

2022-2023学年高考前适应性训练考试

高三英语

注意事项:

1. 考试时间为120分钟, 满分150分。
2. 答题前, 考生务必将自己的姓名、准考证号填写在答题卡相应的位置。

第一部分 听力 (共两节, 满分30分)

第一节 (共5小题; 每小题1.5分, 满分7.5分)

听下面5段对话。每段对话后有一个小题, 从题中所给的A、B、C三个选项中选出最佳选项, 并标在试卷的相应位置。听完每段对话后, 你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What does the man care most about the phone?

- A. Its price.
- B. Its design.
- C. Its model.

2. How does the man prefer to go to the airport?

- A. By taxi.
- B. By subway.
- C. By bus.

3. Where does the conversation take place?

- A. In an office.
- B. In a restaurant.
- C. In a store.

4. What will the woman do to cool down?

- A. Go outside.
- B. Open the window.
- C. Turn on the air conditioner.

5. What are the speakers mainly talking about?

- A. A robot.
- B. A zoo.
- C. A hotel.

听下面5段对话或独白。每段对话或独白后有几个小题, 从题中所给的A、B、C三个选项中选出最佳选项, 并标在试卷的相应位置。听每段对话或独白前, 你将有时间阅读各个小题, 每小题5秒钟; 听完后, 各小题将给出5秒钟的作答时间。每段对话或独白读两遍。

听第6段材料, 回答第6、7题。

6. Why is John calling Maria?

- A. To ask for a ride.
- B. To discuss a meeting.
- C. To borrow her car.

7. When will the speakers meet?

- A. At 7:10.
- B. At 7:30.
- C. At 7:40.

听第7段材料，回答第8至10题。

8. What problem did Jack meet in Florida?

- A. He got sun-burnt badly.
- B. The weather was changeable.
- C. Her husband.

9. With whom did the woman go to Queens town?

- A. Her friends.
- B. Her father.

9. With whom did the woman go to Queens town?

10. What will the woman do for Jack?

- A. Buy him a gift.
- B. Teach him how to dive.
- C. Show him some pictures.

听第8段材料，回答第11至13题。

11. What is the probable relationship between the speakers?

- A. Brother and sister.
- B. Classmates.
- C. Teacher and student.

12. When will Teresa sign up for after-school tutoring?

- A. On Monday.
- B. On Tuesday.
- C. On Wednesday.

13. What will the boy do next?

- A. Call Mr. Brown.
- B. Apologize to Nancy.
- C. Buy a new doll house.

听第9段材料，回答第14至17题。

14. At what age did Michael's grandfather retire?

- A. 55.
- B. 58.
- C. 61.

15. How would his retired life be in Michael's grandfather's opinion?

- A. Colorful.
- B. Poor.
- C. Dull.

16. Why did Michael's grandfather finally retire?



- A. To help out a young man.
- B. To work at the Union Office.
- C. To spend time with his family.

17. What is Michael's grandfather learning now?

- A. Skating.
- B. Painting.
- C. Swimming.

听第10段材料，回答第18至20题。

18. What did wildlife officials decide to do with the washed-up dolphin?

- A. Clear her stomach.
- B. Put her back to the sea.
- C. Kill her in a painless way.

19. What was still unknown yet?

- A. Why the dolphin got sick.
- B. Whether the dolphin was pregnant.
- C. What was in the dolphin's stomach.

20. Where is the talk probably being given?

- A. In a lecture hall.
- B. At a radio studio.
- C. On the beach.

第二部分 阅读理解（共两节，满分50分）

第一节（共15小题；每小题2.5分，满分37.5分）

阅读下列短文，从每题所给的A、B、C和D四个选项中，选出最佳选项。

A

Social workers' roles in assisting individuals and communities have become necessary. Many disadvantaged individuals and communities need their support. They are highly valued. The following are some of them.

School social workers.

These social workers create strategies to help students' academic performance and social development with teachers and parents. They assist students with issues such as bullying (欺凌). School social workers also talk with families to solve absences from class or access to special education resources. While school social workers and guidance advisers share some similarities, they have some differences. School social workers focus more on a student's personal life.

Child and family social workers.

These social workers assist families safeguard children. They support families in finding housing and childcare services and assist in applying for benefits. When children are badly treated, they will bring them to a better living situation. Some work to reunite separated families or organize adoptions (收养).

Health care social workers.

These social workers help patients understand their diagnoses and adjust their lifestyles. They also help doctors understand how illnesses affect their patients' mental and emotional health. Social work with seniors and

the elderly, long-term pain management and medical social work are a few of the specialties of health care social workers.

Mental health and substance abuse social workers.

These social workers assist patients who have mental illnesses or addictions. They educate the patients on how to deal with their condition. Typically, those specializing in mental health and substance abuse social work are licensed clinical social workers, allowing them to diagnose and provide treatment for their patients.

21. What do school social workers do?

- A. Help safeguard kids.
- B. Provide treatment for students.
- C. Improve students' academic performance.
- D. Help doctors understand the effect of illnesses on patients.

22. Which kind of social workers should a man turn to if he is addicted to wine?

- A. School social workers.
- B. Health care social workers.
- C. Child and family social workers.
- D. Mental health and substance abuse 'social workers.

23. What is the purpose of the text?

- A. To introduce.
- B. To inform.
- C. To advertise.
- D. To persuade.

B

My mother suffered COPD and heart failure, which made her have great difficulty breathing or catching her breath. For the last 5 years of her life, my most common memory was of her leaned over an outdoor trash can, trying 'to get enough air.

I was away getting my Master's in Theatre Arts when she passed away. My mind was unhinged (精神错乱的). They pulled me off my desk and took me to the local mental health facility. I was just at tech week for the show Fefu and Her Friends. My officemate and fellow director Sarah Jane Hardy took over the production and saw it safely through.

But this is just the beginning of the kindness that surrounded me. She sat with me in my apartment when I returned and let me fall apart in a safe space. My dad traveled with me from Phoenix to Utah to see the final performance. My department chair allowed me to fold over my thesis (论文) and turn it into an MA researched thesis so I could return home at the end of the year having graduated. My roommates helped motivate me to go to classes.

This was one of the hardest chapters in my life and so many people came to help me to heal. I think before this time I would have prized intelligence or education as the highest trait (特点) in a person, but afterwards, I 've felt that kindness defines people most. The world would be a cold place if we did not have friends who showed it openly in our times of need.

24. What was the author's common memory of her mother in her last years?

- A. Suffering heart attacks.
C. Trying to catch her breath.
25. How did Sarah Jane Hardy show her kindness?

- A. She traveled with the author.
B. She allowed the author to fold over her thesis.
C. She helped motivate the author to go to classes.
D. She took over the production of Fefu and Her Friends.

26. What is the most important thing to define a person according to the author?

- A. Courage.
B. Kindness.
C. Education.
D. Intelligence.

27. What is the best title for the text?

- A. The Hardest Task I Met
B. The Last Days of My Mother
C. The Darkest Days of My Life
D. The Kindness People Showed Me

- B. Cleaning an outdoor trash can.
D. Doing everyday housework carefully.

C

What will astronauts wear in more than 50 years? A brand-new spacesuit is developing. Called the Exploration Extravehicular Mobility Unit (EEMU), the spacesuit protects astronauts from the tough environment of the lunar surface, which is quite different from that astronaut have been exploring for the past few decades in low Earth orbit.

Progress on the suit has been overshadowed (使不快乐). “The EEMU represents the first new spacesuit that NASA has developed in over 40 years,” George Nield, previously the associate administrator for commercial space transportation at the Federal Aviation Administration, said. “So far, it looks like things are pretty on schedule.”

Nield outlined the agency 's plan to build five EEMU suits in the initial (最初的) group. One for design tests is almost done and should be completed in December. A second will be built for qualification testing and a third will be tested in orbit on the International Space Station. The final two suits of the set will walk on the moon in 2024 on a mission called Artemis 3.

In addition to the main spacesuits, each astronaut will also require an internal cooling garment (衣服), and NASA has now completed the first prototype of that undergarment, according to Nield. And the agency also needs to upgrade the backpack-like Portable Life Support System that astronauts carry to stay alive.

Meanwhile, NASA got a sense of how the new suit will perform on the moon by testing the design underwater. Underwater, astronauts can get a feel for moving around in a spacesuit and using the tools they will operate during a spacewalk. Lately, NASA has been using the pool to study movements like collecting moon rock and dust, navigating a ladder and planting a flag in the lunar surface.

28. Why does the author ask a question at the beginning of the text?

- A. To make readers think.
C. To seek for some information.

B. To put forward the topic of the text.

D. To exchange opinions with readers.

29. What is George Nield's attitude towards progress on EEMU?

A. Satisfied.

B. Disappointed.

C. Puzzled.

D. Shocked.

30. What does the underlined word "prototype" mean in Paragraph 4?

A. Sample.

B. Copy.

C. Test.

D. Design.

31. How did scientists know the performance of the spacesuit on the moon?

A. By testing it in the lab.

C. By testing it underwater.

B. By learning from other scientists.

D. By comparing it with other spacesuits.

D

Environmental conditions experienced by parent plants can influence offspring performance through parental effects induced (感应的) by DNA. The offspring can also be influenced by environmental conditions experienced by their parents via soil legacy (遗产) effects due to changes in the composition of soil.

We conducted a two-phase experiment with five genotypes (基因型) of a clonal plant. In the first phase, we grew parent plants of each genotype under two light conditions and two DNA treatments. We then collected soils and clonal offspring for each genotype from each of these four treatments and measured soil properties. In the second phase, we grew the offspring from each of the four treatments in the four different soils, under the two light conditions.

When grown under environmental light condition and in soil from environmental parents, offspring produced by environmental parents grew larger than offspring produced by shaded parents when the parents were treated with water. This difference was smaller when the parents were treated with 5-azaC, and disappeared when the offspring were grown in soil from shaded parents. The growth difference was also observed when the offspring were grown under shaded condition and in soil from shaded parents. However, this difference was greater when the parents were treated with 5-azaC, and disappeared when the offspring were grown in soil from environmental parents.

Our results show that light condition experienced by parents can influence offspring responses to light through both parental effects and soil legacies. The parental effects were mediated (调节) by changes in DNA and the soil legacies. These impacts may eventually influence the ecological and evolutionary track of clonal plant populations.

32. What is the text mainly about?

A. Environmental conditions are important to offspring performance.

- B. Offspring performance can be controlled by DNA and the soil legacies.
C. Environmental conditions experienced by parent plants can influence offspring.
D. Light condition experienced by parents can influence offspring responses to light.

33. How did the researchers get the result?

- A. They carried out a survey. B. They conducted an experiment.
C. They analyzed existing data. D. They collected information from others.

34. What can we learn from Paragraph 3?

- A. Growth difference only happens under environmental light condition.
B. Offspring of environmental parents grow smaller than offspring of shaded parents.
C. No growth difference appears when offspring are grown in soil from shaded parents.
D. Growth difference varies when parents are treated with 5-azaC under different conditions.

35. Where is the text most likely from?

- A. A diary. B. A magazine. C. A novel. D. A notebook.

第二节（共5小题；每小题2.5分，满分12.5分）

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

People with satisfying relationships and positive emotions live healthier and longer. 36 Emotion regulation improves with age. We see improvement for most people, but not for everyone.

Why some people do not experience these improvements?

Most of the people in these studies are people from Western rich societies. 37 And most of them are middle-class people who are employed. Compared to younger people of comparable status, the older people looked a lot better. But if they are in bad situations, you may not see these benefits.

Are these the kinds of things that weigh on young people's minds?

What's really important for emotional well-being is to know that your future is secure. Younger people are healthy and expect to have a long life ahead of them. 38 As people get older, there is less time left and they start valuing emotional goals more. Older people will spend time with family and friends.

Is there a risk of becoming too emotionally comfortable?

You can be so comfortable that you no longer meet any challenges and you really need to stay engaged in cognitive challenges. In a recent study, we asked over 2,500 people about the relatively minor stressors they had experienced. About 10 percent of the people reported never having experienced even one. They also reported being happier than those who reported at least one. 39 They also reported having received or given less help to others and that they had spent more time watching TV.

People need to know themselves and make decisions that create lives where they are active and engaged in a way that makes them feel a sense of belonging. They need activities that are challenging for them, where they learn new information and remember this information. They need to engage in physical activities that maintain or even strengthen their physical health. They need to engage in behaviors that ensure their physical health and emotional well-being.

- A. A lot of them have financial security.
B. What should people do to achieve balance?
C. Young people are faced with constant stressors.
D. What should people do to stay happy and healthy?

- E. They value hard work and enjoy planning for the future.
- F. What we also found was that they performed worse on cognitive tests.
- G. Psychological well-being is related to lower levels of stress and better health.

第三部分 语言知识运用（共两节，满分30分）

第一节（共15小题；每小题1分，满分15分）

阅读下面短文，从短文后各题所给的A、B、C和D四个选项中，选出可以填入空白处的最佳选项。

Fiona Famous was a popular girl. She got on well with everyone and was so busy that she 41 spent time with individual friends. However, she felt lucky; no other girl had so many friends.

Everything 42 on National Friendship Day. Everyone had to make three 43 to give to their three best friends. Fiona enjoyed the task. When all the presents had been 44, Fiona was the only one who had not 45 a present! She felt 46 and cried. How could it be possible? No one 47 her as their, best friend? Everyone came and 48 her for a while. But all only stayed for a while. This was what Fiona had done so many times to others.

Arriving home, Fiona asked her mother where she could 49 true friends. "My dear," answered her mother, "you cannot buy friends with a smile or a few, good words. If you really want true friends, you will have to give them real time and 50. You must be available in good and bad times."

"But I want to be everybody's friend! I need to share my 51!" Fiona protested (声明).

"You can't be a close friend to everybody. There isn't enough time. It's only 52 to have some true friends. Others will be playmates," said her mother.

Hearing this, Fiona 53 she had not been a true friend. She had tried to pay attention to everyone, but that was not enough. To be close friends, you need to be 54, understand what others are 55 and support them.

- | | | | |
|----------------------|----------------|------------------|------------------|
| 41. A. hardly | B. eventually | C. gradually | D. finally |
| 42. A. happened | B. changed | C. disappeared | D. worsened |
| 43. A. cakes | B. promises | C. presents, | D. comments |
| 44. A. taken | B. replaced | C. sold | D. shared |
| 45. A. received | B. possessed | C. liked | D. fixed |
| 46. A. different | B. terrible | C. easy | D. relaxing |
| 47. A. promised | B. asked | C. saw | D. hoped |
| 48. A. congratulated | B. persuaded | C. reminded | D. calmed |
| 49. A. find | B. look | C. name | D. run |
| 50. A. energy | B. affection | C. money | D. help |
| 51. A. time | B. belief | C. dream | D. gifts |
| 52. A. natural | B. usual | C. possible | D. necessary |
| 53. A. proved | B. realized | C. guessed | D. admitted |
| 54. A. grateful | B. generous | C. available | D. brave |
| 55. A. working out | B. going after | C. looking after | D. going through |

第二节（共10小题；每小题1.5分，满分15分）

阅读下面短文，在空白处填入1个适当的单词或括号内单词的正确形式。

Tianwen 1, China's historic Mars mission, has 56 (successful) accomplished all its planned scientific tasks, according to the China National Space Administration. The administration said on Wednesday the Tianwen 1

mission orbiter has obtained medium-definition images of 57 entire planet, marking the completion of its scientific goals. The craft has circled Mars 1,344 times so far and will continue to carry out extended remote-sensing operations and technological tests.

Tianwen 1, 58 (name) after an ancient Chinese poem, was launched on July 23, 2020. The craft traveled about 475 million kilometers and carried out several trajectory maneuvers (变轨) before entering Martian orbit 59 February last year .

Meanwhile, the Zhurong Mars rover (漫游者), which 60 (be) in dormant (休眠的) mode since mid-May, is expected to restart explorations in December, 61 the weather is more favorable.

The rover, named after the god of fire in ancient Chinese legend, touched down on the planet on May 15, 2021 and 62 (begin) to travel across the Martian surface a week later. Before it entered dormant mode, the 1.85-meter-tall, 240-kilogram robot. traveled nearly 2,000 meters and obtained much data and many 63 (image) on the road to its destination-the vast Martian plain where it landed.

By now, the 13 64 (science) instruments on the orbiter and the rover have transmitted nearly 1,040 gigabytes (十亿字节) of raw data back to Earth . The data has been delivered to Chinese scientists and has helped deepen the 65 (understand) of the Red Planet.

第四部分写作（共两节，满分40分）

第一节 应用文写作（满分15分）

假定你是李华，你的英国笔友Mike即将到中国留学并在一个当地家庭里居住。他写信询问如何与住宿家庭相处，请你据此回信，内容包括：

1. 很高兴他将来中国；
2. 你的建议；
3. 期待他的留学成功。

注意：1. 写作词数80左右；

2. 可以适当增加细节，以使行文连贯。

Dear Mike,

How is everything going?

Yours,
Li Hua

第二节 读后续写（满分25分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

The Christmas I will never forget happened when I was 9. I believed in Santa with all my heart. How could I not when I received everything I wished for.

December 1st. Mom would announce, "It's time." Hearing those words, we all knew it was time to write our

letters to Santa. One day I asked mom why we always wrote our letters on December 1st. She said because so many kids were writing letters to Santa, he needed time to read them and make all the toys the kids wanted. Once our letters were finished, mom would put them in her purse and mail them the next day.

Christmas Eve finally arrived. We were all so excited. We did our Christmas Eve traditions. Daddy read us 'The Night Before Christmas' story. Then it was time for sleep. I had such a good feeling about Christmas this year. It was difficult to fall asleep. But sleep finally came and so did Christmas morning. I woke up hearing my brothers yelling. Jimmy came running and jumping on my bed. "Santa's been here, sister! Let's open presents!"

We ran down the stairs. Our eyes were glowing like wildfire as we eyed over the presents under the tree. My brothers and I quickly snuggled (依偎) among the packages. We all watched as each person unwrapped a gift. I kept watching as my brothers unwrapped gifts. My dad didn't hand me any package. "This year you are going to be the last to get your presents because you are the oldest." he declared. I didn't think anything of it, so I whispered "OK."

One by one all of the packages had been opened. There was none left. I couldn't understand. I had been so good this year. Tears began sliding down my cheeks. I ran up to my room. My mom went up the stairs for me to come back down. Dad wanted to talk to me. Sobbing, I slowly made my way back.

注意：1. 续写词数应为150左右；

2. 请按如下格式在答题卡的相应位置作答。

Dad signed to me to follow him.

The memory of that Christmas stayed with me all these years



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北京高考在线平台一直秉承 “精益求精、专业严谨” 的建设理念，不断探索 “K12 教育+互联网+大数据” 的运营模式，尝试基于大数据理论为广大中学和家长提供新鲜的高考资讯、专业的高考政策解读、科学的升学规划等，为广大高校、中学和教科研单位提供 “衔接和桥梁纽带” 作用。

平台自创办以来，为众多重点大学发现和推荐优秀生源，和北京近百所中学达成合作关系，累计举办线上线下升学公益讲座数百场，帮助数十万考生顺利通过考入理想大学，在家长、考生、中学和社会各界具有广泛的口碑影响力

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