

# 2022 北京北师大实验中学高一（上）期中

## 英 语

第一题 完形填空。(每题 1 分, 共 10 分)

Some people seem to have a secret for learning languages. They can pick up new vocabulary, master rules or grammar, and learn to write in the new language more \_\_\_1\_\_\_ than others. They do not seem to be any more intelligent than others, so what makes language learning so much easier for them? Perhaps if we take a close look at these successful language learners, we may discover a few of the \_\_\_2\_\_\_ which make language learning easier for them.

First of all, successful language learners are \_\_\_3\_\_\_ learners. They do not depend on the book or the teacher; they discover their own \_\_\_4\_\_\_ to learn the language. \_\_\_5\_\_\_ waiting for the teacher to explain, they try to find the patterns and the rules for themselves.

Secondly, successful language learning is active learning. Therefore, successful learners do not wait for a chance to use the language; they \_\_\_6\_\_\_ such a chance. They find people who speak the language and they ask these people to correct them when they make a(n) \_\_\_7\_\_\_. They will try anything to communicate. They are not afraid to repeat what they hear or to say strange things; they are willing to make mistakes and try again.

Finally, successful language learners are learners with a \_\_\_8\_\_\_. They want to learn the language because they are interested in the language and the people who speak it. It is necessary for them to learn the language in order to communicate with these people and to learn from them. They find it easy to practice using the language regularly because they want to learn with it.

What kind of language learner are you? If you are a successful language learner, you have \_\_\_9\_\_\_ been learning independently, actively, and purposefully. On the other hand, if your language learning has been less than \_\_\_10\_\_\_, you might as well try some of the techniques mentioned above.

- |                  |                |               |                   |
|------------------|----------------|---------------|-------------------|
| 1. A. quickly    | B. slowly      | C. fairly     | D. carefully      |
| 2. A. chances    | B. techniques  | C. choices    | D. opportunities  |
| 3. A. reliable   | B. interesting | C. successful | D. independent    |
| 4. A. way        | B. ability     | C. reason     | D. interest       |
| 5. A. Because of | B. Except for  | C. Instead of | D. In addition to |



6. A. look up      B. look into      C. look out      D. look for
7. A. decision      B. error      C. plan      D. promise
8. A. pressure      B. right      C. choice      D. purpose
9. A. probably      B. hardly      C. nearly      D. luckily
10. A. necessary      B. important      C. successful      D. interesting

**第二题 阅读理解。(11-16 每题 1 分, 17-28 题每题 2 分, 共 30 分)**

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中, 选出最佳选项, 在答题卡上将该项涂黑。

**A**

High school freshmen always have a lot of questions on their minds. “What can I do when I grow up?” is one of them. It's definitely not too early to start thinking about this tough question. The following tips may help equip you for your future career.

● **Think beyond grades**

Getting good grades in high school is important, but focusing only on straight A's could go wrong. Spending too much time on your schoolwork will leave you little time to explore opportunities outside of the classroom. After-school activities are necessary because they serve as a form of career exploration. They can help you figure out your work preferences, like whether you prefer to work with others or alone. Nowadays, most well-known colleges care about students' experiences as much as their grades.

● **Seek advice from grown-ups**

Talk to your parents, teachers and school counselors (顾问) about how they started their careers. Even though you're interested in the careers they are in, it would be useful to learn about the process which got them where they are now. If you find your friend's mother doing a worthwhile job by chance, ask her if job shadowing (体验工作) is possible in her company during holidays. After all, seeing a typical day in the position you have an interest in can be a great experience.

● **Start your search online**

If you really have no idea what you can do when you grow up, take online career quizzes to get ideas about what professions naturally match your skills, interests and personality traits (特点). For the time being, you just need to focus on finding a field or two that interests you, rather than a specific career. Chances are you'll change your mind several times before finding a career that you want to stick to. Starting to explore career options now can at least help you decide what your potential major might be.



11. Spending some time taking part in after-school activities can help high school students\_\_\_\_\_.
- A. get A's in all subjects  
B. explore their work preferences  
C. enter top universities  
D. get along with their classmates
12. It is suggested that high school students find out their\_\_\_\_\_from online career quizzes.
- A. possible professions  
B. main disadvantages  
C. specific positions  
D. dream majors
13. This article was probably written by a\_\_\_\_\_.
- A. college professor  
B. school counselor  
C. advertising manager  
D. computer programmer

**B**

“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”—Albert Einstein

If you have a kid with special needs in the school system, you're likely to have come across that saying hanging on a classroom wall. My five-year-old daughter Syona has cerebral palsy (脑瘫) and it means, combined with her communication and sight problems, that normal standard isn't always an accurate measure of her abilities.

By now you have probably heard about Chris Ulmer, the 26-year-old teacher in Jacksonville, Florida, who starts his special education class by calling up each student to give them much admiration and a high-five. I couldn't help but be reminded of Syona's teacher and how she supports each kid in a very similar way. Ulmer recently shared a video of his teaching experience. “I have seen their confidence increase rapidly.” he said. All I could think was: how lucky these students are to have such good teachers.

Syona's teacher has an attitude that can best be summarized in one word: wonderful. Her teacher doesn't focus on what can't be done—she focuses on what can be done. Over the past several months, my husband Dilip and I have seen Syona's confidence increase greatly. She uses words she wouldn't have thought of using before. She recently told me about her classmates trip to Ecuador and was very proud when I understood her on the first try.

I actually wonder what the influence would be if we did something similar to what Ulmer does with his students in our home. We've recently started our day by reminding each other of the good qualities we all have. If we are reminded of our strengths on a regular basis, we will become increasingly confident about progress and success.

14. What does the author think of Albert Einstein's saying?
- A. Funny.                      B. True.                      C. Strange.                      D. Confusing.

15. What can we learn about Syona's teacher?
- A. She is Syona's favorite teacher.
  - B. She puts Einstein's quote on the wall.
  - C. She uses videos to teach her students.
  - D. She helps increase her students' confidence.
16. What change has taken place in the author's family?
- A. They've invited Ulmer's students to their home.
  - B. They visit Ulmer's classroom regularly.
  - C. They give each other praise every day.
  - D. They feel thankful to people in their lives.

C

Whether a person is considering starting a small business or changing career paths, passion must be taken into account. While characteristics such as strong values, talent, ambition, intellect, discipline, persistence (毅力), and luck all contribute to business and career success, following your passion can often make the most significant difference of all.

Before discussing passion and explaining its significance, we must first define the true meaning of success. Success is usually thought of as making large sums of wealth or achieving a certain level of fame, but true success that satisfies is not all about money.

Success is better defined as an achievement of a desired aim or purpose. More than money or fame, most people desire to combine their own passions with their work while making a sustainable income. The more you earn, the less money returns, making money an elusive (难以捉摸的) definition of success.

For most people, success means being proud of their achievements and being part of something that matters. This is particularly true when it comes to meaningful work. If a person decides to follow their passion, there is a greater likelihood that money and traditional success will follow because the time and effort invested in the adventure come with enthusiasm and zeal (热情).

If enthusiasm and passion are present, people tend to be more resilient (有承受力) when facing difficulties. People who are passionate about what they do, rather than just "in it for the money," tend to be people who have more positive outlooks and can overcome difficulty through problem-solving.

Also, the more passionate someone is about their job, the more inclined (倾向于) they are to work hard on self-improvement, increasing their chances of success.

One of the most successful companies in the world is Apple. Apple's founder and most remarkable leader was the late Steve Jobs. In an article titled "*The Seven Success Principles of Steve Jobs*", writer Carmine Gallo outlines seven factors responsible for Jobs' success. The article is based on interviews with Apple employees and Steve Jobs himself. The first principle? "Do what you love." Steve Jobs believed in the power of passion and once said, "People with passion can change the world for the better." Jobs claimed that his passion for his work made all the difference.

17. In writing Paragraph 1, the author aims to \_\_\_\_\_.
- A. introduce the topic                      B. make a comparison  
C. present a problem                      D. give a definition
18. By saying "The more you earn, the less money returns, making money an elusive definition of success." in Paragraph 3, the author means \_\_\_\_\_.
- A. sometimes you don't get much reward for your hard work  
B. money doesn't always define success  
C. if you want to be successful, you need a steady income  
D. the more you earn, the less money returns, which is not a sign of success
19. What could we learn from Paragraph 4?
- A. Most people intend to choose meaningful jobs.  
B. If you follow most people's course, success is just around the corner.  
C. Working with enthusiasm is more likely to succeed.  
D. If you are always proud of yourself, you will succeed easily.
20. What could be the best title for the passage?
- A. Steve Jobs and His Success Principles  
B. Follow Your Passions, and Success Will Follow  
C. Secrets to Success  
D. Passion and Your Career

**D**

A character in one of Shakespeare's plays once said, "Some are born great, some achieve greatness, and some have greatness thrust upon them." Any of these could apply to the modern-day sportsmen. Many still argue about the nature of talent. Some claim that people are born to be sportsmen, while others say it is only through devotion and hard work that they achieve their abilities. Arguably though, it is not until their talents are acknowledged (认可) by the public that they truly have greatness fallen upon them.

With this acknowledgement of their "greatness" come all the trappings of modern-day

celebrity: money, power, influence and responsibility. For better or for worse, like it or hate it, modern sportsmen are the role models of children everywhere. These children will grow up admiring their heroes, devoting their lives to copying their every move, and wanting above all to be like them. Due to this fascination, particularly with the massive influence of the media, it is more important than ever for these sportsmen to acknowledge their responsibility.

In the past few months alone, there have been many examples of questionable behaviors from sports stars of the present day. They are often mirroring the very worst aspects of society, a fact that the self-righteous (自以为是的) anger of the modern press has been quick to point out. It would be wrong for us to expect sportsmen to be perfect. It would also be wrong for us to think that their behavior is markedly different from the sportsmen they grew up watching, but with the all-seeing eye of modern media it is a different world, and different standards must be expected.

Of course, there is no duty for sportsmen to be good role models. There are no prison sentences, no fines, no community service—unless their behaviors are illegal. Unless they break the law, it is entirely up to them as to whether or not they think their behavior is appropriate. Furthermore, measuring the true influence their decisions have on their followers is absolutely impossible. Some will rise against their idols, seeing them in a new light and criticizing their actions. Others may copy their heroes' actions, using them as a shield when accused of the same crimes. It is without doubt that the actions of sportsmen will influence the lives of those who worship them. Modern day sportsmen are almost ideals of today's world, and their actions are watched carefully by millions over the world. Some may complain against it, denying their influence on these children's lives. Others may be aware of it but not respect it, while many may both be aware of it and respect it. In a word, you do not choose whether you are a role model. All you can do is to decide how to act when greatness is thrust upon you.

21. In Paragraph 1, the author tries to emphasize\_\_\_\_\_.

- A. sportsmen become great when their gifts are recognized by people
- B. sportsmen achieve greatness through their devotion and efforts
- C. different ways for sportsmen to achieve success and greatness
- D. the core characteristic to become great sportsmen nowadays

22. According to Paragraph 4, we can learn that\_\_\_\_\_.

- A. role models usually have positive influence on their fans
- B. sportsmen have the right to behave freely within the law
- C. all the fans will follow their heroes' actions

D. no duty is given to sportsmen

23. The underlined phrase thrust upon in paragraph 1 most probably means

\_\_\_\_\_.

A. put off

B. removed from

C. related to

D. forced on

24. What is the main purpose of the passage?

A. To advise the media to choose proper events to report.

B. To inform the public that sportsmen are no role models.

C. To remind the sportsmen of their social responsibilities.

D. To argue that sportsmen should not be expected as heroes.

### E

A new study featuring researchers at Binghamton University found that viewing wealth and material possessions as a sign of success produces significantly better results to life satisfaction than viewing wealth and possessions as a sign of happiness.

“People simply say ‘money can’t buy you happiness’ and just assume that materialism has a negative influence on overall well-being,” said Jenny Jiao, assistant professor of marketing at Binghamton University School of Management. “But it’s not that simple. There is a real difference between success materialism and happiness materialism.”

Jiao and her fellow researchers surveyed over 7,500 German adults to get their findings. They first determined if participants had either a happiness materialistic or success materialistic mindset, and then asked questions regarding current satisfaction of life, expected satisfaction of life in the future and economic motivations.

#### What they found:

Happiness materialism (wealth and material consumption is the sign of a happy life) can negatively influence life satisfaction in two different ways:

- It can lead a person to be dissatisfied with their current standard of living, which in turn negatively influences overall life satisfaction.
- It can lead a person to not find satisfaction from other important areas of life (family life, social life, health, etc.), which negatively influences overall life satisfaction.

Success materialism (wealth and material possessions are a sign of success in life) positively influences life satisfaction by *boosting* (助推) a person’s economic motivation. This can lead to a rise in their future satisfaction with their standard of living, which positively influences overall life satisfaction.

The researchers cross-checked their results with survey answers from other parts of the world, including the United States, to *verify* (证实) the universality of the findings. “Your

happiness should never rely on money alone, but money can be a tool to motivate you to achieve major milestones in your life, which can make you feel happier in the long run,” said Jiao, adding that focusing on future goals is important in order to stay driven and motivated. She also cautioned to forget about the other aspects of life that bring satisfaction. “Never lose sight of the other things that provide happiness that don’t necessarily have *monetary* (货币的) value. These include family, friends, your health, continual learning and new experiences,” she said.

25. What did researchers at Binghamton University find in their new study?

- A. Materialism has a negative influence on people’s overall well-being.
- B. Success materialism and happiness materialism are the same to some extent.
- C. Regarding material possessions as a mark of success contributes to better life satisfaction.
- D. Viewing wealth and possessions as a sign of happiness positively leads to overall well-being.

26. Which of the following is **TRUE** according to the passage?

- A. The survey result only applies to participants from Germany and the United States.
- B. One’s current standard of living has nothing to do with his overall life satisfaction.
- C. Family life and social life are two more important factors than wealth and success.
- D. Boosting one’s economic motivation may positively influence his life satisfaction.

27. What can you learn from the last two paragraphs?

- A. If you want to keep motivated, you should concentrate on money alone.
- B. Money can help you achieve major milestones, and thus make you happier.
- C. Forget about the other aspects of life that bring satisfaction if you want to be happy.
- D. Things that don’t have monetary value should be the focus of your pursuit of happiness.

28. What is the main idea of the passage?

- A. Wealth can lead to more satisfying life if viewed as a sign of success not happiness.
- B. Material possessions viewed as a sign of happiness are vital but always overlooked.
- C. Family, friends, health, continual learning and new experiences can lead to success.
- D. Satisfaction of life and economic motivations hardly contribute to our happiness.

**第三题 阅读表达** (共3 小题; 1-2 每小题2 分, 3 小题5 分, 共9 分)

阅读下面短文, 根据短文内容在答题卡相应题号后的横线上写下相关信息, 完成对该问题的回答。

Some people live to climb the highest mountains. Some people live only dreaming about it



while others live to avoid ever climbing at all. But one thing is certain, all people meet mountains in their life.

When I was a little girl, my family moved to a tiny town at the bottom of a big mountain. One day after school, while exploring the green woods of this amazing mountain, I almost fell on a set of stairs. What could these steps lead to? Curiosity got the best of me as I knew it would be starting to get dark soon. I started climbing up those strangely mysterious (神秘的) steps.

I climbed and climbed. There was nothing but just green bushes and these steps. I had to reach the top! But it was now getting real dark. If I kept going I might not be able to see my way back. My mum would be worried sick if I didn't come home soon. So I ran back home almost in the dark while trying not to get too scared.

Anxiously I went to bed dreaming about what I would find at the top of this magical mountain. Could there be a castle up there? Maybe I would find a monster (怪物). Maybe I was taking the risk of never coming back home. Or, maybe all I would find was absolutely nothing! But something inside me was going to climb that mountain at all cost. I could hardly wait to try this adventure again.

Now we live in a world surrounded by the "can't do" attitudes. We all fall down. We all have doubts and regrets. Still we must climb and dream about what's at the top of our mountain. Monsters may appear or the night will fall. But never ever give up on your dream! Never let anyone tell you, "You can't." Dream big and climb high!

1. What made the author start to climb up the stairs to the mountain top?  
\_\_\_\_\_
2. Why did the author hurry back home without reaching the top of the mountain? Give two reasons.  
\_\_\_\_\_  
\_\_\_\_\_

3. What's your attitude towards the "mountain" in your life? Please explain. (不超过40字)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



第四题 选词填空（每题 1 分，共 8 分）。用方框中单词和短语的正确形式填空，其中有两个是多余的。

prefer,	be capable of ,	inspiration,	track,	suffer,
stress,	relief,	be fed up with,	range,	feature

1. She felt overly \_\_\_\_\_ and needed to calm down before walking onto the stage.
2. In this experiment, there were 120 students whose ages \_\_\_\_\_ from 10 to 18 years old.
3. Safety of the neighborhood \_\_\_\_\_ if the money spent on security service is cut.
4. The walls of the main hallway will \_\_\_\_\_ paintings by local artists.
5. The author said in an interview that the book \_\_\_\_\_ by his travels in the Far East.
6. No one was hurt, so we all felt quite \_\_\_\_\_.
7. Now, I \_\_\_\_\_ his excuses for not doing English homework.
8. Although the trip was exciting and highly satisfying, I knew that I \_\_\_\_\_ not to travel alone.

第五题 课文背诵段落填空。（每题 1 分，共 5 分）

Bringing with him lots of books, clothes, and two pairs of trainers, Zhang Tian travelled to the village with an eager heart. He imagined \_\_\_\_\_ 1 \_\_\_\_\_ exciting things about living independently and teaching in a village.

Our coach was not so sure. Paul had to \_\_\_\_\_ 2 \_\_\_\_\_ many times just for making the team. He was still usually on the bench, being just a replacement, which was really \_\_\_\_\_ 3 \_\_\_\_\_.

Like any exercise, running increases the flow of blood and oxygen to your brain. It makes your heart stronger and allows more blood to flow around your body. It also \_\_\_\_\_ 4 \_\_\_\_\_ and reduces the risk of serious health problems, as well as \_\_\_\_\_ 5 \_\_\_\_\_ like colds.

第六题 语法填空。（每题 1 分，共 10 分）有提示词的用提示词的适当形式填空。没有提示词的在空白处填上一个合适的词。

1. The man \_\_\_\_\_ you saw yesterday was a doctor from Beijing.
2. The room \_\_\_\_\_ windows face the south is our classroom.
3. Here is a book \_\_\_\_\_ will give a lot of useful knowledge.
4. Everything \_\_\_\_\_ I told you just now is true.

5. He studies in the school in \_\_\_\_\_ his father works.
6. \_\_\_\_\_ (support) his family, he works 12 hours a day, 7 days a week.
7. He is always the first \_\_\_\_\_ (get) to the office every morning.
8. He prefers to do everything by himself rather than \_\_\_\_\_ (ask) for help.
9. In my daily life, I always want things \_\_\_\_\_ (do) quickly. However, the results tend to turn out just the opposite of what I wish.
10. Since the money allowed to the two brothers is not enough for traveling, they can do nothing but \_\_\_\_\_ (give up).

**第七题 外刊词汇填空。(每题1分,共5分)**

用方框中单词和短语的正确形式填空,其中有一个词是多余的。

vocational    erase    prolong    disciplined    seek    conventional

1. Nothing can \_\_\_\_\_ the memory of the terrible experiences in her travel to Africa from her mind.
2. Applicants must be strong, organized, \_\_\_\_\_, and able to work in a team.
3. With my excellent \_\_\_\_\_ technical ability, I am capable of this work and I think I am competent at it.
4. The cost for organics and natural products is close to double that of \_\_\_\_\_ products.
5. The young man \_\_\_\_\_ out an explanation for the unusual symptoms (症状) she was noticing.

**第八题 用括号中的提示词翻译句子(共4小题,每题2分,共8分。)**

1. 这对双胞胎长得不一样。(differ)

\_\_\_\_\_

2. 当我疲劳时,往往会出错。(tend)

\_\_\_\_\_

3. 你所有的努力终将获得汇报。(pay v.)

\_\_\_\_\_

4. 那首歌使我想起了我在上海度过的时光。(remind)

\_\_\_\_\_

第九题 书面表达。(15分)

假如你是红星中学高一学生李华。近日你收到你的英国笔友 Jim 的来信，他跟你一样也刚进入新的高中学习，感觉压力很大。请你给他写封回信，安慰他并告诉他如何减压。

内容包括：

1. 安慰对方；
2. 提出减轻压力的建议。注意：1.词数140 以内；  
信的开头结尾已给出，不计入总词数。

Dear Jim,

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Yours, Li Hua

## 参考答案

第一题完形填空。(每题1分,共10分。)

1	2	3	4	5	6	7	8	9	10
A	B	D	A	C	D	B	D	A	C

第二题阅读理解。(每题2分,共28分。)

11-13 BAB

14-16 BDC

17-20 ABCB

21-24ABDC

25-28CDBA

第三题阅读表达(共3小题;每小题2分,3小题5分,共9分)

1. Curiosity made her do so./Curiosity.

2. Because she was scared, and might not be able to find her/the way back home.

Because it was getting dark, and her mum would be worried.

3.略。

第四题选词填空:(每题1分,共8分)

1. stressed 2. ranged 3. will suffer

4. feature 5. was inspired 6. relieved

7. am fed up with 8. Preferred

第五题课文背诵(每题1分,共5分)

1. all sorts of 2. try out 3. tough on him

4. strengthens your immune system

5. illnesses

第六题语法填空。(每题1分,共10分)

1. who, whom, that

2. whose

3. that, which

4. that

5. which

6. To support

7. to get

8. ask

9. to be done /done

10. give up

第七题外刊词汇填空（每题 1 分，共 5 分）

1. erase 2. disciplined 3. vocational 4. conventional 5. sought

第八题翻译句子。（共 4 小题，每题 2 分，共 8 分。）

1 这对双胞胎长得不一样。（differ）

The twins differ from each other in appearance.

2. 当我疲劳时，往往会出错。（tend）

When I am tired, I tend to make mistakes.

3.你所有的努力终将获得回报。（pay）

All your efforts will pay off.

4.那首歌使我想起了我在上海度过的时光。（remind）

The song reminded me of the time I spent in Shanghai.



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