

英 语 试 卷

2023. 1

本试卷共 11 页，共 100 分。考试时长 90 分钟。考生务必将答案答在答题卡上，在试卷上作答无效。考试结束后，将答题卡交回。

第一部分：知识运用（共两节，30 分）

第一节：完形填空（共 10 小题；每小题 1.5 分，共 15 分）

阅读下面短文，掌握其大意，从每题所给的 A、B、C、D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

“Sana, why don't you read this paragraph for us?” asked Miss Mehwish. Hesitantly, Sana stood up to read the paragraph. She was hesitant as she stammered (口吃), “Em ... Emma was stand ... ing ...” The class burst into 1. “Sana,” said Miss Mehwish, “Sana, sit down.” Feeling 2, Sana sat down and Miss Mehwish asked someone else to 3 it.

After the class, Sana went to the library to practice reading and overcome her inability. To go to the bookshelf, she walked 4 some of her classmates who were already sitting there.

She heard them talk 5, “What is she doing here?” asked one. “She needs to work hard!” laughed others. Disappointed, Sana picked a book. She settled at the far corner of the library and started reading the book. After many attempts, she found that it was not possible for her to read fluently. She needed a lot of practice and guidance.

Aliza, one of her classmates who was observing her for quite some time, walked close to Sana and offered her 6. Reluctantly (勉强地), Sana agreed. So every day, whenever they got time, Aliza went to teach Sana in reading.

Soon Sana started to read fluently and she gained 7. A few weeks later, Miss Mehwish conducted a reading test. When it was Sana's turn, to everyone's 8, Sana read the paragraph without stammering or hesitation. Miss Mehwish praised Sana on her 9 reading ability.

Sana thanked Aliza for helping her and realised that there are always two types

of classmates: the ones who make fun of you and the ones who help you 10 your weaknesses.

- | | | | |
|-----------------|---------------|----------------|-------------|
| 1. A. anger | B. tears | C. cheers | D. laughter |
| 2. A. surprised | B. worried | C. embarrassed | D. pleased |
| 3. A. accept | B. clean | C. read | D. use |
| 4. A. past | B. around | C. with | D. over |
| 5. A. bravely | B. slowly | C. calmly | D. quietly |
| 6. A. help | B. time | C. money | D. hope |
| 7. A. strength | B. confidence | C. support | D. honor |
| 8. A. regret | B. shock | C. shame | D. relief |
| 9. A. improved | B. required | C. identified | D. hidden |
| 10. A. forget | B. find | C. value | D. overcome |

第二节：语法填空（共 10 小题；每小题 1.5 分，共 15 分）

阅读下面 3 段短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

A

Zhang Tian travelled to a village as a volunteer teacher. However, not everything lived up to his hopes. The school was much 11 (small) than he had expected, with only three classrooms. In front of the classrooms, there was a playground 12 got dusty on windy days and muddy on rainy days. Living in the village was also more challenging than he had thought. The thought of leaving once flashed through his mind, but he 13 (quick) gave up on the idea and found ways to deal with the challenges.

B

It was my first time spending Spring Festival in China 14 my host family. Spring Festival is highly valued by every Chinese family. Preparations began a week before the festival. First, the house 15 (clean) from top to bottom. Next, the Chinese character Fu was attached upside down to our front door. The greatest excitement began the night before Spring Festival. Fireworks were being let off across the city, suddenly lighting up the night sky. We then sat together 16 (enjoy) a big dinner, wishing everyone a happy new year.

C

In some 17 (country), people are living very long lives. What are some of their secrets to longevity (长寿)? Scientific research shows that eating the right foods 18 (play) a big role in determining how long you'll live. Exercise is also important. A study found that people 19 exercised at recommended levels gained 3.4 years of life compared to those who were inactive. In addition, research suggests that there is a link between happiness 20 lifespan – happy people tend to live longer and experience better health than their unhappy peers.

第二部分：阅读理解（共两节，38分）

第一节（共14小题；每小题2分，共28分）

阅读下列短文，从每题所给的A、B、C、D四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A

Harbin Ice and Snow World

When talking about China Ice Festival, people are typically referring to the Harbin Ice and Snow World, which shows ice sculptures of huge proportions and opens usually from 11 am to 10 pm each day.

Best time to enter: Harbin gets dark at around 4 pm in winter. The best time to enter the ice world is around 3 pm to appreciate the shining ice sculptures in the daytime, soon followed by the dazzling colors and light effects at night. It is recommended to spend no more than 4 hours inside the ice world, since it is well below freezing, especially after sunset.

Activities to take:

1. Put on your Elsa dress, walk into dreamlike but real ice buildings, and appreciate ice castles and people sculptures.
2. Experience the speed and excitement of icy super slides. You have the choice of eight ice slides of different sizes. The longest is 300 meters.
3. Entertain yourself with various amusements like ice climbing, skating, skiing, ice mazes, snow fights, and ice biking.
4. Attend the Harbin Show — a splendid ice-and-snow-themed show combining

ice dances, ice magic, clown comedy, catwalk models, ice acrobatics, etc. The Harbin Show is performed by artists from all over the world, three times a day after 5 pm, each show lasting around 40 minutes.

No matter whether you are a solo traveler looking for a travel partner, a couple looking for something romantic and fairy tale, or traveling with young children or with friends for fun and adventure, we can create a trip that is right for you. Read our personalized *One-Day Ice and Snow Fairyland Tour* for inspiration or scan the QR code to tell us your needs.



21. According to the author, the best time to visit the ice world is _____.
- A. at around 11 am B. at around 8 pm
C. at around 3 pm D. at around 10 pm
22. What can you do in the ice world according to the passage?
- A. Enjoying the ice driving. B. Experiencing icy slides.
C. Creating ice buildings. D. Learning ice dance.
23. In which section of a newspaper may readers find this passage?
- A. Travel. B. Business. C. Science. D. Sport.

B

Juliana is a 28-year-old Female Chief Engineer, who works in an oil tanker (油轮) in Brazil. She is one of the handful female chief engineers in the Country. The environment of an oil tanker is a tough one to work in and Juliana is one of the toughest chief engineers the company has. Her ship supplies fuel to other ships coming to the port and her job requires her to pay much attention all the time.

Unlike most chief engineers, who avoid getting dirt on their hands, Juliana loves to put her hands in grease (润滑油). She changes oil and engines and attends all daily works. According to Juliana, her job is not something that other women cannot do. Though the work on ship requires considerable amount of physical strength, a trained woman officer can easily deal with it. When asked the same question to Juliana, she said, "I think many things should be done not with force but with intelligence. Many men think that women do not have the ability,

but it is up to the women to prove these men wrong. And it is very much possible if there is enough effort”.

Juliana wants women to explore several great opportunities that the shipping industry provides. She has been sailing as a chief engineer for last 2 years and she loves every bit of her job. She has sailed for as long as 45 days continuously from Brazil to China and she is very happy with the career choice she has made. Her work involves constant traveling to new places, during which, she has made many new friends and visited several interesting places. But what she loves most is the satisfaction she gets from doing something adventurous and unique.

Juliana wants to tell all the women out there in the world that they have great possibilities to seek a respectable position in the maritime (海上的) field. She feels that it is important for women to believe in themselves and look for unique career opportunities in the marine industry.

24. What do we know about Juliana?

- A. She is not easy to get along with.
- B. She is always careful with the work .
- C. She is eager to take charge of the company.
- D. She is good at avoiding getting dirt on her hands.

25. What's the second paragraph mainly about?

- A. Her advantages over men.
- B. Her daily work on the ship.
- C. Her suggestions for women.
- D. Her attitude to women's work.

26. What attracts Juliana most in her job?

- A. Making many new friends.
- B. Travelling abroad constantly.
- C. Visiting several interesting places.
- D. Getting satisfaction from doing works.

27. Which of the following word can best describe Juliana?

- A. Honest.
- B. Easygoing.
- C. Confident.
- D. Warmhearted.

Does Music Make You Run Faster?

An expert on the effects of music on exercise, Dr. Costas Karageorghis, claims that listening to music while running can raise performance by up to 15%. To put this theory to the test, I took part in a special half marathon, which had groups of musicians playing at various points along the route.

As I was at the start, a singer sang an inspiring song for us. It may explain why I got off to a good start. But apart from the song at the start, I can hardly remember the music played along the course. “Outstanding runners”, says Karageorghis, “tend to focus on themselves when they are running.” According to him, most other runners look for encouragement and distraction from what is going on around them. It is true. Then what did other runners make of the music?

Adam Bull usually runs marathons with no music and little crowd support. “The music here has been great for my performance. With the cheerful bands, you find yourself running to the beat, which helps.”

The only person I found who was less than happy with the music was Lois Lloyd. “I found the music wasn’t loud enough, so I ran with an MP 3 player.” she said. “I need my music all the time.” Karageorghis is not surprised when I tell him. “There are many advantages to using your own player, rather than relying on the music on the course,” he says. “It gives you a constant encouragement, and you can change the playlist to your taste.”

One runner told me there was a direct connection between the quality of the music on the course and how much it helped. But quality, of course, is based on personal opinions.

Of course, the music was not only there to help runners break their personal bests, but to provide a sense of occasion, draw out the crowds and create a festival atmosphere. Along with some spring sunshine, it certainly achieved that.

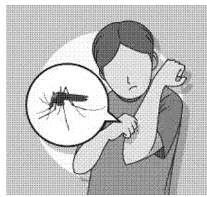
28. Why did the author take part in a special half marathon?

- A. To win a prize.
- B. To test a theory.
- C. To enjoy the music.
- D. To do some exercise.

29. According to the passage, Dr. Costas Karageorghis may believe that _____.
- A. music brings more benefits to outstanding runners
B. music can help improve people's performance in running
C. music with high quality helps much in running in half marathon
D. music on the course works better than that in runners' own players
30. What is the author's attitude to the function of music to running?
- A. Positive. B. Doubtful. C. Critical. D. Uncertain.

D

Scientists and ordinary people alike have long wondered why mosquitoes are more attracted to some people than others. Growing evidence suggests that a person's unique odor (气味) plays a large part in it, with several odorants known as mosquito attractants. Now, the smell of carboxylic acids (羧酸) can be added to that list, researchers at Rockefeller University reported.



“Everybody asks why some people are more attractive to mosquitoes than others.” Leslie Vosshall, a study coauthor and neurobiologist says.

So Vosshall and her colleagues gathered 64 volunteers and asked each of them to wear nylon stockings around their arms for six hours to collect their unique skin odor. They then placed two stockings into separate containers side by side, and released mosquitoes to see which stocking they moved toward. After pitting the different stockings with each other, the team came out with a winner that was about 100 times more attractive than the last place stocking.

The scientists repeated these experiments over three years with the same volunteers, finding that the volunteer's attractiveness rating remained stable over time despite changes in diet or skin product usage.

Then the scientists performed a chemical analysis on the stockings. Sure enough, they found that the stockings that were highly attractive to mosquitoes had high levels of carboxylic acids. “If you have high levels of this stuff on your skin, you're going to be the one at the picnic getting all the bites,” says Vosshall.

The scientists tried genetically changing the insects to reduce their sensitivity to the acids. However, this did not affect the mosquitoes' preferences.

第二节 (共5 小题; 每小题2 分, 共10 分)

根据短文内容, 从短文后的七个选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

For many parents, it is not easy to ask for information from children about what they did at school all day. 35 But other times, they keep silence or respond with a single word. It doesn't have to be so tough. With the right strategies, even the most silent child will open up. 36

- Don't ask "How was your day?"

This question often leads to one-word answers or a shrug. For many children, the question is too general and they don't want to think about how to answer it with specifics.

- Share your own experiences.

37 Don't shy away from sharing your challenging experiences. It will get the conversation started and help children understand their own emotions. Labeling that you are also having a stressful experience is a good chance to show them how they might do that.

- 38

Ask when your child feels disappointed, frustrated or sad, too. Asking children to share negative as well as positive emotions can help to surface problems in a more routine, less stressful way.

- Avoid distractions.

Choose a time to talk when you'll be able to listen to your child. 39 Children are less likely to reply with thoughtful answers when you're not paying full attention. Full focus will help you ask follow-up questions, which are important to show interest.

- A. Don't rush to know everything.
- B. Sometimes, kids are happy to chat.
- C. Don't expect only positive experiences.
- D. Here's how to get them to tell you about their day.
- E. Put your phone down and avoid doing other chores.
- F. One way is to ask children to retell what they learned in school.
- G. Children may follow your lead if you share your own highlights and lowlights.

第三部分：书面表达（共两节，32分）

第一节：阅读表达（共4小题；第40、41题各2分，第42题3分，第43题5分，共12分）。

阅读下面短文，根据文章内容及题目要求回答问题。

Is it the future worrying me? Did I hurt someone by mistake? Am I expecting too much from life? We are often stuck in these unnecessary thoughts, causing anxiety and making us weak.

The escape from my sadness and depressed thought has been cooking for the past few months. I read through quick recipes, find the ones that I can connect to, and search up for materials in the kitchen. Every time I cut a vegetable, it is like I am cutting off my problems. All of this not only brings me great joy, but it leads me to discover something I am good at, which I might have never tried otherwise.

Cooking can work as a treatment, which has received some scientific explanations. Mental health experts have talked about the benefits cooking and baking provides for people struggling with poor mental health. Through cooking, these people can get back control of their lives. They can bring back the feeling of joy and excitement that has been long gone from their daily lives. Julia Ohana, an active expert in culinary therapy, talked about the significance cooking holds in terms of time control, communication, and problem-solving ability. She believes all these skills combined help people become less depressed and more satisfied.

The excitement when you work on a recipe is unexplainable. You look forward to what you are going to create from your own hands. You have the power to make something great, only depending on the direction you take and your cooking skills.

40. What might be the result if we are caught in unnecessary worries?
41. According to the experts, what benefits will cooking bring to people with poor mental health?
42. Please decide which part is false in the following statement, then underline it and explain why.

► ***The author chooses to cook when he feels sad because he wants to comfort himself with a good meal and the cooking process also brings him***

happiness.

43. Please briefly present some other ways to get rid of unnecessary worries. (*In about 40 words*)

第二节：书面表达（20分）

根据题目所提出的具体要求，在答题卡上写出一篇连贯完整的短文。词数不少于60。

假设你是红星中学的高一学生李华，你的英国笔友 Jim 对于你校近期组织的线上体育课很感兴趣，请你根据下面的信息给他回信，介绍线上体育课相关情况，内容包括：

1. 线上体育课所需准备；
2. 课堂活动内容；
3. 个人收获与感受。

信的开头结尾以为你写好，不计入总词数。

Online PE Class	
Preparations	<ul style="list-style-type: none">● a pair of comfortable shoes● ...
Class activities	<ul style="list-style-type: none">● do some warm-ups● watch videos on how to do sports● practice doing different sports● ...
Benefits and your feelings	...

Dear Jim,

I've heard you are interested in our online PE class. Now I'd like to introduce it to you.

That's all for our online PE class. If you want to know more, contact me!

Yours,

Li Hua

关于我们

北京高考在线创办于 2014 年，隶属于北京太星网络科技有限公司，是北京地区极具影响力的中学升学服务平台。主营业务涵盖：北京新高考、高中生涯规划、志愿填报、强基计划、综合评价招生和学科竞赛等。

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