see a list of activities in your "Love" column, which create in you a positive feeling, one that draws you in and lifts you up.

Our goal should be to, little by little, week by week, intentionally unbalance all aspects of our work toward the former and away from the latter. Not simply to make us feel better, but so that our colleagues, our friends and our family can all benefit from us at our very best.

				1/3/		
31. What is the author's attitude towards work-life balance?						
A. Doubtful. B. Disapp	oving.	C. Supportive.	D. Neutral.	Co.		
32. The author uses three anesthesiologists as examples to						
A. prove people benefit from	work			130.		
B. indicate doctors take pride in their work						
C. show people gain joy from different situations						
D. imply doctors reduce the pressure of work successfully						
33. " Red threads " in Paragraph 4 refer to the activities that						
A. arouse your passion	В	3. satisfy your desires				
C. improve your motivation	D	require your efforts				

34. Which of the following does the author probably agree with? A. Red threads are necessary for a balanced life.

- B. Recording activities helps create positive feeling.
- C. Find love in work instead of keeping work-life balance.
- D. Maximize what you love to remove the heaviness from work.

第二节 (共 5 小题; 每小题 2 分, 共 10 分)

根据短文内容,从短文后的七个选项中选出能填入空白处的最佳选项,并在答题卡上将该项涂黑。选项中有两项为多余选项。

Fitness Magazine recently ran an article titled "Five Reasons to Thank Your Workout Partner." One reason was: "You'll actually show up if you know someone is waiting for you at the gym," while another read: "_35__ " With a workout partner, you will increase your training effort as there is a subtle (微妙) competition.

So, how do you find a workout partner?

First of all, decide what you want from that person. 36 Or do you just want to be physically fit, able to move with strength and flexibility? Think about the exercises you would like to do with your workout partner.

You might think about posting what you are looking for on social media, but it probably won't result in a useful response. 37 If you plan on working out in a gym, that person must belong to the same gym.

My partner posted her request on the notice board of a local park. Her notice included what kind of training she wanted to do, how many days a week and how many hours she wanted to spend on each session, and her age. It also listed her favorite sports and activities, and provided her phone number. 38

You and your partner will probably have different skills. 39 Over time, both of you will benefit-your partner will be able to lift more weights and you will become more physically fit. The core of your relationship is that you will always be there to help each other.

- A. Your first meeting may be a little awkward.
- B. A workout partner usually needs to live close by.
- C. You'll work harder if you train with someone else.
- D. Do you want to be a better athlete in your favorite sport?

- E. How can you write a good "seeking training partner" notice?
- F. Just accept your differences and learn to work with each other.
- G. Any notice for a training partner should include such information.

第三部分 书面表达(共两节,32分)

NWW. Gaokty.co 第一节 阅读表达(共4小题;第1、2题各2分,第3题3分,第4题5分, 共12分)。阅读下面 短文、根据题目要求回答问题。将答案写到答题卡的相应位置。

Since there seems to be an app for everything, it may come as no surprise that there is an app for cheating. But it isn't just one app. It's hundreds of companies and apps that can be used to complete students' homework, and even exams.

But what surprised me most as an educator playing this cat-and-mouse game for decades is that cheating is now spreading internationally and powered by billion-dollar companies.

Some companies offer monthly subscription formats, in which students pay \$15 a month for round-the-clock access to resources including exam questions and homework "help". They also get on-demand access to many experts with advanced degrees in math, science and other subjects. These experts, available online 24/7, are the source of step-by-step answers.

As an unintended consequence of technology allowing remote learning and exams, students are finding more and more online venues allowing them to earn grades and diplomas by cheating.

How do we limit this global supply chain of cheating?

The answer depends on the motivation behind the decision to cheat. Some students don't think of it as cheating, as they are paying a legit company for the service; many feel pressured to get the grades and so justify the means. Many students who are cheating avoid academic consequences, as there are few technology solutions to capture original answers provided by experts, and plagiarism-catching software can't detect original work bought by these students.

However, in 2020, lawmakers in some countries made it illegal to arrange or advertise for sale certain cheating services such as paid essay writing. Did it have an effect? According to a study, many of the biggest and best-known essay mills are ending operations. But even then, fear of getting caught is probably not enough motivation to stop all cheating students. Thus, tackling this cheating requires a collective effort by educational institutions.

- 40. Why did the author feel shocked?
- 41. How do you understand the underlined part in Para. 6?
- 42. Decide which part of the following statement is wrong. Underline it and explain why.
- •Students' academic pressure makes online cheating widespread and some measures have been taken to fight it.
- 43. As a student, what do you think of online cheating? (In about 40 words)

第二节(20分)

假设你是红星中学高三学生李华。近期你班同学普遍加强了英语听说训练,但是仍然存在 一些困惑。请你给外教 Jim 写封邮件, 邀请他下周为大家做一次专题讲座。邮件内容包括:

- 1. 介绍同学们的听说训练情况;
- 2. 希望提供更有效的学习方法:
- 3. 询问对方的意向。

注意: 1. 词数 100 左右;

2. 开头和结尾已给出,不计入总词数。

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		Yours, Li Hua
	(连冬必收佐立定左答)	

(请务必将作文写在答题卡指定区域内)





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