

# 2023 北京门头沟初三一模

## 英 语

2023.4

考生须知	1.本试卷共 10 页，共两部分，共 38 题，满分 60 分，考试时间 90 分钟。 2.在试卷和草稿纸上准确填写姓名、准考证号、考场号和座位号。 3.试题答案一律填涂或书写在答题卡上，在试卷上作答无效。 4.在答题卡上，选择题用 2B 铅笔作答，其他试题用黑色字迹签字笔作答。 5.考试结束，请将本试卷、答案卡和草稿纸一并交回。
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### 第一部分

本部分共 33 题，共 40 分。在每题列出的四个选项中，选出最符合题目要求的一项。

#### 一、单项填空(每题 0.5 分,共 6 分)

从下面各题所给的 A、B、C、D 四个选项中，选择可以填入空白处的最佳选项。

1. Lei Feng is a hero in my heart. I like reading the stories about \_\_\_\_\_ very much.

- A. her                  B. him                  C. us                  D. them

2. My brother usually has breakfast \_\_\_\_\_ 7:15 in the morning.

- A. at                  B. on                  C. in                  D. to

3. — \_\_\_\_\_ we finish the project this Friday?

— No, you needn't. You can finish it by next Monday.

- A. Can                  B. Need                  C. Will                  D. Must

4. English is than \_\_\_\_\_ maths for me. I do a lot of reading and speaking every day.

- A. easy                  B. easier                  C. easiest                  D. the easiest

5. — \_\_\_\_\_ do you go to the music club, Andy?

— After school on Fridays.

- A. How                  B. Who                  C. When                  D. What

6. — Tony, who is your favourite writer?

— Mark Twain. I like him \_\_\_\_\_ he wrote many interesting stories.

- A. or                  B. so                  C. but                  D. because

7. — Where are you, Lingling?

— I'm in the kitchen. I \_\_\_\_\_ my mum cook dinner.

- A. helped                  B. will help                  C. am helping                  D. have helped

8. — What do you think of your English teacher?

— She's kind and friendly. She \_\_\_\_\_ on well with everyone in our class.

- A. gets                  B. got                  C. will get                  D. was getting

9. —Good news! Shenzhou 14 pilots are coming to our school tomorrow!

—Great! We \_\_\_\_\_ them in person.

- A. meet      B. met      C. will meet      D. have met

10. Since last year, I \_\_\_\_\_ 30 posters about waste sorting for the community.

- A. draw      B. drew      C. will draw      D. have drawn

11. The 19<sup>th</sup> Asian Games \_\_\_\_\_ in Hangzhou in September, 2023.

- A. hold      B. is held      C. will hold      D. will be held

12. — Could you tell me \_\_\_\_\_ ?

—Yes, of course. Go along the street and you'll see it on your right.

- A. where is the museum      B. where the museum is  
C. where was the museum      D. where the museum was

## 二、完形填空(每题1分,共8分)

阅读下面的短文,掌握其大意,然后从短文后各题所给的 A、B、C、D 四个选项中,选择最佳选项。

### High Heels

When I was a teenager, I was invited to a dance party at my school. I was excited to attend, but also nervous about what to wear. My mother suggested I wear high heels to \_\_13\_\_ my outfit(全套服装).



High Heels

"Mom, I have never worn high heels before and I don't know if I can wear these," I said, feeling \_\_14\_\_.

"Don't worry, baby. Just take small steps and keep your weight centered," my mother suggested. "You'll look wonderful in these," she said, \_\_15\_\_ me the pair of shiny black heels.

As soon as I put on the heels, I felt like a different person. I was suddenly taller and more modern. However, my excitement \_\_16\_\_ turned into embarrassment(尴尬) when I realized I had no idea how to walk in them.

"Come on, baby, don't be afraid to try new things. You'll do great," my mother encouraged me.

As I arrived at the party, I tried to play it cool and act like everything was fine. But as soon as I stepped onto the dance floor, I lost my \_\_17\_\_ and tripped over my own feet, falling to the ground in front of everyone.

"Are you okay?" Lily asked.

"I'm fine," I said, feeling my face turn red with embarrassment.

I quickly got up and \_\_18\_\_ it off, pretending(假装) that it was no big deal. But deep down, I just wanted to disappear.

When I returned my home, without checking me, my mother asked, "How are you doing, baby?"

"I feel like a complete fool(傻瓜), Mom. "I said, feeling down and pointed to my heels. "It's okay, sweetheart. You tried something new, and it didn't 19 as planned. But that's how we learn and grow," my mother said, giving me a hug(拥抱).

From that day on, I learned to embrace(接纳) my true self and not worry too much about what other people thought. I stuck to flats and wore what I felt comfortable in, and I never forgot the 20.


13. A. add                      B. change                      C. develop                      D. complete  
 14. A. unsure                      B. unhappy                      C. unlucky                      D. unsatisfied  
 15. A. handing                      B. dropping                      C. reaching                      D. throwing  
 16. A. proudly                      B. quickly                      C. strangely                      D. similarly  
 17. A. body                      B. heels                      C. balance                      D. thought  
 18. A. cried                      B. laughed                      C. worried                      D. forgot  
 19. A. go                      B. start                      C. continue                      D. finish  
 20. A. result                      B. experience                      C. situation                      D. manner



三、阅读理解 (每题 2 分, 共 26 分)

阅读下列短文, 根据短文内容, 从短文后各题所给的 A、B、C、D 四个选项中, 选择最佳选项。

A

Read and match the people with what they talked about.

<p>Everyone needs water, and it's important in our daily life. World Water Day is on March 22. Mark, Emma and Tony shared some of their ideas with their classmates on this year's World Water Day.</p>	
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 Mark 21. _____	<p>The human(人类的) body is around 60% water, and we need to drink lots of water to be healthy. As well as needing clean water to drink, we need it for cooking, washing and brushing our teeth. Farmers use water to make the plants grow. A lot of water is used to produce the clothes we wear.</p>
 Emma 22. _____	<p>A lot of charities(慈善机构)organize fundraising(募捐) events for World Water Day. People do things like sponsored(为慈善活动捐资) walks, cycles and swims. People give them money to do these things, and all this money helps provide clean water to as many people as possible around the world.</p>



Tony

23. \_\_\_\_\_

If we drink dirty water or we can't wash our hands when we go to the toilet, we can catch diseases and become ill. More than two thousand children worldwide die every day from diarrhoea caused by dirty water. In some countries, people mainly women and children - walk many kilometers every day to get water, and sometimes the water isn't even clean!

21. \_\_\_\_\_

22. \_\_\_\_\_

23. \_\_\_\_\_

A. Ways of getting clean water.

B. Ways of solving the problems.

C. The basic roles of water.

D. The problems caused by dirty water.

## B

### A Good Deed(行为)

Bob, a ten-year-old boy, was playing on the grass in a garden. He enjoyed the singing birds, colourful butterflies and the lovely squirrels. It was their own free kingdom. Bob felt like an outsider. He decided to give them space to enjoy freely.

He lay on the grass, feeling like sunbathing on a beach. As he enjoyed the sight of the blue sky, he couldn't help but thought, "What a wonderful world it is!"

Bob was always ready to help others, whether animals or humans. He thought of keeping water in a bowl for watering the birds and animals. Bob stretched(伸) out his hands and saw some squirrels. He fed the squirrels some biscuits.

Suddenly, a small bird fell to the ground before his eyes. Being a passionate(狂热的) animal lover, he couldn't bear to see the little bird suffer(受苦). He remembered his teacher's advice to do a good deed every day, and he decided to take care of the bird.

He picked up the bird and rushed to his room, where he found some cold ice in the fridge and sprinkled(喷洒) water on the bird. The bird woke up after being given water.

Then Bob said that he had done a good job for the day, as his teacher, Miss Shyla, had instructed in the class.

Overjoyed by Bob's kindness, his mother and his teacher praised him for his good deed. Bob smiled, feeling proud of himself and knowing that he had done something good in the world. He felt a sense of peace and enjoyment. He knew that he had made a small difference in the world.

He looked up at the sky, feeling grateful(感激的) for the beauty of the world and the kindness in people's hearts.

24. Where did Bob lie in the garden?

- A. On the bed.      B. On the grass.      C. On the beach.      D. On the ground.

25. What did Miss Shyla advise Bob to do every day?

- A. To help his parents.      B. To go to school early  
C. To do a good deed.      D. To finish his homework on time.

26. What kind of person is Bob?

- A. Busy and wise.      B. Brave and peaceful.  
C. Kind and polite.      D. Kind and helpful.

C

### Simple Things You Can Do to Get Through Hard Times

Life is a long journey. Sometimes you're up, sometimes you're down. But it's the difficult times when we need a little more support and guidance.

I believe how you respond(回应) in your moments of failure tells what kind of person you are. Here's how to make getting through hard times less difficult:

#### 1. Stay Positive(积极的)

Now I know this may sound cliché (老生常谈), but the thing about clichés is that they're typically true.

I'm not saying that you can never have a bad day, or get a little discouraged. But I am saying you have to finally pick up the pieces and start moving forward.

#### 2. \_\_\_\_\_

When I find myself in the middle of an ugly situation, I like to see what went wrong and what I could have done differently.

I always end up learning something that helps me and I finally get a really clear picture of what I need to do to make sure I'm not in the same situation again.

#### 3. Focus on What You Can Control, Not What You Can't

Some situations are beyond your control and no matter what you do, you can't change a thing. You're setting yourself up for failure when you focus your time and energy on things you can't control. You're also making the situation seem even more bleak (无望的) than it actually is because you're focusing on the bad things.

You should instead focus on the things that are within your control because that's the only way you can make a change that's actually going to help you.

#### 4. Realize You've Come a Long Way

Sometimes we get so focused on the road ahead that we never look back to see what we've already traveled. You'll be more confident when you realize that you've made so much progress and the light at the end of the tunnel will get brighter.

## 5. Be Kind to Yourself

You need to care for yourself to make it through hard times. Take a walk through the park, lift some weights, or read an amazing book.

It doesn't matter what you do, just do something that gets your mind and body busy at a higher level than wallowing(沉迷) in self-pity.

27. According to the passage, which statement is **true**?

- A. In order to stay positive, you should avoid having a bad day.
- B. We should focus more on the road ahead and make it better.
- C. Pay attention to the things beyond your control to make a change.
- D. Different people respond differently in their moments of failure.

28. Which is the best heading for Paragraph 6 and 7?

- A. Learn From the Difficult Times
- B. Prepare for the Difficult Times
- C. Know Yourself in the Difficult Times
- D. Keep Learning in the Difficult Times

29. Which is probably the best way to get through hard times?

- A. Staying at home and doing nothing.
- B. Giving up learning new things.
- C. Focusing your energy on bad things.
- D. Riding a bike in the countryside.

## D

### Limiting Social-media Use Leads to Improved Body Image(外形) among Young People

Teens and young adults who cut their social media use by 50% for a few weeks saw significant(显著的) improvement in how they felt about both their weight and their appearance, according to the American Psychological Association research.

“Adolescence(青春期) is a vulnerable(脆弱的) period for the development of body image problems, eating disorders(失调) and mental(精神的) illness,” said Gary Goldfield, PhD, from Ontario Research Institute. “Youth are spending, on average(平均), between six to eight hours every day on screens, much of it on social media. Social media can show users hundreds or even thousands of photos of fashion models every day. They are beauty ideals(理想) that are unreachable for almost everyone and can lead to greater displeasure with body weight and shape among young people.”

However, much of the research on social media, body image and mental health is **correlational**, according to Goldfield, so it is uncertain whether people with body image and mental health problems spend more time on social media or if social media use leads to greater body image and mental health problems.

The study examined 220 university students, aged 17 to 25, who regularly used social media on

their smart phones and had signs of depression(抑郁) or nervousness. During the first week, the students were told to use social media as usual. Half of them were then told to limit their social-media use to an hour a day for the next three weeks, while those in the control group were not.

During the three weeks, students in the first group cut their social-media use by about half, to an average of 78 minutes a day, while the control group averaged 189 minutes a day. Those who cut their social-media use showed improvements on test scores of how they regarded their appearance and body weight. The control group showed no significant changes. The researchers did not find significant differences between genders(性别).

“Our short four-week intervention(干预) using screen-time trackers showed that reducing social media use produced significant improvements in appearance and weight in troubled youth with heavy social media use,” said Goldfield. “Cutting social media use is a possible method of producing a short-term good effect on body image among a vulnerable population of users.”

30. The word “**correlational**” in Paragraph 3 probably mean “\_\_\_\_\_”.

- A.related      B.common      C.separate      D.opposite

31. Paragraph 4 is mainly about \_\_\_\_\_.

- A.why the study was performed      B.how the study was performed  
C.who the study examined      D.what the study showed

32. What can you learn from the passage?

- A.Watching photos of fashion models makes young people feel satisfied with their body.  
B.The study showed great differences young man improved better than young women.  
C.During the four weeks, students were told to limit their media-use to the average level.  
D.Young people are easy to have body image, eating disorders and mental problems in adolescence.

33. Why does the author write this passage?

- A.To discuss the good and bad effects of cutting social media use.  
B.To compare what roles genders play among heavy social media users.  
C.To explain why many young people have the signs of depression or nervousness.  
D.To introduce a method to solve body image problems for heavy social media users.

## 第二部分

本部分共 5 题，共 20 分。根据题目要求，完成相应任务。

四、阅读表达（34 至 36 题每题 2 分，37 题 4 分，共 10 分）

阅读短文，根据短文内容回答问题。

### Home Is Where the Heart Is

In 2017 a record number of over 41 million tourists from abroad visited the United Kingdom. This number fell to a new low of nearly 6.4 million in 2021 but since then numbers greatly rose to just under 30 million in 2022. It's likely to reach 35 million in 2023.

Why do tourists continue to come to the UK in such numbers?

“Harlem World” gives a number of reasons why the United Kingdom is one of the most popular places to visit in Europe. It highlights the breath-taking scenery, with historic castles and rolling green fields. Then there are the pubs and delicious food, such as fish and chips and pies. And then there are the people. They are described as being “universally quite lovely”. It goes on to say that “People in the UK are well-read, well-spoken, and well-dressed. They know how to hold a conversation. People in the UK are polite and easy to be around....When you take a trip to the UK, you will be attracted by the people. They are amazing.”

Many of us are choosing to stay local and tasting what the good old British Isles has to offer as an alternative(替代物). A third of British are choosing to keep their feet firmly on the ground and holiday at home this year.

More and more holiday makers are moving away from lying on the sun loungers by the pool all day and only moving to fill up at the all-day buffet kind of holiday. They are choosing to take the all-action sporting holiday. It's no longer “eat and drink as much as you possibly can” but “do as many exciting challenging things as you possibly can.” Neil Bevan, General.

Manager at The Manor & Ashbury Resorts in Devon is excited to see more and more people joining exploring his beautiful part of the country. The Manor and Ashbury Resorts offer an outstanding choice of over 70 different sporting and leisure activities including golf, tennis, bowling and archery.

34. How many tourists are likely to visit the UK in 2023?

35. What are the people in the UK like?

36. What sporting and leisure activities do the Manor and Ashbury Resorts offer?

37. Are you going to travel abroad this summer holiday? Why or why not?

### 五、文段表达 (10 分)

38. 从下面两个题目中任选一题，根据所给提示，完成一篇不少于 50 词的英语文段写作。文



中已给出内容不计入总词数。所给提示词语仅供选用。不要写出你的校名和姓名。

### 题目①

假如你是李华，一位名叫 Chris 的英国交换生下周一将到你们班来体验学习一个月。你将作为班级代表向 Chris 致欢迎辞，谈谈你的感受，介绍一下你们的学校生活，并给 Chris 一些建议。

提示词语： glad, colourful, take part in, friendly, help each other

提示问题： ● How do you feel about Chris' coming to your class?

● What is your school life like?

● What suggestions would you like to give him?

Dear Chris,

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*I'm sure you'll have a good time with us.*

### 题目②

每个人都有自己珍贵的财富，也许是父母无私的爱，老师的谆谆教诲，同学之间的友谊……；也许是自己一直以来的爱好，不断坚持的意志品质，受益颇多的良好习惯……

某英文网站正在开展以“我最珍贵的财富(My Most Precious Treasure)”为主题的征文活动。假如你是李华，请用英语写一篇短文投稿，谈谈你最珍贵的财富是什么，并说明理由。

提示词语： make progress, in trouble, encourage, grow up, lucky

提示问题： ● What is your most precious treasure?

● Why do you think so?

#### **My Most Precious(珍贵的) Treasure**

Everyone has his or her precious treasure.

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## 参考答案

### 一、单项填空（每题 0.5 分，共 6 分）

1. B      2. A      3. D      4. B      5. C      6. D  
7. C      8. A      9. C      10. D      11. D      12. B

### 二、完形填空（每题 1 分，共 8 分）

13. D      14. A      15. A      16. B  
17. C      18. B      19. A      20. B

### 三、阅读理解（每题 2 分，共 26 分）

- A 21. C    22. B    23. D  
B 24. B    25. C    26. D  
C 27. D    28. A    29. D  
D 30. A    31. B    32. D    33. D

### 四、阅读表达（34 至 36 题每题 2 分，37 题 4 分，共 10 分）

34. 35 million. / 35 million people.

35. They are well-read, well-spoken, and well-dressed. / They are universally quite lovely. / They are amazing. / They are polite and easy to be around.

36. The Manor and Ashbury Resorts offer golf, tennis, bowling and archery. / Golf, tennis, bowling and archery.

37. 答案略。

### 五、文段表达（10 分）

38.

#### 题目①

One possible version:

Dear Chris,

Welcome to our school! Welcome to our class! I'm glad that you will study and live with us in the following month. Our school life is colourful. There are all kinds of clubs and activities. You can join the clubs that interest you. And you can take part in various activities with us, such as the Sports Meet, Music Festival, Chinese Poetry Recitation Competition, English Speech Contest and so on. You can not only experience our school life but also learn about traditional Chinese culture.

Moreover, our teachers are very kind and hard-working. Each of my classmates is friendly. We help and support each other all the time. If you have any problems, please tell us. Every one of us would like to be your friend. I'm sure you'll have a good time with us.

## 题目②

One possible version:

Each one has his or her precious treasure. I think my most precious treasure is the selfless love my parents have given me. Whenever I make a little progress, they feel happy and proud of me. When I am ill, they take good care of me day and night. When I am in trouble, they talk with me and encourage me not to give up. When I do something wrong, they patiently guide me to realize what is right and what is wrong. In a word, my parents try their best to give me the best.

It's the selfless love of my parents that makes me grow up healthily. And I become more and more confident.

书面表达评分标准

	第一档 (9-10)	第二档 (6-8)	第三档 (3-5)	第四档 (0-2)
内容要点	要点齐全 观点正确 体现交际	要点齐全 观点正确	要点不齐全 部分内容符合题意	与题目相关的 内容不多
句式词汇	句式多样 词汇丰富	句式词汇基本 能够满足要求	句式词汇 单调平乏	简单拼凑 句式词汇
语言表达 的准确性	个别错误为 丰富语言产生	少量错误 不影响理解	错误较多 影响理解	内容难以理解
语篇的连贯性 (逻辑)	具有逻辑性			

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北京高考在线创办于 2014 年，隶属于北京太星网络科技有限公司，是北京地区极具影响力的中学升学服务平台。主营业务涵盖：北京新高考、高中生涯规划、志愿填报、强基计划、综合评价招生和学科竞赛等。

北京高考在线旗下拥有网站门户、微信公众平台等全媒体矩阵生态平台。平台活跃用户 40W+，网站年度流量数千万量级。用户群体立足于北京，辐射全国 31 省市。

北京高考在线平台一直秉承 “精益求精、专业严谨” 的建设理念，不断探索 “K12 教育+互联网+大数据” 的运营模式，尝试基于大数据理论为广大中学和家长提供新鲜的高考资讯、专业的高考政策解读、科学的升学规划等，为广大高校、中学和教科研单位提供 “衔接和桥梁纽带” 作用。

平台自创办以来，为众多重点大学发现和推荐优秀生源，和北京近百所中学达成合作关系，累计举办线上线下升学公益讲座数百场，帮助数十万考生顺利通过考入理想大学，在家长、考生、中学和社会各界具有广泛的口碑影响力

未来，北京高考在线平台将立足于北京新高考改革，基于对北京高考政策研究及北京高校资源优势，更好的服务全国高中家长和学生。



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北京高考资讯